

# Reminders from the Nurse

Welcome to our school. We all hope it will be a very good year for you and your child. Below are a few reminders from the school nurse.

The Commonwealth of Virginia requires that every child receive certain vaccinations before entry into public school. **Please make sure that you have taken care of this with your doctor before your child starts school.** Your child may not be able to start school if not adequately immunized. Your child is also required to have had a physical examination by a health care provider prior to entering kindergarten. Physical examination forms and immunization requirements are available from the school office and clinic. I will be happy to go over these requirements with you.

If your child needs to take any medicine at school, you must fill out a permission form for us to give it. **This form needs to be re-done every year.** The office and the clinic have this form for you. We cannot give any medications without a signed form!

If your child is on a prescription medicine, the form will need to be signed by the physician for us to give it at school. If you provide me with your doctor's fax number and telephone number, I will request it for you if you are unable to get by the office to get it. However, if this is a medicine that starts the first day of school, you must have everything signed and ready to go beforehand.

If your child will be taking a controlled drug (such as Ritalin) at school, you must bring this medication every month **in person. It is illegal for children to carry these medications in their backpack.**

If you would like to bring in over-the-counter medicines like Tylenol, Motrin, cough syrup, etc, I will store them for you during the school year with your child's name and I will use it as needed. You still must fill out a permission slip and give me instructions as to when it should be used.

Don't forget that all medicines need to be picked up by the end of the year or I will have to discard them.

**The following is very important: Make sure you have given us several phone numbers to reach you in case your child gets sick or has an accident. It is absolutely essential that we be able to contact you at all times. Make sure you have filled out the emergency information completely and update us during the year of any phone number changes.**

A fever is 100.2 or above. Your child should not come to school with any temperature of 100.2 or over. **Please do not give your child Tylenol or Motrin and then send him to school.** We want your children in school but not if they are sick!

The nurse is at school from 7:45 am to 1:45 pm each day. Please know you are welcome to call me or stop by at any time. I look forward to caring for your children and working with you this year.

Sincerely,

School Nurse