I am excited to announce we will be kicking off our Village School Moms Book Study on Thursday, August 26th with a meet and greet. Everyone is invited to join this first session and learn more about our book study group and welcome back those that participated last year. Our first study of the year will be Jennie Allen’s, Get Out of Your Head. We will spend 6 weeks in the book of Philippians learning how we can take control of our everyday thoughts.

All TVS moms are invited to join us! No previous Bible study experience is needed.

When: Beginning August 26th (9/2, 9/9, 9/16, 9/30, 10/7, 10/14)
Time: 8:00 a.m. - 9:30 a.m.
Where: Room 415 located inside the sanctuary

Click HERE to sign up for the book study.

Click HERE to order your study guide or you can purchase from your favorite local/online bookstore.

Click HERE to purchase the companion book. This is completely optional and not necessary for our weekly study but it is a great book to read on your own. It is also available on audible.

Click HERE to watch a short video on the study.

If you have any questions feel free to reach out to Brooke Chapman at bchapman@tvsnaples.org

Here is a brief summary of the study:

**Stopping the spiral of toxic thoughts.**

Are your thoughts holding you captive? Jennie Allen knows what it’s like to swirl in a spiral of destructive thoughts, such as I’ll never be good enough. Other people have better lives than I do. God couldn’t really love me. But Jennie also knows we don’t have to stay stuck in toxic thinking patterns.
As she discovered in her own life, God built a way for us to escape that downward spiral. Freedom comes when we refuse to be victims to our thoughts and realize we have already been equipped with power from God to fight and win the war for our minds.

In Get Out of Your Head, a six-session video-based Bible study, Jennie inspires and equips us to transform our emotions, our outlook, and even our circumstances by taking control of our thoughts. Our enemy is determined to get in our heads to make us feel helpless, overwhelmed, and incapable of making a difference for the kingdom of God. But when we submit our minds to Christ, the promises and goodness of God flood our lives in remarkable ways.

It starts in your head. And from there, the possibilities are endless.