


**Austin Girls' Swimming and Diving  
August 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 Captains' practices are optional, and they are supervised.	9 Captains Practice--Ellis 8:00-10:00 a.m. <b>5:30 p.m.--AHS Fall Sports Mtg</b>	10	11 Captains Practice--Ellis 8:00-10:00 a.m.	12	13 Captains Practice--Ellis 8:00-10:00 a.m.	14
15	16 Season Starts Practice 8:30-11:30	17 Practice 8:30-11:30	18 Practice 8:30-11:30	19 Teacher Work Day at AHS Practice 3:45-5:45 <b>Parents Meeting</b> 6:00-7:00 p.m. Pool Area	20 Practice 8:30-11:30	21 Practice 8:30-11:00 <b>Breakfast Party</b> after practice at the pool 11-12
22 Conference Week **Please do not schedule a conference during practice time. Thanks!	23 <b>Teacher Work Day</b> Practice 3:45-5:45  Conferences AHS 5-9 p.m.	24 <b>Teacher Work Day</b> Practice 3:45-5:45	25 <b>Teacher Work Day</b> Practice 3:45-5:45  Conferences AHS 1-5 p.m. Ellis 4-8 p.m.	26 <b>Home Meet vs Tri-City United</b> Athletes on deck 5:00 pm  Meet starts 6:30  Conferences Ellis 8:00-3:45	27 Practice 8:30-11:30	28 Practice 8:30-11:00
29	30 <b>1<sup>st</sup> Day of School</b> Practice 3:45-5:45	31 Practice 3:45-5:45				

## Austin Girls' Swimming and Diving September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Practice 3:45-5:45	<b>2 Home Meet vs Albert Lea</b>  Athletes on deck 5:00 pm  Meet starts 6:30	<b>3</b> Practice 3:45-5:45	<b>4</b> Labor Day Weekend— <b>No Practice Today</b>
5	<b>6-LABOR DAY No School</b> Practice 5:30-7:00 p.m.	<b>7</b> Practice 3:45-5:45	<b>8</b> Practice 3:45-5:45	<b>9 Away Meet vs Roch. Century</b> Meet location <a href="#">John Marshall High School</a> ; Start time 6:30	<b>10</b> Practice 3:45-5:45	<b>11</b> Practice 8:30-11:00
12	<b>13 High School</b> Practice 3:45-5:00  Home Junior High Meet vs Mankato East & West; 6:00PM start time Warm ups 5:00-5:45	<b>14</b> Practice 3:45-5:45	<b>15</b> Practice 3:45-5:45	<b>16 Away Meet vs Owatonna</b> Meet location <a href="#">Owatonna Middle School</a> ; start time 6:30	<b>17</b> Practice 3:45-5:45	<b>18 Cougar Relays Invite</b> (Varsity only) <a href="#">Mankato East High School</a> Times TBD
19	<b>20</b> Practice 3:45-5:45	<b>21</b> Practice 3:45-5:45	<b>22</b> Practice 3:45-5:45	<b>23 Home Meet vs Winona</b>  Athletes on deck 5:00 pm  Meet starts 6:30	<b>24</b> Practice 3:45-5:45  <b>Pasta Party</b> at Pool 6:00-7:00	<b>25 Austin Invite</b> (3 Varsity + 1 JV entry per event)  Diving 8:30; Swimming Noon
26  Homecoming week at AHS	<b>27</b> Practice 3:45-5:45  	<b>28</b> Practice 3:45-5:45	<b>29</b> Practice 3:45-5:45	<b>30 Home Meet vs Mankato East</b>  Athletes on deck 5:00 pm  Meet starts 6:30		

**Austin Girls' Swimming and Diving  
October 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Practice 5:30-7:00 a.m. or 3:45-5:15 p.m. Homecoming Parade & Game	2 Practice 8:30-11:00  Homecoming Dance
3	4 Practice 3:45-5:45	5 Practice 3:45-5:45	6 Early-Release Day  Practice 3:45-5:45	7 <b>Away Meet vs Rochester Mayo</b> Meet location <a href="#">Mayo High School</a>  Start time 6:30	8 Practice 3:45-5:45	9 Practice 8:30-11:00
10	11 Practice 3:45-5:45	12 <b>Home Meet vs Red Wing</b> Athletes on deck 5:00 pm Meet starts 6:30 *Senior Night	13 Practice 3:45-5:45	14 Practice 3:45-5:45  <b>Pasta Party</b> at Pool 6:00-7:00	15 <b>True Team Diving</b> at Ellis Middle School, 5:30 start Swim practice time 3:45-5:00	16 <b>True Team Swimming</b> at Ellis Middle School; warm up times TBD/meet start time 1:00 pm
17	18 Practice 3:45-5:45	19 <b>Away Meet vs Rochester John Marshall</b> Meet location <a href="#">JM High School</a> Start time 6:30	20 Practice 3:45-5:45	21 <b>MEA BREAK</b> Practice 8:30-10:30	22 <b>MEA BREAK— No Practice</b>	23 No Practice
24	25 Practice 3:45-5:45	26 Practice 3:45-5:45	27 Practice 3:45-5:45	28 Practice 3:45-5:45  <b>Pasta Party</b> at Pool 6:00-7:00	29 <b>Big 9 Diving JV &amp; Varsity</b> <a href="#">Northfield Middle School</a> ; time TBD Swim Practice	30 <b>JV &amp; Varsity Big 9 Meets</b> Location <a href="#">Rochester Rec. Center</a> Times: TBD

## Austin Girls' Swimming and Diving November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct. 31 Happy Halloween!	<b>1</b> Section Team Practice 3:45-5:45	<b>2</b> Section Team Practice 3:45-5:45	<b>3</b> Section Team Practice 3:45-5:45	<b>4</b> Section Team Practice 3:45-5:45	<b>5</b> Section Team Practice 3:45-5:45	<b>6</b> Section Team Practice 9:00-10:30
7	<b>8</b> Section Team Practice 3:45-5:45	<b>9</b> Section Team Practice 3:45-5:45  <b>Pasta Party</b>	<b>10</b> Early-Release Day  <b>Section Meet- Swim Prelims</b> <a href="#">Rochester Rec. Center</a> Start time 6PM	<b>11</b> <b>Section Meet- Diving</b> <a href="#">Rochester Rec. Center</a> Start time 6PM	<b>12</b> <b>Section Meet- Swim Finals</b> <a href="#">Rochester Rec. Center</a> Start time 6PM	<b>13</b> State Team Practice 9:00-10:30
14	<b>15</b> State Team Practice 3:45-5:45	<b>16</b> State Team Practice 3:45-5:45	<b>17</b> State Team Practice 3:45-5:45	<b>18</b> <b>State Meet Diving Prelims</b> <a href="#">U of M Aquatic Center</a> Noon Start	<b>19</b> <b>State Meet Swimming Prelims</b> <a href="#">U of M Aquatic Center</a> Noon Start	<b>20</b> <b>State Meet Finals Swim &amp; Dive</b> <a href="#">U of M Aquatic Center</a> Noon Start
21	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>  Thanksgiving	<b>26</b>	<b>27</b>
28	<b>29</b>	<b>30</b>				