

Letter to Parents Regarding Chicken Pox (Varicella)

Date

Dear Parents,

A case of Chicken Pox has been reported in your child's class. Please watch your child for the following symptoms.

Incubation Period: Symptoms usually appear 14-16 days after exposure.

Common Signs and Symptoms: Rash that first appears on the trunk (stomach and back) and spreads to the face, arms and legs. The rash appears to be small water blisters. Your child may have a fever or stomachache for the few days before the rash appears.

In a day or two, the rash will form crusts that will remain for a few days. As the blisters spread, some will be healing as new ones appear. Your child needs to remain home until all the blisters are crusted over (they are contagious until that time).

Many children have received the chicken pox vaccine; however children who have been vaccinated may develop a milder case with only a few lesions and may not feel ill at all.

Please notify the school health office at _____ if your child has chicken pox.

Your cooperation in this matter is greatly appreciated.

Sincerely,

School Nurse

Phone Number