



SENIOR CLASS ACTIVE & FIT EXERCISE PROGRAM
Tuesdays
September 14 – November 16
9 a.m.

Active & Fit
10 Classes: \$35

Printed Name

Date

Please be sure to complete and return the following for calendar year 2021:

- Participation Waiver and Release
- Questionnaire Regarding Exercise/Health Program
- Statement of Health Status (if necessary)
- Membership Registration Form (if not already a member)