



# Reminders from the Nurse

Welcome to **NAME OF SCHOOL** ! We all hope it will be a very good year for you and your child. Just a few reminders as we start the year out:

- The Commonwealth of Virginia requires that every child receive certain vaccinations before entry into public school. **Please make sure that you have taken care of this with your doctor before the child starts school.** If your child does not have adequate immunizations, he/she may have to miss school until they are completed. I will be happy to go over the requirements with you.
- All Kindergarten students are required to have a physical within one year of entering school. Many of the above immunizations may be addressed then.
- If your child needs to take any prescription medicine at school, you must fill in a permission slip for us to give it. **This form needs to be re-done every year.** The office and the clinic have this form for you. We cannot give **any** medications without a signed form!
- If your child is on a medicine, the form will need to be signed by the physician for us to give it at school. If you provide me with your doctor's fax number and telephone number, I will request it for you. However, if this is a medicine that needs to start the first day of school, you must have everything signed and ready to go beforehand.

- If your child will be taking a controlled drug (such as Ritalin) at school, you must bring this medication every month **in person. It is illegal for children to carry these medications in their backpack.**
- If you would like to bring in over-the-counter medicines like Tylenol, Motrin, cough syrup, etc, I will store them for you during the school year with your child's name and I will use it as needed. You still must fill out a permission slip and give me instructions as to when it should be used.
- Don't forget that all medicines need to be picked up by the end of the year or I will have to discard them.

**The following is very important: Make sure you have given us several phone numbers to reach you in case your child gets sick or has an accident. It is absolutely essential that we be able to contact you at all times. Make sure you have filled out the emergency information completely and update us during the year of any phone number changes.**

- A fever is 100.2 or above. Your child should not come to school with any temperature of 100.2 or over. **Please do not give your child Tylenol and then send him to school.**
- Please do not send your child to school if they have vomited in the morning.
- You must notify the office if your child will not be attending school. The number is 823-4800. All absences must be verified or they may be reported to the state.
- The nurse is at school from 8 am to 2 pm each day. Please know you are welcome to call me or stop by at any time. I look forward to caring for your children and working with you this year.

School Nurse