

Protocol for Initiating CPR/AED

From the American Heart Association's *Heartsaver AED*

1. Check for responsiveness

- a) If yes, continue to assess
- b) If no, phone 9-1-1 or delegate call to 9-1-1
- c) Get or delegate someone to get the AED

2. Open the airway – Check for breathing – Give rescue breaths

- a) Head tilt – chin lift (jaw thrust if necessary for c-spine precaution)
- b) Check for breathing
Look, listen, and feel
- c) Give 2 slow breaths if absent or inadequate
Make chest rise

3. Check for signs of circulation

Normal breathing, coughing, or movement

4. Begin CPR (chest compressions & rescue breathing)

- a) 15 compressions rate of 100 per minute
- b) 2 slow breaths
- c) Continue until AED arrives

Put AED next to victim and follow commands

5. Turn on the AED (or delegate while continuing CPR) if victim <8 years of age do 1 minute of CPR first

6. Bare chest and attach AED pads

7. “Clear” and allow AED to analyze

8. Follow AED prompts – if shock advised “clear” and shock

9. Continue to follow AED prompts and shock again if advised (up to 3 shocks)

10. If “no shock” advised, look for signs of circulation, if none continue CPR/rescue breathing for 1 minute (4 cycles), clear, allow AED to analyze and shock if advised (the AED will prompt you)

11. If circulation resumes but breathing does not, continue rescue breathing until EMS arrival

12. Repeat steps 7 through 11 until rescue squad arrival

13. Leave pads on until rescue squad arrival

14. After rescue squad departs:

- a) If parent/family member not notified, do so now
- b) Complete AED utilization form
- c) Call _____ at _____ to report and have data card read
- d) Notify school nurse coordinator/ physician consultant

e) Ready AED for use.