

Please read this sheet and follow the directions carefully. It is important that you take this testing seriously as it may affect your return to play status if you sustain a concussion. Please take the test in a quiet room, quietly with no distractions around you, if possible. If you have a question please refer back to these directions. If further help is needed please contact the athletic trainer, Jeff Jacoby, for further assistance. **Please do not have your phone or any other electronics or forms of entertainment out during this test.**

1. Open web browser. (Firefox or Chrome preferred)
2. In the address bar enter www.impacttestonline.com/testing
3. On the bottom pull down the menu and select Pennsylvania and select “Launch Baseline Test”
4. Enter the following code: **f236b0fc96**
5. When you enter your name into the system type it with your first and last name capitalized. If this is not your first time taking the test please try to type in your name as you have in the past.
6. When you get to the page that asks about your secondary language only enter a language that you speak at home frequently. Classes you are taking in a foreign language do not count.
7. Years of education are as follows:
 - a. Senior=11
 - b. Junior=10
 - c. Sophomore=9
 - d. Freshman=8
 - e. 8th Grade=7
 - f. 7th Grade=6
8. The current position question means what position on your team do you play? If you play multiple positions or are not sure it is OK to leave it blank.
9. Number of times diagnosed with a concussion: This means times you have seen a doctor or been told by another medical professional (physician’s assistant, nurse practitioner) that you have a concussion.
10. You may proceed on to start the test at this point.
11. Again, AVOID distractions as much as possible!

IMPORTANT: Be sure to read AND UNDERSTAND the directions for each section