Dear Parents/Guardians:

A child in your child’s class has a life-threatening allergy to tree nuts such as walnuts, pecans, almonds, etc. The nature of food allergies is such that even very small amounts of these nuts can cause a reaction. We respectfully request your help in this matter. Please do not send in foods containing these ingredients to share with the class unless you inform the teacher or school. Please do not send in these nuts for crafts or projects.

Thank you for your help in this very important matter.

Sincerely,

School Nurse