

The COVID-19 Testing & Exposure Guidance document represents a “decision tree” which will guide LRCA’s health staff to determine the return timeline that a student or faculty/staff member will be permitted to return to campus in the event of a possible or confirmed COVID-19 infection.

*Students, faculty and staff will be evaluated and potentially sent home if ANY of the following symptoms, or other symptoms determined by the ADH to be consistent with COVID-19, are present: cough, shortness of breath or difficulty breathing, fever of 100.4° or higher, chills, repeated shaking, body aches, sore throat, runny nose, new loss of taste or smell, nausea, vomiting, diarrhea, or pressure in chest. For symptoms consistent with COVID-19, reference testing and exposure criteria below to determine when individuals may return. People who are ill should contact their health care provider for additional guidance.*

**The below protocols do not apply to fully vaccinated individuals unless symptoms are present.**

## COVID-19 PROTOCOL FOR SYMPTOMATIC INDIVIDUAL

### RECEIVED TEST FOR COVID-19

*Student remain home until test result received*

#### POSITIVE TEST

Stay home for 10 days since positive test and no signs or symptoms for the past 48 hours

LRCA student siblings in household also stay home for 10 days

Days are subject to change based on ADH guidance

Negative test not required to return to school per ADH

#### NEGATIVE TEST

Fever free for 48 hours and no signs or symptoms may return to school

LRCA student siblings in household do not have to stay home

### COVID-19 SYMPTOM(S) WITHOUT TEST

Fever free for 48 hours and no signs or symptoms may return to school

Negative test not required to return to school

### ALTERNATIVE DIAGNOSIS OTHER THAN COVID-19

Follow primary care physician’s directions, treatment, and return guidance

Fever free for 48 hours may return to school

## EXPOSURE TO COVID-19 POSITIVE INDIVIDUAL

### LOW RISK EXPOSURE

*Proper social distancing  
Both parties properly and consistently wearing masks*

In most cases, students may remain at school unless symptoms develop (with the exception of a household member which requires a 10-day quarantine).

### HIGH RISK EXPOSURE

*Greater than 15 minutes in a 24 hour time period,  
close contact as defined by the ADH*

Quarantine days are subject to ADH guidance based on individual facts and circumstances of a close contact

In most cases, quarantine days could be up to or more than 10 days subject to ADH guidance

Testing on the day following exposure is not recommended

FOR MORE INFORMATION:

[COVID-19 GUIDANCE FOR SELF HOME QUARANTINE](#) • [COVID-19 GUIDANCE FOR SELF HOME ISOLATION](#)  
[QUARANTINE AND ISOLATION](#) • [APPENDICES](#) • [2021-2022 COVID-19 GUIDANCE FOR SCHOOLS](#)