



# CARMEL CLAY SCHOOLS EDU-CARE MENU FALL 2021



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 	<b>BFAST</b>	Mini Pancakes *	<b>P</b> Egg Bite w/ Croissant	French Toast Sticks *	Blueberry Muffin *	Chicken Biscuit Sandwich
	<b>AM SNACK</b>	Fresh Fruit Milk	Trail Mix * Milk	Fresh Veggies & Hummus Water	Apple Slices w/ Sunbutter Yogurt Dip Water	Yogurt Parfait w/ Cereal* Water
	<b>LUNCH</b>	Mini Ravioli * w/ Garlic Toast Peas & Carrots Pineapple	Chicken Smackers w/ Bread * Mashed Potatoes Sliced Apples	Cheeseburger * California Veggies Fresh Fruit	Turkey & Cheese Slider * Green Beans Diced Pears	Personal Pan Pizza * Steamed Broccoli Diced Peaches
	<b>PM SNACK</b>	Blueberry Lemon Bites * Juice Milk	Banana & Vanilla Wafers Water Milk	Cheese & Crackers Milk	Goldfish Crackers * Milk	Applesauce Cups Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2 	<b>BFAST</b>	Mini Waffles *	Cheesy Omelet w/ Biscuit	Sausage Pancake Bites *	Biscuit Stick w/ Jelly	Banana Muffin *
	<b>AM SNACK</b>	Cottage Cheese w/ Pineapple Water	Fresh Fruit Milk	Cheddar Whales * Juice	Yogurt Parfait w/ Cereal* Water	Hummus & Pretzels Water
	<b>LUNCH</b>	Chicken Nuggets * w/ Bread Steamed Broccoli Fresh Fruit	<b>P</b> French Toast Sticks * w/ Sausage Triangle Tater Tots Cinnamon Pears	<b>≈</b> Fish Sticks * Steamed Carrots Pineapple	Pasta w/ Meat Sauce Green Beans Diced Peaches	Chicken Patty Sandwich * Baked Beans Mandarin Oranges
	<b>PM SNACK</b>	Cheez-It's * Milk	Cheese & Crackers Water Milk	Applesauce Cups Milk	Pirates Booty Milk	Cheerios * or Raisins Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3 	<b>BFAST</b>	Mini Pancakes *	Egg & Cheese Biscuit	Yogurt w/ UBR *	French Toast Sticks *	Assorted Cereal *
	<b>AM SNACK</b>	Yogurt Parfait w/ Cereal* Water	Cheese & Crackers Milk	Trail Mix * Milk	Cottage Cheese w/ Pineapple Water	Fresh Fruit Milk
	<b>LUNCH</b>	Macaroni & Cheese * Green Beans Applesauce	Teriyaki Chicken w/ Rice* Steamed Broccoli Fresh Fruit	Cheese Pizza * Butternut Squash Diced Peaches	Chicken Rings w/ Bread * Smiley Potatoes Mandarin Oranges	Mini Corn Dog * Baked Beans Diced Peaches
	<b>PM SNACK</b>	Goldfish Crackers * Milk	Pirates Booty Juice	Fresh Veggies & Hummus Water	Cinnamon Bites * Milk	Yogurt Cup & Vanilla Wafers Water

Serving Notes:  
Milk served daily with breakfast and lunch. Fruit served daily with breakfast.

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 Contains Pork                      Whole Grain or Whole Wheat Item                      Contains Fish or Shellfish



This institution is an equal opportunity provider

Nutrition or allergen question? Visit our website:

Menu subject to change