



Food Service Department
Watertown City School District
1351 Washington St
Watertown NY 13601
(P) 315-785-3717
(F) 315-785-6855



Dear Community:

The Watertown City School District is committed to the daily management of students in our district with allergies. The increasing prevalence of allergies poses unique challenges for students and staff in the school setting. Federal regulations require schools to serve meals at no extra charge to students whose disability restricts their diet in such a way that they cannot fully participate in the food service program with some modification to the foods offered on the scheduled menu.

In order for this to occur families must request special meals from the school and provide the school with medical certification from a medical doctor. The medical certification must contain the following:

- Verification from a medical doctor that special foods are needed due to the student's disability
- A completed Diet Prescription for Meals form

Please return completed forms to your school nurse or to the foodservice department via mail, email or fax.

If you have further questions please contact your school nurse or the Food Service.

Thank you,

Mary C Hughes

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Food Service Director
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