

# NEW YEAR, NEW STRATEGY!

## TIPS ON HOW TO STUDY WHILE DISTANCE LEARNING

### TIP #1

OUT OF SIGHT, OUT OF MIND! KEEP YOUR PHONE FAR AWAY FROM YOU TO PREVENT DISTRACTIONS.

### TIP #2

TAKE 10 MINUTE BREAKS EVERY 20-30 MINUTES OF STUDYING MATERIAL. THIS HELPS YOU PROCESS THE INFORMATION YOU JUST LEARNED.

### TIP #3

TRY OUT DIFFERENT STUDY STRATEGIES TO FIGURE OUT WHAT WORKS FOR YOU!  
FEEL FREE TO EXPLORE THESE HELPFUL LINKS:

- STUDY TIPS FOR HIGH SCHOOL & COLLEGE STUDENTS DURING COVID-19
- ADJUSTING STUDY HABITS

### TIP #4

ASK YOUR TEACHERS FOR HELP OR TAKE ADVANTAGE OF ACADEMIC RESOURCES AVAILABLE TO YOU! YOU CAN SET UP TUTORING APPOINTMENTS THROUGH A TUTOR'S GOOGLE CALENDAR. LEARN MORE BY JOINING OUR AHA GOOGLE CLASSROOM: TF77WxD