

QUOTES

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JANUARY // SELF-CONTROL

"Those who command themselves, command others."

— WILLIAM HAZLITT

"I have learned over the years that when one's mind is made up, fear diminishes."

— ROSA PARKS

"With self-discipline most anything is possible."

— THEODORE ROOSEVELT

" Will is character in action."

— WILLIAM MCDUGALL

"I don't wait for moods. You accomplish nothing if you do that. Your mind must know it has got to get down to work."

— PEARL S. BUCK