



2021 ODYSSEY TRIP Equipment List

This list may seem long, but a lot of this gear can be borrowed within your groups. Once the groups and leaders are set in late August the leaders will help coordinate lending gear within the group. There are certain items you will have to provide for yourself; stores like [Play it Again Sports](#), [Wonderland Gear Exchange](#) or [Goodwill](#) are great resources for finding used gear.

WHAT TO BRING:

The following gear is mandatory

- Backpack (large, either external or internal frame, with padded waist strap): this should be between 50-80 cubic liters
- Sleeping bag: 30 degree (or below) (synthetic is best) with a compression stuff sack
- Ground pad (foam or air inflated)
- Hiking Boots: must have good support, CANNOT just be sneakers. (waterproof trail running shoes could work)
- Bowl, spoon, fork, cup
- 2 water bottles (1 liter each)
- Medications (prescription or over-the-counter—adult leaders cannot dispense medicine) and personal first aid items (aspirin, ibuprofen, band aids, blister care).
- Flashlight or headlamp w/extra batteries
- 2 large plastic garbage bags
- Waterproof pants
- Waterproof jacket
- Fleece or wool jacket
- Fleece or wool pants
- Polypropylene or capilene long underwear (tops and bottoms)
- 2-pair of wool or polypro socks
- Fleece or wool hat
- Fleece or wool gloves
- Emergency Blanket (large-thick “orange and silver” blanket)
- 1-pair shorts
- 1 t-shirt
- Sunscreen
- Sunglasses
- Extra clothes for van/bus rides (can be stored in the van)
- Extra underwear
- Toiletries: toothbrush, toilet paper, etc.



Group Gear needs:

If you have any of these items that you lend to the group be sure to let your leaders know.

- Nylon cord
- Tents/ with fly
- Stoves/Fuel Bottles
- Pots and Pans for cooking
- Water Filtration/Pumps

SAAS Gear Library:

The school does have a limited supply of backpacks, sleeping bags, ground pads, and a few other items. Groups will be determined by the end of August. Please let your group leaders know by **September 10th** if you need to borrow any of these items and we will make them available to the extent that we have them. Please try to borrow as much as you can before requesting gear from SAAS as our supply is very limited. Contact Freddy Carley with any questions at fcarley@seattleacademy.org.

Food:

By **September 10th**, you will receive an email from the individual trip leader detailing what food the school will provide and what food the student is responsible for. **Please communicate with your leaders about any allergies as soon as possible.**

DO NOT BRING:

- Cellular phones, or other electronics (If these are brought, they will be left in the cargo vans at the trailhead)
- Alcohol/Drugs
- Knives or hatchets
- Candy or junk food