

Texas School Nutrition Policy (aka Smart Snacks and Competitive Sales)



- **Foods sold to students during the school day* must meet the federal Smart Snack requirements except for approved campus fundraiser days.**
- **Schools may sell “NON-Smart Snack foods” during the school day on six (6) days during the year.**
 - This is 6 days per CAMPUS. Principals need to work with PTA, clubs and booster groups as needed to determine how the 6 days will be used.
 - Campuses must notify Student Nutrition of the 6 exempt days.
 - Student Nutrition will keep a master roster of all exemption dates on file.
- **Foods sold to students cannot compete with the School Lunch or Breakfast programs.**
 - No one can sell ANY type of food during the meal service period where reimbursable meals are sold or consumed on the school campus—even on exempt days.
 - Normal breakfast and lunch service offered by Student Nutrition Services cannot be canceled on any school day. Students must be allowed to access the school lunch and breakfast program on all school days.
- **HS ONLY—Caffeinated Non-calorie and Low Calorie beverages may be sold to high school students.**
 - MISD Student Nutrition Department does not intend to sell caffeinated sodas through the cafeteria.
- **There are no nutrition restrictions on foods given to students. (This includes party treats or special events when student do not have to pay for food.)**
- **There are no restrictions on food sold outside of the school day* or fundraisers for food intended to be prepared/consumed at home such as cookie dough.**

The Student Nutrition department will sell Smart Snack compliant foods in bulk that can be used for fundraisers during the school day. The order guide can be found on the Student Nutrition district webpage.

Additional Smart Snack Resources:

Tool to determine if items are Smart Snack compliant: <https://foodplanner.healthiergeneration.org/calculator/>

Guide to Smart Snacks in School including nutrition guidelines:

(Overview): <https://squaremeals.org/Portals/8/files/NSLP/Resources/Smart%20Snacks%20One-Pagerv2.pdf>

(Detailed Info): https://fns-prod.azureedge.net/sites/default/files/resource-files/USDASmartSnacks_508_62019.pdf

If you have questions, please contact Sondra Thomas—Assistant Director of Student Nutrition at 817-299-6055 or email sondrathomas@misdmail.org .

*** school day=midnight to 30 minutes after dismissal**