



**Harbor Country Day School**  
*Embracing the extraordinary in every child.™*

**2021-2022 COVID-19 Student Health Checklist**  
**When to Remain Home from School**

**Please keep your child home from school if...**

- Your child has a fever greater than 100°F (*please do not medicate your child to reduce their fever in order to be able to send them to school*)
- Your child has, to your knowledge, come into close or proximate contact with someone who has tested positive for COVID-19
- Your child has one or more of the COVID-19 symptoms which include:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- Someone in your immediate household has tested positive for COVID-19 and you are not vaccinated
  - If someone in the immediate family has tested positive, please contact Harbor's school nurse, Nancy Busa, at: [nbusa@hcdsny.org](mailto:nbusa@hcdsny.org) **immediately.***

**A return to school can take place:**

- **For those who had previously tested positive:** After the student is asymptomatic and has completed a mandatory 10-day quarantine period
  - Please contact Harbor's school nurse, Nancy Busa, at: [nbusa@hcdsny.org](mailto:nbusa@hcdsny.org) with these results prior to returning to work
- **For those who were exhibiting COVID-19 symptoms but a COVID-19 test was NOT obtained:** The student MAY return once they:
  - Have a clearance note from their physician, and that note has been provided to Harbor's school nurse, providing an alternate diagnosis (they may return to school according to the usual guidelines for that diagnosis).

*Should you have any questions, please contact Harbor Country's School Nurse: [nbusa@hcdsny.org](mailto:nbusa@hcdsny.org)*