

FALL 2021 CPCSC ELEMENTARY BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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BREAKFAST ALL WEEKS (Juice, fruit, milk served daily)	Cereal Confetti Pancakes	Breakfast Burrito Oatmeal bar	Banana Bread Pancake Wrap	Breakfast Sandwich Whole Grain Donuts	Poptarts Omelet/Muffin
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LUNCH WEEK ONE	Sliced Turkey on Fresh Baked Sub Bun Low Fat Milk				
	Pizza Slice Green Beans / Broccoli Peaches / Fresh Fruit	Taco / Nacho Taco Salad Tomatoes / Spanish Rice Mandarin Oranges Fresh Fruit	Pasta Day /Bosco Stick Bosco Sticks /Marinara Sauce Corn /Garden Salad Pineapple / Fresh Fruit	Cheese Burger Corn Dog Baked Beans / Tater Tots Applesauce / Fresh Fruit	Pretzel & Cheese Chicken Patty Sandwich Carrots Fruit Cup / Sidekicks

LUNCH WEEK TWO	Lunchable Low Fat Milk				
	Chicken Nuggets Broccoli/ Red Peppers Pasta Salad Pineapple/ Fresh Fruit	Quesadilla Walking Taco Refried Beans / Corn Peaches / Fresh Fruit	Pasta Day /Bosco Stick Mozzarella Sticks/Marinara Green Beans / Garden Salad Applesauce / Fresh Fruit	Chicken & Gravy /Roll Meatballs & Gravy /Roll Mashed Potatoes Mandarin Oranges / Fr. Fruit	Breakfast for Lunch Cheese Burger Hash Browns / Baby Carrots Fruit Cup / Sidekicks

LUNCH WEEK THREE	Sliced Ham on Fresh Baked Sub Bun Low Fat Milk				
	Pizza Green Beans / Broccoli Pineapple / Fresh Fruit	Taco / Nacho Taco Salad Corn / Spanish Rice Tomatoes Peaches / Fresh Fruit	Macaroni and Cheese Bosco Sticks /Marinara Sauce Broccoli / Garden Salad Applesauce / Fresh Fruit	Clucking Chicken Nuggets Corn Dog Pasta Salad / Baked Beans Mandarin Oranges/ Fr. Fruit	Pizza Crunchers Breaded Chicken /Bun Carrots Fruit Cup / Sidekicks

AUGUST				
M	T	W	TH	F
		18	19	20
23	24	25	26	27
30	31			

SEPTEMBER				
M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

OCTOBER				
M	T	W	TH	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

NOVEMBER				
M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

DECEMBER				
M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17

All menus follow the recommended federal school lunch guidelines and adhere to the Crown Point Schools nutritional policy. These meals offer students proteins, grains, milk, fresh fruits and vegetables while also adhering to the strict limits on portion sizes, sodium and saturated fat.

CONTACT US:

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My Mealtime Food Service Coordinator - Michelle Simonovski- msimonovski@cps.k12.in.us

Free & Reduced Benefits Coordinator - Shelly Hillegonds—shillegonds@cps.k12.in.us

CPCSC and our food services team is an equal opportunity provider.

Please visit our website at www.cps.k12.in.us/food for:

- Online payments for My MealTime
- Nutritional information for all products
- Free and reduced applications
- Allergy information (call us to help plan a menu if your child has dietary restrictions)