



WISDOM

Finding out what
you should do and doing it

HOW YOU CAN PRACTICE WISDOM:

- Write the definition of wisdom on an index card. Place it on your mirror. Read it in the morning and at night while you brush your teeth.
- At the end of the day, make a list of some wise decisions you made. Celebrate those!
 - Find an older member of your family and ask them about some wise decisions they have made in their life.