

**BRENTWOOD
HIGH SCHOOL**



Activity Booklet
2025-2026

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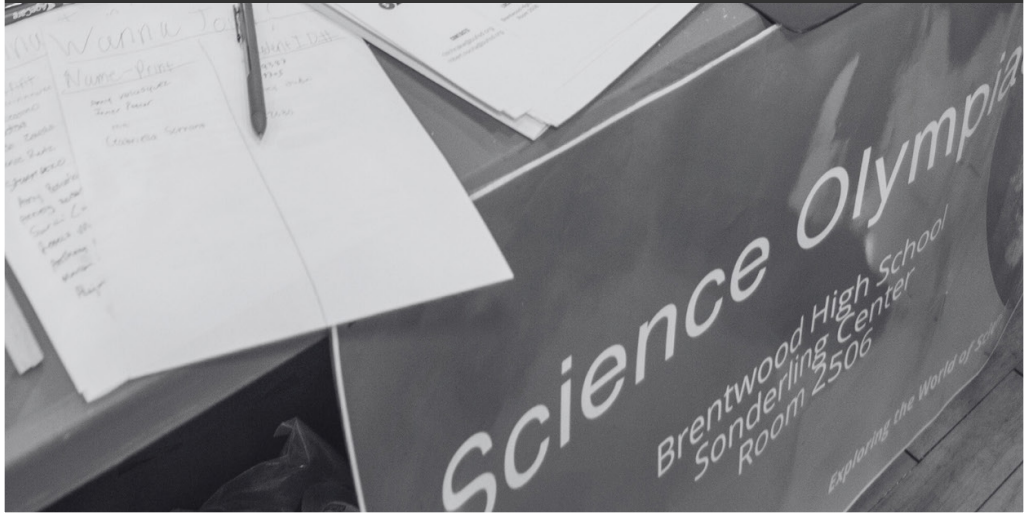
Brentwood High School offers a vibrant and diverse range of student activities designed to enrich the educational experience and foster personal growth.

From academic clubs and service organizations to creative arts and leadership groups, students have countless opportunities to explore their interests, build meaningful connections, and develop valuable skills. Our music programs inspire artistic expression and collaboration, while our athletic teams promote teamwork, discipline, and school spirit.

Together, these activities create a dynamic environment where every student can thrive both inside and outside the classroom.



EXTRA CURRICULAR ACTIVITIES



A.F.J.R.O.T.C.

Advisor(s): SMSgt Hanna and MSgt Perez

Drill Team, Briefing Team, Kitty Hawk National Honor Society, Model Airplane & Rocketry Club(s) are designed to provide interested students with the opportunity to further develop academic excellence, exercise precision drill, exercise citizenship and community service, develop leadership and public speaking skills through a host of extra-curricular activities. Members prepare to compete in local and national drill team competitions, compete in local and national academic challenge bowls, and serve as the AFJROTC recruiting, public relations and community service functions of the program.

AFRICAN AMERICAN CULTURE

Advisor(s): Ms. Bryan

A multi-culturally diverse assemblage of students who are interested in promoting cultural unity. Members engage in community service, cultural enrichment activities, and leadership endeavors.

ANIME JAPANESE CLUB

Advisor(s): Mr. Davidson

Students develop social skills while engaging in an activity that they all enjoy (watching Anime).

ART CLUB

Advisor(s): Ms. Alexander and Mr. Schultz

The Art Club is a creative environment where students will use their imagination and creativity by using a variety of mediums and techniques. Students will be inspired by a variety of artists' techniques and styles of art. Participants will benefit by developing creative thinking, self-expression, confidence, and creative enjoyment.

ATHLETIC COLLEGE CONNECTION

Advisor(s): TBA

Qualifications: Varsity Athletes

This club will assist varsity athletes with the college recruiting and college application process.

BHS SPECIAL SPORTS

Advisor(s): Mr. LaScala and Mr. Farrell

Participation in 10 "Athletics for the Challenged" events and Special Olympic events. Students who wish to volunteer and assist at these events are welcome.

BODY IMAGE GROUP

Advisor(s): Ms. Buechner

The Body Image Club explores issues of nutrition, fitness and healthy behaviors. The club has sponsored activities focused on nutrition, safe driving, and a prom boutique.

BUSINESS NATIONAL HONOR SOCIETY

Advisor(s): Ms. McNamara

Qualifications: To qualify for membership, a student must have completed or be currently enrolled in their third business course. They should also maintain a minimum GPA of 3.5 on a 4.0 scale for business classes.

The Business National Honor Society celebrates academic achievement in business education and promotes leadership, service, and ethical practices. Members participate in business-related activities, community service projects, and initiatives that prepare them for future careers.

CHESS CLUB

Advisor(s): TBA

The Chess Club offers students the ability to develop their analytical skills specifically through the game of chess. Various tactics and techniques will be discussed to improve the students' ability to play the game.

CHRISTIAN UNITED CLUB

Advisor(s): Mr. Salgado and Mr. Mauriello

The Christians United Club is open to students and staff at Brentwood High School. Members can gain leadership experience and be given the opportunity to further their faith. Its purpose is to give students a chance to spread hope, love and peace in school as well as in the Brentwood Community.

COPA SOCCER CLUB

Advisor(s): Mr. Brugger, Mr. Martinez, Ms. Ramirez Ms. Contreras

This club gives students the opportunity to integrate into the Brentwood High School experience. It promotes academic achievement by allowing students to participate in soccer tournaments and other community events.

CODING CLUB

Advisor(s): Mrs. Melendez and Mrs. Rowlette

Students will improve upon their STEM skills by learning new coding languages via an online platform. Plans are for students to participate in coding competitions.

COMPUTER CLUB

Advisor(s): Mr. Zeman and Mr. Mulderig

Members learn basic computer programs, such as word processing, browser (Netscape Navigator & Explorer) and the Internet. Student abilities may range from beginner to expert level. In addition to learning computer skills, students play computer games as a way of creating an interactive learning experience.

CRAFT CLUB (United Village)

Advisor(s): Mr. Conroy and Ms. Taylor

This is a do-it-yourself craft club that is open to all students. The purpose is to promote creativity, independence, self- esteem, and self- confidence. During the holiday season students visit the hospitals and nursing homes to share their crafts with children and senior citizens.

COURTYARD CLUB

Advisor(s): TBA

The beautification club works hard to keep up the appearance of our courtyards.

DEBATE CLUB

Advisor(s): TBA

The purpose of this club is to allow students to express their opinion on different world events and issues while engaging in healthy competition. Students will learn to create factual, logical, ethical and emotional arguments to persuade others. The club

will use the formal debate format, and members will compete with other schools in New York State.

DECA (The Distributive Education Clubs of America)

Advisor(s): TBA

This club prepares emerging leaders and entrepreneurs in marketing, finance, hospitality, and management in high schools and colleges.

DRAMA CLUB

Advisor(s): Ms. Ferzola

The drama club is an extracurricular activity that strives to prepare students interested in any aspect of theatre. Students meet year-round to put on two productions (fall/winter). The drama club is more than an activity for aspiring young actors; it also serves to teach students the technical aspects that go into putting together a show. Students design and build the sets as well as the sound and lights for every production. Throughout the course of the year, students develop a sense of responsibility as they work to bring their show to the stage.

EMERALD ECHO (BHS Literary Magazine)

Advisor(s): Ms. Taylor

This club offers students an opportunity to publish their creative writing and artwork while teaching members of the club layout and publishing.

ESL DROP-IN-LOUNGE

Advisor(s): Ms. Costa, Ms. Minushkin, and Ms. Morales

Join us in a casual and relaxed environment where you can practice your English skills. Games, guest speakers, and mentoring are all aspects of this space and opportunity.

FAMILY CAREERS COMMUNITY LEADERS OF AMERICA CLUB

Advisor(s): TBA

FCCLA is a national organization that is student- led, focusing on family and community. Through the practice and preparation of projects and presentations, students compete on state and national levels.

FEMINIST SOCIETY CLUB

Advisor(s): TBA

This club focuses on great women who have fought for gender equality. The feminist society club is opposed to bullying, will strive to improve the perspective on gender rules and will bring self-worth and empowerment to girls and boys.

FRENCH CLUB

Advisor(s): TBA

The French Club brings together all students who have an interest in French culture and language. Weekly meetings and special events revolve around our love of all things French – art, fashion, food, games, music, sports, and so much more! Club members help “Spread the Bonjour” throughout the school and community by serving crepes at many social functions. (No knowledge of French required.)

FRENCH HONOR SOCIETY

Advisor(s): TBA

Qualifications: GPA 85% or higher after completing at least two years of French study or advanced courses

To give recognition to students who have high academic standing in the study of French and to gain leadership experience in community service. Students will give back to the community while promoting and educating other on the French language and culture.

FRIENDSHIP CLUB

Advisor(s): Mr. Farrell

The purpose of this club is to promote and improve communication skills among students. It includes team building activities and service learning through the use of games and field trips.

FUTURE BUSINESS LEADERS OF AMERICA

Advisor(s): TBA

Future Business Leaders of America is a national business organization which instills proper business skills and ethics in its members. FBLA prides itself on its involvement in fundraising events for the less fortunate. Networking and socializing opportunities exist at competitions on the local, state, and

national levels, as well as at FBLA day at Six Flags Great Adventure.

FUTURE TEACHERS OF AMERICA

Advisor(s): Ms. O'Brien

The FTA is an organization that promotes career awareness through discussions and study. Occupations explored are the following: teacher, speech therapist, psychologist, social worker, and counselor. Club events may include visits to colleges/ tutorial services.

GAMING CLUB

Advisor(s): Mr. Kenny - Cincotta

This club fosters social interaction between students based on a mutual interest in video games and other form of gaming and entertainment.

GAY LESBIAN STRAIGHT ALLIANCE

Advisor(s): TBA

The goal of this club is to educate students by group discussions of issues faced by GLBT students. Through this dynamic, the club attempts to decrease discrimination against gay youth and improve all students' sense of pride.

GIRLS' INC.

Advisor(s): TBA

This club is designed to assist girls with interpersonal skill development. Some topics for discussion will include conflict resolution, social interaction with peers, anger management, self-respect, and the inappropriate use of social media.

GOVERNMENT CLUB

Advisor(s): Ms. Johnson

The Government Club provides an open forum for discussion and debate of political issues. This Club also provides a place to learn how citizens can take part in local, state, and national politics. This club also conducts a poll to gauge student political views.

GREEN GARDEN CLUB

Advisor(s): TBA

This is a year- round plant program for indoor gardeners. Students will have hands on experience in all aspects of house plant care while learning specific techniques, proper watering, lighting, fertilizing, and pesticide control.

HEALTH & WELLNESS CLUB

Advisor(s): Mr. Gonzalez

The Health and Wellness Club encourages cardiovascular fitness, muscle strength training, healthy nutritional tips and a broadening knowledge of lifelong exercises. This club meets twice a week in the Sonderling fitness room.

HUMAN RELATIONS CLUB

Advisor(s): Mrs. O'Brien and Ms. Hadsell

Members are provided the opportunity to learn and provide mediation for fellow student.

INTERACT CLUB

Advisor(s): Ms. Longo

Interact is a combination service and social club for young people who want to solve problems, improve the quality of life, and make new friends in their own community and throughout the world. "Inter-actors" do more than work hard-they also have a great time.

ITALIAN CLUB

Advisor(s): Mr. Pellegrino

Club members enjoy a variety of educational and cultural activities, concentrating on Italian culture and the Italian-American experience. Activities include annual bocce ball tournament, fund raising, community service, Italian cuisine and field trips. No knowlegde of Italian necessary.

ITALIAN HONOR SOCIETY

Advisor(s): Mrs. Korovezos

Qualifications: GPA 80-85% or higher after completing at least two years of Italian study or advanced courses.

Members will give recognition in Italian and teach students leadership and community service. Members will fundraise,

create community connections, tutor, and conduct food drives.

JUNIOR CLASS

Advisor(s): Ms. Cereola and Ms.Rivas

The Junior Class strives to instill school pride and spirit in the High School. It is involved in choosing the site for the Senior Prom and raising money for the event. Other activities include float building, holiday pictures for students, raising money for charitable organizations and scholarships.

LEADERSHIP CLUB

Advisor(s): Ms. Mears

The Leadership club creates initiative to advocate and support awareness about the environment, and the universal rights of all people, especially children, locally and globally. The Leadership Club empowers students to see that their perseverance and efforts make a difference.

MATH LEAGUE

Advisor(s): Ms. Bowden and Ms. Kelly

Qualifications: 11th & 12th grade students

This club involves participation in NY Math League contests. Students learn the development and practice of mathematic skills

MATH NATIONAL HONOR SOCIETY

Advisor(s): Ms. Bowden and Ms. Kelly

Qualifications: Members must have completed the equivalent of two years of college preparatory mathematics including Algebra and/or Geometry and have completed or are enrolled in a third year of college preparatory mathematics. On a 4-point grading scale, members must have at least a 3.0 math GPA.

The Math National Honor Society recognizes and promotes excellence in mathematics. Members engage in math-related activities, competitions, and community service, fostering a love for learning and supporting peers through tutoring and academic outreach.

MEDICAL SOCIETY (Future Nurses of America)

Advisor(s): Ms. Ullrich

To provide opportunities for students to learn about and meet healthcare professionals.

MENTAL PERFORMANCE CLUB

Advisor(s): Mr. O'Neill

Teach students performance (athletes, musicians) the skillset needed to improve performance. These include confidence, self-talk, mindfulness, time management, etc.

MOCK TRIAL CLUB

Advisor(s): Mr. Watson and Mr. Ullrich

Mock trial is a club that promotes self-efficacy through performing a mock trial. We compete in the NYS conception, in which our team assigns roles in that trial. In preparation for that trial, students will learn about the criminal justice system. Touro Law School assists us in preparing for the competition. This is a great club for those interested in the criminal justice system or becoming a lawyer!

MONEY MOVES FINANCIAL LITERACY CLUB

Advisor(s): Ms. Potuzak

This club prepares students to learn important strategies for reaching and maintaining financial independence in a complex, currency-centered society.

MULTICULTURAL CLUB (Culture Club)

Advisor(s): Ms. Marmo

The Hispanic Club participates in fundraising and activities that promote pride and awareness of the Latin American culture.

MUNDOS (Many United Nations Diversifying Our Society)

Advisor(s): Ms. Ramirez

Members develop an appreciation and understanding of Spanish cultures. Members take part in volunteer opportunities as well as plan events to enhance our school social culture while engaging with students and the community.

MY BROTHER'S KEEPER

Advisor(s): Ms. Pagan, Mr. Morgan, and Mr. Herguth

The MBK Alliance was created to address the persistent opportunity gaps boys and young men of color have been experiencing. The program encourages and ensures that young men can reach their full potential both socially and academically. Membership is open to middle school, Freshman Campus and High School students.

NATIONAL ENGLISH HONOR SOCIETY

Advisor(s): Ms. Roberto and Ms. Hadsell

Qualifications: The student needs to have a GPA of 87 and above since 9th grade.

The mission and purpose of this organization is literacy and education. Selection for membership is based both on academic accomplishment in English and English-related courses as well as overall academic accomplishments. Activities throughout the school year will include book drives, visits to schools in the district, and the Acoustic Café which offers a night of poetry and song.

NATIONAL HONOR SOCIETY

Advisor(s): Ms. Rivas and Ms. Cereola

Qualifications: The student needs to have a GPA of 87 and above since 9th grade.

The students in Honor Society must qualify in the areas of leadership and service. Students all qualify on their academic achievements, but what they accomplish inside and out of school is what really set them apart from everyone else. Honor Society sponsors events like Safe Halloween and the Southwest Elementary School's Christmas party.

PATHWAY TO SPANISH LANGUAGE PROGRAMS IN COLLEGES AND UNIVERSITIES

Advisor(s): Dr. Morales-Gotsch

Students will explore the different opportunities offered by choosing a college degree in Spanish Language and Culture at colleges and universities. This club is designed to assist students who have been satisfactorily studying Spanish Language and culture and are graduating with college credits after taking Spanish IV Honors and/or AP Spanish Language and Culture

and/or Spanish Literature and Culture. By applying for a Spanish Language degree and adding a second major or minor to their career plan, students will also explore available resources to obtain scholarships and grants towards their plan of study in Spanish Language.

PAWS FOR A CAUSE

Advisor(s): Ms. Helbock

This club teaches empathy and the importance of being kind to animals. Activities include collecting needed supplies for the local shelters, guest speakers, volunteering, and fundraising. It also provides a career path for students interested in pet ownership.

POW-WOW SCHOOL NEWSPAPER

Advisor(s): Ms. Buonaspina and Mr. Roderick

The Pow Wow is a voice of Brentwood High School. All students are urged to write articles and submit them to the editor or advisor. The Pow Wow highlights upcoming events and gives updates on past successes.

S.A.D.D. (Students Against Destructive Decisions)

Advisor(s): Ms. Larsen

S.A.D.D. was established to raise awareness of the risks involved in poor decision-making. Fundraising and participation in community service activities are parts of this opportunity. (Drug Awareness, Prom Promise).

SCHOOL STORE

Advisor(s): Dr. Muller

The School Store provides students with the opportunity to purchase school supplies. The funds will support the business department.

SCIENCE NATIONAL HONOR SOCIETY

Advisor(s): Ms. Ullrich and Mr. Borelli

Qualifications: The student needs to have a GPA of 87 and above since 9th grade.

SNHS recognizes students who have demonstrated excellence in their science coursework during their high school career. To be accepted, students are expected to complete a brief

application and show their pursuit of, and high achievement in, rigorous science coursework. Students will be expected to attend meetings, participate in service opportunities, and seek to advance the scientific understanding of both the school and town communities.

SCIENCE OLYMPIADS

Advisor(s): Mr. Schnakenberg

From analyzing blood samples, to studying volcanoes, to building killer robots, all the way to experimenting with the killer “dihydrogen monoxide,” there’s guaranteed to be something for you to do in Science Olympiads. Students have the opportunity to participate in various events in different aspects of science including geology, astronomy, forensics, engineering and design, physics, chemistry, the environment, rocketry, and even satellites. The regional competition is held in early February right here on Long Island, and the top students have the opportunity to travel upstate for the NYS competition for a weekend in March. All students are encouraged to attend the informational meetings- and who knows, you might just find your second home amongst Brentwood’s brightest.

SEAL TEAM

Advisor(s): Mr. Skillman

Students will gain confidence and self-esteem, building friendship and knowledge through positive experiences.

SENIOR CLASS

Advisor(s): Ms. Lagnese and Ms. Busby

The Senior Class is involved in planning activities to raise funds and provide a variety of events to improve the senior year. Major activities include building a float for the Homecoming Parade and planning the Senior Prom. Join us and ...GET INVOLVED!

SOPHOMORE CLASS

Advisor(s): Ms. Lopez and Ms. Paravalos

Sophomore class members involve themselves in planning fundraising activities. Members promote events to encourage “new” student involvement in Brentwood High School. Students interact with other classes to build a float for Homecoming.

SPANISH HONOR SOCIETY

Advisor(s): Ms. Larsen

Qualifications: Obtain excellent grades during their last 3 years of Spanish language and cultural studies.

Members of the society help other students in the study of Spanish language through tutoring sessions and helping the community with activities to benefit kids. Members of this society promote the studies of Spanish and culture to preserve the heritage

STUDENT COUNCIL

Advisor(s): Mr. Roderick, Ms. Fox and Ms. Lewis

The Student Council is responsible for coordinating many school activities and fundraising events. Participants will be involved in local, state and national level leadership conferences. Help make our school a better place.

STUDENTS UNITED

Advisor(s): Ms. Lagnese

The mission of the Student United club is to promote interest in community service, organize school/community related fundraisers and events, educate students and their parents about voting and learn about the local elected officials. Members are expected to attend the meetings, volunteer their time, and promote the club's mission among their peers.

TECHNOLOGY CLUB

Advisor(s): Ms. Perez

The purpose of this club is to introduce a variety of technology to study. This will include Microsoft Word, Excel, PowerPoint and internet resources. Students will learn how to create budgets, write resumes, collaborate with peers and focus on college readiness skills.

VARSITY CLUB

Advisor(s): Ms. Johnson

Students will have the opportunity to participate in school wide initiatives, leadership activities, and a variety of other activities. This club meets once a month and will discuss issues related to school and athletic programs.

WALL STREET CLUB

Advisor(s): Ms. Dernas and Ms. Buechner

Students will gain financial skills that they can carry into their lives after high school. Financial Literacy and Investing in the stock market

YEARBOOK

Advisor(s): Ms. Lopez and Ms. Devane

This club engages students in creating and being responsible for the layout and design of the yearbook.



BHS MUSIC



GREEN MACHINE MARCHING BAND

Advisor(s): Mr. Sitler

The Green Machine Marching Band performs at competitions, festivals, football games, and many other school and community events throughout the school year. The band is open to students with appropriate interest, band experience and musical ability. Recruitment for the marching band begins in June for the following year. Green Machine members are highly encouraged to participate in the 4-Week Summer Music Program and the August Camp at BHS.

GUITAR CLUB

Advisor(s): Mr. Pace

The Guitar Club is open to students with an interest in learning to perform on the classical guitar. Beginners through advanced performers are invited to join the club.

HIGH SCHOOL MUSICAL

Advisor(s): Ms. Ferzola

The High School Musical is open by audition to students interested in performing in a traditional Broadway style stage presentation. In addition to stage performers, students play in the pit orchestra and serve on the stage and tech crews.

JAZZ CHOIR

Advisor(s): Mr. Bedell

Qualifications: Selection is by audition.

The Jazz Choir is an ensemble comprised of talented jazz singers. Students study vocal jazz literature and the art of improvisation. The ensemble performs at a variety of school and community functions, including the District Jazz Festival, the Suffolk County Jazz Day, and Leadership night.

MUSICAL PIT ORCHESTRA

Advisor(s): Ms. Hillard

The Pit Orchestra accompanies singers, dancers, and actors performing in the HS Musical. Membership in the ensemble is open by audition to highly skilled brass, woodwind, string and rhythm section musicians. The Pit Orchestra rehearsals begin in December and continue through the performance dates in March.

ONE O’CLOCK JAZZ ENSEMBLE

Advisor(s): Mr. Sitler

The One O’clock and Two O’clock Jazz Ensembles are open by audition to students who play saxophone, trumpet, trombone, piano, bass, and drum set. Students will perform a wide variety of big band jazz compositions, exploring musical styles and improvisatory methods. The Jazz Ensembles perform at the District Jazz Festival and at many school and community events. Students may be placed into one of the two instrumental jazz ensembles based on performance ability, experience, and openings within each section

TRI-M (National Music Honor Society)

Advisor(s): Ms. Hillard and Ms. Rizzuto

Qualifications: Students must have a 90% average in their music classes and an 85% in academic classes.

Tri-M is a National Music Honor Society under the auspices of the Music Educator’ National Conference. Members must display scholarship, leadership, good character, and outstanding achievement as musicians. Tri-M students perform service activities for the music department and the community, encourage musical achievement and appreciation, and raise money for scholarships.

TWO O’CLOCK JAZZ ENSEMBLE

Advisor(s): TBA

The One O’clock and Two O’clock Jazz Ensembles are open by audition to students who play saxophone, trumpet, trombone, piano, bass, and drum set. Students will perform a wide variety of big band jazz compositions, exploring musical styles and improvisatory methods. The Jazz Ensembles perform at the District Jazz Festival and at many school and community events. Students may be placed into one of the two instrumental jazz ensembles based on performance ability, experience, and openings within each section.



BHS SPORTS



ATHLETES HELPING ATHLETES

Advisor(s): TBA

Qualifications: Varsity Athletes are interviewed for positions.

Varsity athletes visit 6th graders to mentor students about healthy decision making. Topics will include developing sportsmanship, teamwork, and character building.

BADMINTON

Boys - Spring

Advisor(s): Mr. Crespo

Qualifications: Physical

Developing skills to participate in Interscholastic Competition. The season runs from March through May.

BADMINTON

Girls - Spring

Advisor(s): Ms. DiMaria

Qualifications: Physical

Developing skills to participate in Interscholastic Competition. The season runs from March through May.

BASEBALL

Boys - Spring

Advisor(s): Mr. Gonzalez (V) and Mr. Giffone (JV)

Qualifications: Parental permission and a completed physical.

The baseball team competes against League I schools in Suffolk County. Members refine their skills and develop team cohesiveness. The season begins in first week of March and ends last week of May.

BASKETBALL

Boys - Winter

Advisor(s): Mr. Jimenez (V), Mr. Berger (V), and Mr. Arvanitakis (JV)

Qualifications: Parental permission and a completed physical.

Brentwood basketball has always exemplified the best of school spirit, teamwork and commitment to skill and character development. The season begins in mid-November and ends before winter recess.

BASKETBALL

Girls - Winter

Advisor(s): Mr. Greene (V) and Ms. McGuire (JV)

Qualifications: Completed physical and a 3-day try-out.

We play an 18-game schedule, which includes 12 League I games and 6 non-League games. The season begins in mid-November and ends before winter recess. We have made the playoffs nine of the last ten years. Practices are intense, and players should be in reasonable condition for tryouts.

BOWLING

Boys - Winter

Advisor(s): Mr. Seda

Qualifications: Physical

The bowling team will participate in League I games. The season begins in mid-November.

BOWLING

Girls - Winter

Advisor(s): Mr. Watson

Qualifications: Physical

The bowling team will participate in League I games. The season begins in mid-November.

BOXING CLUB

Advisor(s): Mr. Ahearn

Qualifications: Physical

The Brentwood Boxing Fitness Club is open to any Brentwood High School student who is interested in learning the science of boxing while maintaining good academic and behavioral standing.

CHEERLEADERS

Coed - Fall/Winter

Advisor(s): Ms. Pessoa and Ms. Wolynetz

Qualifications: Selection by audition

Members attend and "cheer" at selected school sporting events.

FENCING

Boys - Winter

Advisor(s): Ms. Finrock

Qualifications: Physical

The Boys and Girls Fencing teams participates in League I competitions. The season begins in mid -November and ends before winter recess.

FENCING

Girls - Winter

Advisor(s): Ms. Mecca Tricoche and Mr. Malik Tricoche

Qualifications: Physical

The Boys and Girls Fencing teams participates in League I competitions. The season begins in mid -November and ends before winter recess.

FOOTBALL

Boys - Fall

Advisor(s): Mr. DeJesus and Mr. Niehr

Qualifications: Physical

The team participates in League I football games. The season begins in end of August and ends early November.

GOLF

Boys - Fall

Advisor(s): Mr. Hudson

Qualifications: Physical

Members develop skills and participate in interscholastic competition. The season begins in August and ends in October

GOLF INTRAMURAL

Fall

Advisor(s): Mr. Hudson

Qualifications: Physical

Members develop skills and participate in interscholastic competition. The season begins in August and ends in October.

LACROSSE

Boys - Spring

Advisor(s): Mr. Reisig (V) and Mr. Newell (JV)

Qualifications: Physical

Members develop skills and participate in interscholastic competitions. The season begins in first week of March and ends last week of May.

LACROSSE

Girls - Spring

Advisor(s): Ms. Romero (V) and Ms. Brudi (JV)

Qualifications: Physical

Members develop skills and participate in interscholastic competitions. The season begins in first week of March and ends last week of May.

LIFEGUARD CLUB

Advisor(s): Mr. Gonzalez and Ms. Folz

Qualifications: Physical

Students will reinforce rescue skills, communication skills, multi team approach rescues, extrications, back boarding and swimming fitness.

SOCCER

Boys - Fall

Advisor(s): Mr. Eden (V) and Mr. Florian (JV)

Qualifications: Physical and open try-outs.

Interscholastic competitions involving one scrimmage and sixteen games. The season begins in the end of August and ends in early November.

SOCCER

Girls - Fall

Advisor(s): Mr. Aranda (V) and Ms. Lanzetta (JV)

Qualifications: Physical and open try-outs.

The team competes twice a week and participates in scrimmages and non-League games. The season begins in the end of August and ends early November.

SOFTBALL

Girls - Spring

Advisor(s): Ms. Lent (V) and Ms. Casas (JV)

Qualifications: Physical

Members develop skills and participate in interscholastic League I competitions. The season begins in first week of March and ends last week of May.

SWIMMING

Boys - Winter

Advisor(s): Ms. Defalco

Qualifications: Physical

This team is comprised of students from Bay Shore and Brentwood. Practices are held at the pool in B.H.S

SWIMMING

Girls - Fall

Advisor(s): Ms. Defalco

Qualifications: Physical

This team is comprised of students from Bay Shore and Brentwood. Practices are held at the pool in B.H.S

TENNIS

Boys - Spring

Advisor(s): Mr. Stancik (V) and Mr. Flocco (JV)

Qualifications: Physical and open try-outs.

Conditioning, tennis skills, ladder competition, and league 4 competition. The season begins in first week of March and ends last week of May.

TENNIS

Girls - Fall

Advisor(s): Mr. Rooney and Ms. DiMaria

Qualifications: Physical and open try-outs.

Conditioning, tennis skills, ladder competition, and league 4 competition. The season begins in first week of March and ends last week of May.

TRACK

Boys - Winter/Spring

Advisor(s): Ms. Daniels and Mr. Daniels

Qualifications: Physical and open try-outs.

Spring track include competitions in dashes, hurdles, discus throwing, long jumping, shot put, and relays. The season begins in first week of March and ends last week of May.

TRACK

Girls - Winter/Spring

Advisor(s): Ms. Daniels and Mr. Daniels

Qualifications: Physical and open try-outs.

Spring track include competitions in dashes, hurdles, discus throwing, long jumping, shot put, and relays. The season begins in first week of March and ends last week of May.

TRACK: CROSS COUNTRY

Boys - Fall

Advisor(s): Mr. Gonzalez and Ms. Mitchell

Qualifications: Physical and open try-outs.

Cross Country is a fall sport that begins in August. It involves long- distance running and tournaments.

TRACK: CROSS COUNTRY

Girls - Fall

Advisor(s): Mr. Gonzalez and Ms. Mitchell

Qualifications: Physical and open try-outs.

Cross Country is a fall sport that begins in August. It involves long- distance running and tournaments.

UNIFIED BASKETBALL

Coed - Spring

Advisor(s): Mr. Jimenez

Qualifications: Physical and open try-outs.

This is a Spring League I sport. Competitions are held from May through June.

UNIFIED BOWLING

Coed - Winter

Advisor(s): Ms. Piropato, Ms. Rotolo, and Mr. Seda

Qualifications: Physical and open try-outs.

This is a Winter League 1 sport. Competitions held February through March.

VOLLEYBALL

Boys - Fall

Advisor(s): Mr. Bosco (JV)

Qualifications: Physical and open try-outs.

Intensity as well as physical conditioning is stressed through performance of drills. The season begins in end of August and ends early November.

VOLLEYBALL

Girls - Fall

Advisor(s): Mr. Gamboa (V), Ms. Cortes (V), Ms. Giacolone (JV), and Ms. Vlahov (JV)

Qualifications: Physical and open try-outs.

Intensity as well as physical conditioning is stressed through performance of drills. The season begins in end of August and ends early November.

WRESTLING

Boys - Winter

Advisor(s): Mr. Napolitano (V) and Mr. Kuhlmeier (JV)

Qualifications: Physical and open try-outs.

Activities include practices six days a week, evening meets twice weekly and weekend tournaments. The season begins in mid-November and ends before winter recess.

WRESTLING

Girls - Winter

The Girls Wrestling Team unites athletes from Brentwood and Bay Shore to form a powerful and competitive program. Practices take place at Bay Shore High School, where members work together to build skill, strength, and confidence while fostering teamwork and sportsmanship.

