

Date \_\_\_\_\_

Dear Parent/Guardian of \_\_\_\_\_

Your child hit his/her head at school today. Your child needs to be watched carefully for any signs of a possible head injury. If your child has any of these signs, call your doctor or emergency services right away.

1. Increased headache
2. Nausea and/or vomiting
3. Double vision, blurred vision, or pupils of different sizes
4. Loss of balance or coordination (falling, walking strangely, or staggering)
5. Any unusual behaviors such as being confused, breathing irregularly, slurred speech or dizziness
6. Seizure/convulsions
7. Bleeding or discharge from an ear or nostril
8. Unable to awaken
9. Bruising develops under eyes or behind ears
10. You have questions or concerns

If your child was dizzy or foggy, or vomited or showed any of the other above signs, the child should be checked around 8:00 p.m. and awakened at midnight just to be sure he/she can be awakened and seems normal. Headache, confusion, personality changes, or weakness of an arm or leg that starts even weeks after an injury needs to be checked by a physician immediately.

Sincerely,

\_\_\_\_\_  
School Nurse