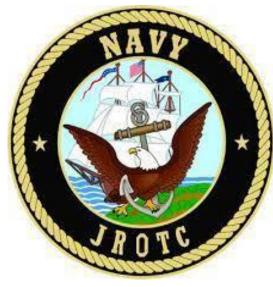
- -PT Team focuses on exercises
- -Our practices are: Tuesdays and Thursdays from 1500(3:00PM) to 1600(4:00PM)
- -Core Competitive events are: Push-ups, Sit-ups, Relay Races, and other diverse sporting events
- -Benefit from friendship, good health, and prestige









PT Team = Physical Training + Fun

If you're interested, Contact Cadet Ethan Crow: CrowEthan-100@wsd3.org

P.T. Team competes with other schools. We promote teamwork, good health, and physical fitness.