August 2021

All meals are served with fruit, veggie and a choice of milk.

American Leadership Academy

Warrior Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Students who attend Ironwood Junior & High School are eligible for a free breakfast and lunch everyday, menu are listed above. Our daily ala carte menu is also available everyday, items are priced accordingly.			WELCOME BACK School	
BREAKFAST9Fruit FrudelFresh Fruit & MilkLUNCHChicken NuggetsOR Caesar SaladFresh FruitVeggies & Milk	BREAKFAST 10 Breakfast Burrito Fresh Fruit & Milk LUNCH Fresh Baked Pizza OR Deli Sandwich Fresh Fruit Veggies & Milk	BREAKFAST 11 Sausage Breakfast Pizza Fresh Fruit & Milk LUNCH Hamburger OR Chicken Salad Fresh Fruit Veggies & Milk	BREAKFAST 12 French Toast Cinnamon Swirl Bun Fresh Fruit & Milk LUNCH Hot Dog on a Bun OR Deli Sandwich Fresh Fruit Veggies & Milk	13 <u>BREAKFAST</u> Chefs Choice Fresh Fruit & Milk <u>LUNCH</u> Fresh Baked Pizza OR Chef Salad Fresh Fruit Veggies & Milk
BREAKFAST 16 Maple Mini Waffles Fresh Fruit & Milk LUNCH Chicken Patty Sandwich OR Garden Salad w/ Cheese Fresh Fruit Veggies & Milk	BREAKFAST Poptarts & String Cheese Fresh Fruit & Milk LUNCH Fresh Baked Pizza OR Yogurt Box Fresh Fruit Veggies & Milk	BREAKFAST 18 Strawberry Pancakes & Syrup Fresh Fruit & Milk LUNCH Chefs Choice OR Caesar Salad Fresh Fruit Veggies & Milk	BREAKFAST Chicken Biscuit Fresh Fruit & Milk LUNCH Corn Dog OR Ham & Cheese Wrap Fresh Fruit Veggies & Milk	BREAKFAST Chefs Choice Fresh Fruit & Milk LUNCH Fresh Baked Pizza OR Mexi Salad Fresh Fruit Veggies & Milk
23 BREAKFAST Fruit Frudel Fresh Fruit & Milk LUNCH Beef Soft Taco OR Caesar Salad Fresh Fruit Veggies & Milk	BREAKFAST 24 Breakfast Burrito Fresh Fruit & Milk LUNCH Fresh Baked Pizza OR Deli Sandwich Fresh Fruit Veggies & Milk	BREAKFAST 25 Sausage Breakfast Pizza Fresh Fruit & Milk LUNCH Hamburger OR Chicken Salad Fresh Fruit Veggies & Milk	BREAKFAST 26 French Toast Cinnamon Swirl Bun Fresh Fruit & Milk LUNCH Chili Nachos OR Deli Sandwich Fresh Fruit Veggies & Milk	27 <u>BREAKFAST</u> Chefs Choice Fresh Fruit & Milk <u>LUNCH</u> Fresh Baked Pizza OR Chef Salad Fresh Fruit Veggies & Milk
BREAKFAST 30 Maple Mini Waffles Fresh Fruit & Milk LUNCH BBQ Chicken Sandwich OR Garden Salad w/ Cheese Fresh Fruit Veggies & Milk	BREAKFAST 31 Poptarts & String Cheese Fresh Fruit & Milk LUNCH Fresh Baked Pizza OR Yogurt Box Fresh Fruit Veggies & Milk			

Menu subject to change without notice due to unforeseen circumstances * This institution is an equal opportunity employer.