SCHOOL PRINCIPAL Joel Jory ASSISTANT PRINCIPAL Barbara Courain

Main Phone: 805/742-2700 Fax: 805/742-2759



Counseling Office: 805/742-2710 School Nurse: 805/742-2745 24 Hour Absence Reporting 805/742-2777 Office Hours: 7:30 AM to 3:30 PM School Hours: 8:00 AM to 2:35 PM

# Important Calendar Dates

Aug 16 First Day of School

Sept 6 Labor Day Holiday No School

Sept 24 End of 1<sup>st</sup> Progress Report

Oct 29 End of 2<sup>nd</sup> Progress Report

Nov 11 Veteran's Day Holiday No School

Nov 22 thru Nov 26 Thanksgiving Break No School

Dec 17 End of 1<sup>st</sup> Semester

Dec 20 thru Jan 7 Winter Break No School

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# Vandenberg Middle School VIEWPOINT

Volume 1

FALL

2021

# Welcome to Vandenberg Middle School

Welcome students and families! I am truly looking forward to having all of our students back on campus. The VMS staff is ready for, and prepared to make the 2021-22 school a great learning experience.

As we have learned over the last year and a half, things can change quickly so I will leave out many of the details. I am happy to say we plan to return to a fully functional school at full capacity: engaging lessons, clubs, sports, music and hopefully some field trips. In this Viewpoint you will find some important messages and dates that will help with a smooth return.

I look forward to seeing many smiling Minutemen faces this August.

Joel Jory Principal Vandenberg Middle School

## 2021 JUMP START ORIENTATION 7<sup>th</sup> Grade, New VMS 8<sup>th</sup> Grade Students & Last Year DL Students

Parent Jump Start: for parents of incoming new VMS students will be held on Tuesday, August 10 at 6:00 PM Via Zoom. Meeting ID: 820 6759 1072

Passcode: 887996 Student Jump Start: Wednesday, August 11<sup>th</sup> from 9:15 to 11:15 AM in the VMS MPR. See Jump Start Flyer for detailed information.

Check out our web page at: <u>http://www.lusd.org/vms</u>

## Schedule Pick Up

Guardians and students may pick up student schedules on our Schedule Pick Up Days Thursday August 12 and Friday August 13

9:00 - 3:00

#### VMS Multi Purpose Room

In order for students to receive their schedule, the First Day Paperwork must be completed. We ask that you please try to complete this electronically by midnight August 10<sup>th</sup>. You may call the school if you are having trouble accessing the documents. Paper packets are available for pick up if preferred.

To access the First Day Packet to complete the forms, please follow the below steps.

# **Parent Connection**

The "Online First Day Packet" is a requirement for your student to receive their class schedule in August

Lompoc Unified School District is proud to present a portal for parents/guardians. Using this tool parents will be able to:

- Update personal Information
- Complete the "First Day Packet" for all enrolled students
- Report student(s) absent
- Upload documents to share with the school
- Keep track of student academic progress throughout the school year.
- Also available as an APP in Google Play or the apple APP Store.

To access the portal:

#### Step 1)

#### Go to <u>www.lusd.org</u>

#### Step 2)

Hover the mouse over the words "Q CONNECT" until you see a drop-down menu.

\*If you need to create an account you will get an email with pin and password. Then you will be able to login.

#### Step 3)

Click on "Parent" and use the PIN and Password in this letter to log in.

Step 4)

If you need assistance, please email Qsupport@lusd.org

PIN:\_\_\_\_\_

#### ASSISTANT PRINCIPAL'S NOTES Barbara Courain

Welcome to all returning and new students, staff, parents and guardians to the Vandenberg Middle School (VMS) community!

Every day at VMS, we end the school wide morning announcements with a quote: "Make it a great day, or not. The choice is yours." The beginning of the school year is a great time to review with your student how to make great choices on a daily basis. These choices should include completing your schoolwork, trying your hardest, making friends and treating others the way you want to be treated.

As we return to a normal school schedule this fall, referring to your student planner will be an important tool to help you make good choices every day. Some school rules you may want to pay close attention to are our expectations on dress code (pg. 18), tardiness (pg. 6), profanity (pg. 14) and use of electronic devices (pg. 10). Cell phones and electronic devices must be in backpacks and turned off from the time of arrival on campus until dismissal. Cell phones are be taken away during the school day if they are used. Parents/guardians will be contacted and asked to pick up any confiscated items. Making decisions on a daily basis to be on time, dress appropriately, use school appropriate language, and keep your electronics out of sight will help prepare you for your future.

At VMS we have positive rewards for students who are choosing to do the right things. We have a "Best Buck" program. Students are given BEST tickets by VMS staff members for following school rules, and being a positive role model on our campus. There are weekly ticket drawings for gift card prizes.

We also recognize Students of the Month, called our Marvelous Minutemen Award. These students are selected each month by our teachers. Students are recognized with certificates that are hung in the front school office, and awarded with a gift card.

#### **BUS TRANSPORTATION**

LUSD buses bus students who live on Vandenberg Air Force Base to Vandenberg Middle School.

Bus transportation is provided to VMS students to and from the location nearest to their home only! <u>LUSD does not provide transportation to other students' homes, sports practice, after school care, doctor</u> <u>or dental appointments, etc</u>.

Students should not arrive at the bus stop more than 5-minutes before bus departure time. Students are under the same behavior guidelines at the bus stop as apply to school. The bus driver's directions are to be carried out at all times to ensure the safety of all riders. (See LUSD Form TR-27 for specific bus rules and regulations.)

#### If you are picking up your student instead of having them ride the bus home:

Office staff need to notify students BEFORE DISMISSAL TO NOT BOARD THE BUS. If you have a change of plans and want to pick up your student before regular dismissal time, please notify the office before 2:00 PM. Students will not be taken off the bus. This is a safety issue which concerns ALL VMS students.

If you have questions or need more information, contact the LUSD Transportation Department at 1-805/742-3180



# **COUNSELORS' CORNER**

Sarah Donahue Jaime Luna Diane McIntyre Shawn Fabing donahue.sarah@lusd.org luna.jaime@lusd.org mcintyre.diane@lusd.org fabing.shawn@lusd.org School Counselor School Counselor School Counselor Counseling Registrar

Counseling Department: 1-805/742-2710 Counselor's Google Classroom: 8<sup>th</sup> Grade: smzcvyw 7<sup>Th</sup> Grade: a4bjilvw

Welcome to the new school year! Your VMS School Counselors are here and ready to be a resource for you. We imagine there will be some anxiety with starting the new year and will do everything we can to make it a positive experience for you.

#### **Counseling Services**

Counselors provide students with resources/strategies for academic, personal/social, and career needs. We support students through classroom lessons, small group sessions and individual meetings upon their request or guardian/teacher referral. We also have community resources for referral when needed.

#### Meet the VMS Counselors

**Sarah Donahue:** Aloha, I joined the VMS team in 2015 and truly love being a school counselor. My career began at King Kekaulike High School on the island of Maui before moving to the Central Coast. I received my master's degree in counseling from the University of New Hampshire (2005) and hold a California Pupil Personnel Services Certificate and National Board Certified Teacher certificate in School Counseling. In my free time I enjoy paddling, dancing and animals. I understand the challenges the middle school years can bring and look forward to working with you and your child to improve their learning experience!

Jaime Luna: Hi everybody, my name is Jaime Luna, counselor here at VMS. I am SO excited to work collaboratively with you all to help you in reaching your goals and meeting your social -emotional, academic, and other needs. I obtained my Associates Degree from Ventura College where I was a part of the Track and Cross Country team, Bachelor's Degree from Cal State Northridge where I was a part of the Debate Team, and Master's Degree in Counseling and Pupil Personnel Services Credential from Cal Lutheran University. I look forward to working with and supporting VMS students, families, and community members. Please do not hesitate to reach out and contact me if you have any questions, would like assistance, or just want to chat.

**Diane McIntyre:** Hello everyone, I look forward to working with you during your time at VMS. I have been a counselor in the district since 2001 and have worked at the middle school and high school level. I am happy to be a member of the VMS Team! I am a graduate of Fresno State University and I earned my Master's in School Counseling and obtained a Pupil Personnel Services Credential through the University of La Verne. My husband is a teacher at Cabrillo High School and we have had two daughters go through LUSD K-12. I enjoy living in Lompoc and being an active member in the community. I look forward to working with you and value the team approach to best serve and support students during their middle school years.

#### Orientation

We encourage both new parents and new students to attend the Jump Start Orientation Sessions: August 10<sup>th</sup> at 6:00 for Parents Via Zoom. Codes for this Zoom meeting is available on our website. Jump start for our new VMS students will be held August 11<sup>th</sup> at 9:15. This is an opportunity to meet others, receive valuable information and for the students to be able to get their schedule and tour before school starts.

If you have any questions or concerns contact the Counseling Department at 1-805/742-2710. We look forward to working with you!





#### JUMP START PARENT NIGHT for new students and last year DL students Tuesday, August 10, 2021 6:00 PM zoom

link: https://lompocschools.zoom.us/i/82067591072?pwd=OEJCO1RpSXJpU2ZGUVJ2WWh4T29kZz09

Meeting ID: 820 6759 1072 Passcode: 887996

# JUMP START NEW STUDENTS and LAST YEAR DL STUDENTS TO VMS Wednesday, August 11, 2021

#### 9:15 to 11:15 AM in the MPR

NEW and Last year DL VMS STUDENTS ONLY Orientation for new students to receive their schedules, tour campus, ride the bus and meet other VMS students. Students are encouraged to ride the bus. (See Jump Start Bus Schedule)

Attention Students!



VMS Dress Code applies for the day.

To receive your schedule, your guardian <u>must</u> have completed the electronic first day packet online by Aug 10<sup>th</sup> or if you picked up a paper packet please bring with you the completed *Emergency Care Card* and signed *Acknowledgement and Consent* form. If neither of these are completed, your guardian will need to pick up and complete a paper packet at schedule pick up on Aug 12<sup>th</sup> or 13<sup>th</sup>.

Proof of immunizations and other First Day Packet forms may also be turned in at Jump Start.



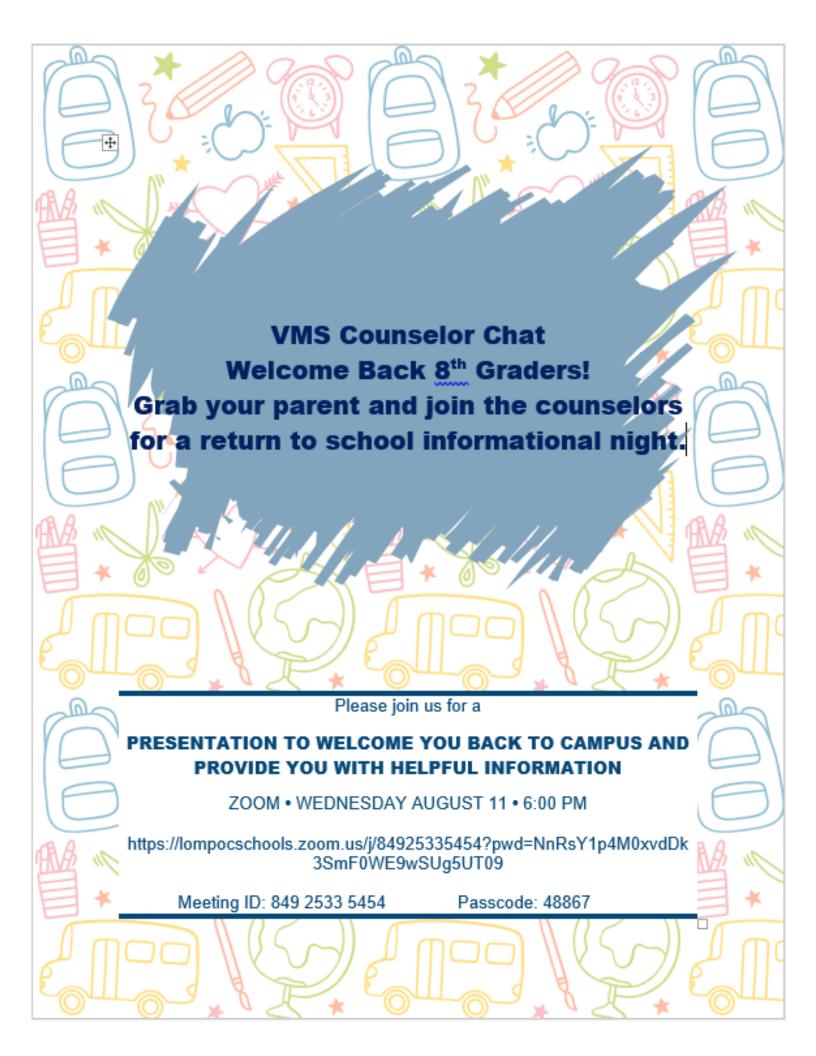
#### VMS STUDENT JUMP START BUS SCHEDULE For Wednesday, August 11, 2021 Only

(All VMS students are welcome to ride buses on Jump Start day)

	Pick Up	Drop Off
Capehart Housing (USP)	8:36	11:41
Chapel 1 (VAFB)	8:45	11:25
Crestview School (VAFB)	8:50	11:30
A Street between Cagney & Canfield	8:35	11:35
Bell Street between First & Second	8:40	11:40
G Street between Oak & North Ave	8:35	11:35
Brisa Del Mar & Encanto (at mail boxes)	8:35	11:30
Rucker Rd & Calle Pasado	8:41	11:36
Onstott between Silversage & Mesquite	8:43	11:38
St Andrews & Burham Dr	8:40	11:40
Oak Hill & Greenbriar	8:45	11:35
Maple High School	8:40	11:35
Buena Vista Elementary	8:45	11:25
D Street @ Library	8:40	11:40

\*Jump Start day only.

Regular 2021-22 School Year Bus Schedule will be posted online when available





## VMS HEALTH ROOM

Yvonne Tulloch – RN 1-805/742-2745 Tel 1-805/742-2759 Fax

#### VMS HEALTH ROOM PROCEDURES

#### Medications at School

When students return and your student needs medication during the school day, you must turn in a doctor's order (Physician's Directive), to be kept on file in the nurse's office. All medications except epi-pens and asthma inhalers must be kept locked in the nurse's office. Prescription or over the counter medications must come in the original package or container and have the student's name on the label or written on the box. The parent, or adult over 18 years old need to drop the medication off and sign it in at the nurse's office. **MEDICATIONS ARE NOT TO BE CARRIED ON CAMPUS BY STUDENT.** 

#### NOTICE: Students must have a doctor's note to bring crutches to school. Excuses from PE

Parent notes to excuse students from PE classes (up to three days) should be emailed to the school nurse on the first day to Tulloch.yvonne@lusd.org. Exemption from PE classes for more than 3 days will need a doctor's note.

Exemptions based on personal beliefs (including religious beliefs), will no longer be an option for students to not have the current vaccines required for entry into child care or schools in California (SB277).

ALL students entering 7<sup>th</sup> grade must have: TDAP Booster, 2<sup>nd</sup> Varicella, 2<sup>nd</sup> MMR Visit <u>www.shotsforschool.org</u> for more information.

Even with distance learning, it is important to update the school with any changes in your child's health and/or medications. Please call in your updates to the Health Room.

Call 1-805/742-2745

# Hello from the VMS Library!

My name is Katelyn Nelson and I am your VMS Librarian! My favorite middle school series are The Mortal Instruments and Harry Potter (I'm a Gryffindor!). I'm a big fan of the fantasy, historical fiction, and true crime genres. However, I read a little bit of everything so I can give students the best recommendations for them as individuals! The library will be open during passing periods, learning periods for class visits, and lunch for an assortment of clubs including Dungeons&Dragons and Book Club! We will also be participating in the first-ever regional (and possible state) middle school Battle of the Books with Santa Barbara County Education Office. I look forward to many things this school year including the NEW Library Activity of the Month, Author and Genre of the Month displays, reading challenges, book fairs and more! For more information, you can access VMS Library via Google Classroom (Code: fcvis24), Facebook, Instagram, Twitter, or TikTok. You can also email Mrs. Nelson at nelson.katelyn@lusd.org or call 805-742-2758. May the odds be ever in your favor this school year, Minutemen!



**PE Uniforms** 

PE uniforms (t-shirt/shorts) will be sold from the PE teachers during PE class the first week of school. \$20. Students can also provide their own navy gym shorts and plain gray t-shirt to be worn for PE.



# 2021-2022 VMS **BELL SCHEDULE**



08:40 - 08:50

08:50 - 09:30 09:35 - 10:15 10:20 - 11:00 11:05 - 11:45 11:45 - 12:20 12:25 - 01:05 01:10 - 01:50 01:55 - 02:35

MON-TUES-THUR-FRI		EVERY WEDNESDAY	
Period	Time	Period	Time
HRoom/SSR	08:00 - 08:20	HRoom/SSR	08:40 - 08:
1	08:20 - 09:04	1	08:50 - 09:
2	09:09 - 09:53	2	09:35 - 10:
3	09:58 - 10:42	3	10:20 - 11:
4	10:47 - 11:31	4	11:05 - 11:4
Lunch	11:31 - 12:08	Lunch	11:45 - 12:
5	12:13 - 12:57	5	12:25 - 01:
6	01:02 - 01:46	6	01:10 - 01:
7	01:51-02:35	7	01:55 - 02:

### Minimum Day Schedule

Period	Time
1	08:00 - 08:30
2	08:35 - 09:05
3	09:10 - 09:40
4	09:45 - 10:15
5	10:20 - 10:50
6	10:55 - 11:25
7	11:30 - 12:00



We Take Pride in Student Success

07/30/21

#### VANDENBERG MIDDLE SCHOOL DRESS CODE

Please refer to VMS Dress Code when shopping for your student's school attire. Thank you for following VMS dress code policy.

- 1. **PANTS:** Must fit in the waist and be worn at the waist (no sagging or undergarments showing).
- 2. No holes (designer or otherwise—the appearance of holes is not acceptable).
- 3. **SHORTS OR SKIRTS:** Hemlines must reach fingertip length when arms are extended down at the sides (items should fit at the waist).
- 4. Form fitting leggings or tights worn alone or under shorts or skirts that are too short are considered a violation.
- 5. **SHIRTS:** Shirts must not show midriff, cleavage or undergarments.
- 6. No sheer or see-through tops with prohibited clothing visible underneath.
- 7. No camisole type tops (spaghetti strap) or tube tops.
- 8. Sleeveless shirts are allowed, but no large gaping armholes which reveal torso or undergarments. Straps must be at least 2 inches (3 fingers) wide. Students felt to be in violation will be sent to the office to change their shirt, not just cover the top with a jacket or sweatshirt.
- 9. No clothing that advertises or depicts alcohol, drugs, tobacco products, illegal activities, weapons or that contains profanity, offensive or suggestive material.
- 10. No hats of any kind are allowed to be worn on campus.
- 11. No hoods are to be worn (with the exception of rainy or very cold days).
- 12. No gang related clothing (determined in conjunction with law enforcement).
- 13. No pajama bottoms or look-alike pajama bottoms or slippers.
- 14. No chains, spiked jewelry or tapered style ear piercings are allowed.
- 15. Gloves may be worn on both hands before school on cold mornings, but cannot be worn in the classroom.
- 16. No bandanas. No blankets.
- 17. Hair should be clean and neatly groomed. Hair may not be sprayed with any coloring that would drip when wet. If hair color or style detracts from the learning environment, student may be asked to adjust.
- 18. Continued defiance of dress code policy may result in disciplinary action.

#### 4 R's Dress Code

- ✓ **Relationships**: Wear clothing that is a positive reflection of yourself.
- ✓ **Respect**: Wear school appropriate clothing. Dress for success!
- Responsibility: Wear comfortable clothing that allows you and others to concentrate on learning.
- ✓ **Results**: All students can focus on academics.

# WE LOOK FORWARD TO SEEING YOU ON CAMPUS SOON!