



**PARKLAND SCHOOL DISTRICT**  
"Educating For Success, Inspiring Excellence."

**Food Services**  
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**Casey Troutman**  
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Dear incoming Kindergarten Parents/Guardians:

The Parkland School District permits parents of students to send a daily snack to school for their child. Parents are not required or asked to send a snack but are permitted to do so if they desire.

The District supports a parent provided snack based on the following guidelines:

- The snack should be small and reasonably consumed within a short time frame.
- The snack may consist of water and one food item, or one or the other; parents do not have to choose to do both each day.
- The snack should be peanut and tree nut free, should not be processed in a facility where peanut/tree nut products are manufactured, and must comply with the District's Wellness Policy.
- We encourage parents to choose a healthy snack consisting of fruits, vegetables, or pre-packaged snacks such as crackers, pretzels, cereal, yogurt, cheese, cereal bars, or rice cakes. All pre-packaged snacks should not contain peanuts, tree nuts or be processed in a facility where peanut/tree nut products are manufactured. This list is not meant to be exclusive, but simply to serve as a helpful guide.
- The snack should not be cumbersome or require detailed clean-up for your child or District staff.

The District does not provide or store snack items. If your child has forgotten his/her snack, one will not be provided. This snack is for your child's consumption only.

If you have any questions concerning snack time in our classrooms, please feel free to contact your child's teacher or school nurse. We wish you and your family a safe and healthy school year.

Sincerely,

*Casey Troutman*

Casey Troutman  
Director of Food Services

CC: Building Principals  
Building Nurses