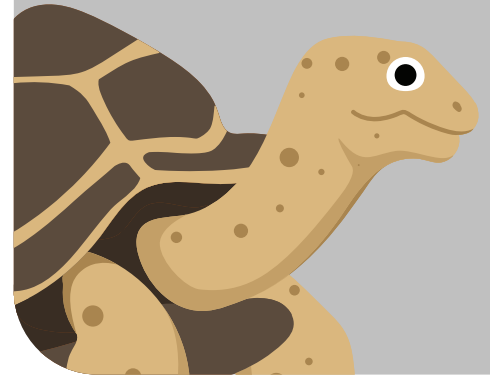


Wisdom

AUGUST 2021



SAY IT:

Wisdom means finding out what you should do and doing it.

KNOW IT:

ASK A KID:

- Can you think of a time when you didn't know what you were supposed to do? Maybe it was at a practice, a rehearsal, Sunday school, or in your classroom. Did you ask for more information or clarification for what you were being asked to do? How did you feel once you knew what you were supposed to do?
- What are some ways you can show your parents and teachers you are wise?

ASK A GROWN UP:

- Are there times, even as a grown up, when you are unsure about what you are supposed to do? How do you go about finding out what you should do?
- Do you feel confident and ready to go once you find out what you are supposed to do?
- Is it hard for you to ask for more directions if you are unclear about what you are supposed to be doing? Why or why not?

SEE IT:

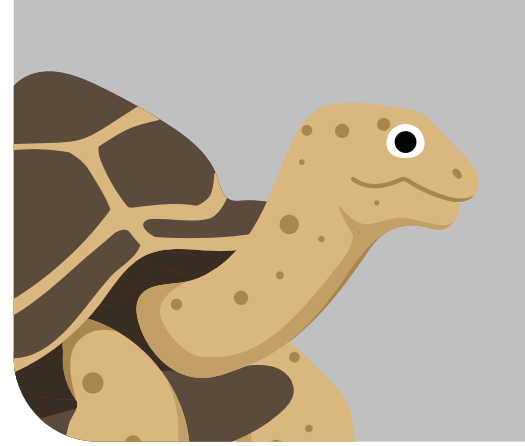
The movie *Frozen 2* portrays a good example of wisdom. Elsa knows she is being called by something or someone but she is not sure what she is supposed to do. After much debate, she sets out to discover what this calling is and in doing so shows great wisdom. She finds out that she is the fifth spirit. She fulfills her destiny by giving the crown to her sister Anna to rule over the kingdom of Arendale while she takes her place as a native of Ahtohallan.

BE IT:

Venture over to your local library this month as a family and check out books to read. Each child can select one fiction and one non-fiction book. Grown-ups can do the same. Block out a specific time each evening to devote to "family reading time". Share what you are learning with each other. This will foster a thirst for wisdom.

PHASE

Wisdom
AUGUST 2021



What is a Phase?

We've all said it: "It's just a phase." Meaning that your child will get through whatever irritating moment in time he or she happens to be in right now.

But what if we flip that? What if instead of eagerly awaiting the moment when your child will grow out of it, we embraced each Phase as a moment of time that we will never have again?

What if a Phase became: A time frame in a kid's life when you can leverage that moment to influence their future.

If you're a planner, you may be concentrating on the future – a phase your child will be in sometime in the future.

If you are nostalgic, you may be focused on what your child used to be like.

But instead, let's focus on how we can use this year, these next 10 months, to influence our kids for the best possible outcome.

So don't miss it. **It's just a phase!**