Minimum Health Requirements Prior to School Entry (Form MCH)*

By law in the State of Virginia, any child may be prevented from entering school if a physical examination and/or immunizations are not complete.

- 1. **Health History**: *Part I of MCH** Completed by parent/guardian.
- 2. **Immunizations:** *Part II of MCH** Immunizations do not have to be recorded on page 2 **if** they are recorded on another form with the name of the vaccine and the date it was administered. Immunization record must be signed by doctor, RN or health department official. Minimum requirements are listed below.
- 3. **Physical Examination:** *Part III of MCH** Form completed no more than 12 months prior to entry into elementary school. May accept physical examination from a doctor or nurse practitioner on form other than VA (MCH) if the *scope* of the exam is the same as the VA required one. Per VDOE, scope of out-of-state physical exams means it must include at a minimum: 1) the visit was a well child visit 2) a review of systems occurred 3) areas of concern and any medically necessary restrictions are noted and 4) signature of healthcare provider and date of exam.

Immunization	Minimum number required
DTaP, DTP, DT or Tdap	4 w/ 1 dose on or after 4th birthday
Tdap Booster	1 dose required prior to entry into 6 th , 7 th , 8 th or 10 th 11 th or 12 th grade (Only 1 dose necessary)
Polio (OPV or IPV)	3 w/1 dose on or after 4th birthday (only 3 doses if 3 rd on/after 4 th birthday and at least 6 months after previous dose)
Hepatitis B	3 with at least 4 month spacing between 1^{st} and 3^{rd} doses
Measles, Mumps, Rubella (MMR)**	2 MMRs or 2 Measles and 1 each of Mumps & Rubella Second MMR may be administered at pre-K physical.
Varicella (chicken pox)**	1 if born on or after 1/1/97; none required if history of disease, 2 doses required for K entry beginning with SY 2010-2011

* MCH is the Commonwealth of Virginia School Health Entrance Form; current version is MCH-213 G

** First dose must be on or after 1st birthday

Exemptions to above requirements:

- 1. Family objects to immunizations and/or physical exam for religious reasons.
- 2. Family is homeless.
- 3. Student is medically exempt from immunizations must have signature from physician stating reason for medical exemption and what time, if any, the exemption will be removed.
- 4. Student has had at least 1 of shot of each series and the minimum interval between shots has not been reached. Family must present a schedule for completion of all required series (catch-up).