Coverage Period: 7/01/2021 – 06/30/2022

Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.osc.ct.gov/anthemctpartner</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a> or call Anthem Blue Cross and Blue Shield at 1-800-922-2232 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: \$350/individual; \$1,400/family-waived for HEP members Out-of-Network: \$300/Individual; \$900/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Once you or a family member meets the individual <u>deductible</u> amount, the <u>plan</u> begins to pay for you or that family member. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Primary care and specialist office visits, preventive care, prescription drugs, emergency room care, urgent care, mental health and substance abuse outpatient services, and eye exams are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Medical: <b>\$2,000</b> /individual; <b>\$4,000</b> /family Prescription drugs: <b>\$4,600</b> /individual; <b>\$9,200</b> /family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Out-of-network deductible and cost sharing, premiums, balance-billing charges, penalties for failure to obtain prior authorization for services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.osc.ct.gov/anthemctpartner">www.osc.ct.gov/anthemctpartner</a> or call 1-800-922-2232 for a list of	

Chat with a professional Health Navigator 24 hours a day, seven days a week at (866) 611-8005. Or, use the online chat tool by clicking the Health Navigator button on CareCompass.Ct.Gov.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copay** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge. <u>Deductible</u> does not apply.	\$15 <u>copay</u> /visit. Waived if no in-state		
If you visit a health	Specialist visit	No charge. <u>Deductible</u> does not apply.	preferred provider. <u>Deductible</u> does not apply.	000/	None.
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	20% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	20% coinsurance	40% coinsurance	None.
	Imaging (CT/PET scans, MRIs)	No charge	20% coinsurance	40% coinsurance	Prior authorization required to avoid penalty: lesser of \$500/20% of cost.

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Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to	Generic drugs	maintenance drugs: \$5 cop Non-preferred generic: Ref	Preferred generic: Retail: \$5 <u>copay</u> ; Mail order & maintenance drugs: \$5 copay.  Non-preferred generic: Retail: \$10 <u>copay</u> ; Mail order & non-partici pharmacy		Retail: 30-day supply; Mail order: 90-day supply. <u>Deductible</u> does not apply to <u>prescription drugs</u> . Check details of your Rx coverage at:	
treat your illness or condition  More information about	Preferred brand drugs	Retail: \$25 <u>copay</u> ; Mail order & maintenance drugs: \$25 <u>copay</u> .		20% <u>coinsurance</u> for non-participating pharmacy	www.osc.ct.gov/benefits/pharmacy. htm. Maintenance drugs must be filled by mail order or by	
prescription drug coverage is available	Non-preferred brand drugs	Retail: \$40 <u>copay</u> ; Mail order & maintenance drugs: \$40 <u>copay</u> .		20% <u>coinsurance</u> for non-participating pharmacy	Maintenance Network pharmacy after first retail fill. Penalty may apply if brand name drug is requested when a generic is available. Some drugs require prior authorization. No charge for FDA-approved generic contraceptives (or brand name contraceptives if generic is medically inappropriate).	
www.osc.ct.gov/benefit s/pharmacy.htm	Specialty drugs	Same as non-preferred brand drugs		Same as non- preferred brand drugs		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge		20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.	
	Physician/surgeon fees	No charge			20% of covered services.	
If you need	Emergency room care	\$250 <u>copay</u> /visit. <u>Deductibl</u>	l <u>e</u> does not apply.	Same as in-network plus excess over allowed amount.	Copay waived if admitted.	
immediate medical attention	Emergency medical transportation	No charge		No charge	None.	
	<u>Urgent care</u>	\$15 copay/visit. Deductible	does not apply.	20% coinsurance	None.	

		What You Will Pay		
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)  In-Network Provid	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay  Facility fee (e.g., hospital room)		No charge	20% <u>coinsurance</u>	Prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.  No coverage in excess of cost of a semi-private room unless medically necessary.
	Physician/surgeon fees	No charge	20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.
If you need mental	Outpatient services	\$15 copay/visit. Deductible does not apply.	20% coinsurance	None.
health, behavioral health, or substance abuse services	Inpatient services	No charge	20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.
If you are pregnant	Office visits	\$15 <u>copay</u> /first visit only. <u>Deductible</u> does not apply.	20% <u>coinsurance</u>	Cost sharing does not apply for preventive services.  Depending on the type of service, a copay, coinsurance, or deductible may apply.  Maternity care may include tests & services described somewhere else in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	No charge	20% coinsurance	Prior authorization required for stay in excess of 48 hours (96 hours for cesarean delivery) to avoid penalty
	Childbirth/delivery facility services	, and the second		of lesser of \$500 or 20% of covered services.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	No charge		20% coinsurance	Limit: 200 visits/calendar year.
	Rehabilitation services	No charge		20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.  In-network speech therapy limit: 30 visits/calendar year. Limit does not apply to treatment resulting from autism, stroke, tumor removal, injury or congenital anomalies of oropharynx.  Out-of-network physical, occupational, chiropractic, speech & autism therapy limit: 30 visits/condition/calendar year.
If you need help	Habilitation services	No charge		20% coinsurance	None.
recovering or have other special health needs	Skilled nursing care	No charge		20% coinsurance	Out-of-network limit: 60 visits/ year/ person Prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.
	Durable medical equipment	No charge		20% <u>coinsurance</u>	Prior authorization required for items over \$500 to avoid penalty of lesser of \$500 or 20% of covered services.
	Hospice services	No charge		20% <u>coinsurance</u>	Inpatient services: prior authorization required to avoid penalty of lesser of \$500 or 20% of covered services.  Out-of-network inpatient services limit: 60 days/person/calendar year.  Out-of-network in-home services limit: 200 visits/calendar year

			What You Will Pay			
	Common Medical Event	Services You May Need		In-Network Provider	Out-of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
		Children's eye exam	\$15 copay/visit. Deductible does not apply.		50% coinsurance	Limit: 1 visit/calendar year performed as part of an exam.
	If your child needs dental or eye care	Children's glasses	Not covered		Not covered	You must pay 100% of this service, even <u>in-network</u> .
		Children's dental check- up	Not covered		Not covered	You must pay 100% of this service, even <u>in-network</u> .

#### **Excluded Services & Other Covered Services:**

Services Your Plan General	v Does NOT Cover (C	Check your policy	y or plan document for more	e information and a list of any	v other excluded services.)

- Children's dental check-up
- Children's glasses
- Cosmetic surgery

- Dental care (adult)
- Non-emergency care when traveling outside the United States (urgent care covered)
- Long-term care

- Routine foot care (except when <u>medically</u> necessary for treatment of diabetes)
- Weight loss programs (except as required by law)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (limit: 20 visits per calendar year)
- Bariatric surgery (prior authorization required)
- Chiropractic care (limit: 30 visits per calendar year for <u>out-of-network</u> services)
- Hearing aids (limit: 1 set per 36 month period; prior authorization required)
- Infertility treatment (prior authorization required)
- Non-emergency care when traveling outside the United States (<u>urgent care</u> only)
- Private-duty nursing (prior authorization required)
- Routine eye care (adult, limit: 1 exam per calendar year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit www.HealthCare.gov or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Anthem Blue Cross and Blue Shield 108 Leigus Road Wallingford, CT 06492 1-800-922-2232 CVS/Caremark Prescription Claim Appeals MC109 P.O. Box 52084 Phoenix, AZ 85072-2084 Fax: 1-866-443-1172

Additionally, a consumer assistance program can help you file your appeal. Contact the Connecticut Office of the Health Care Advocate at 1-866-466-4446

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Para obtener asistencia en Español, llame al 1-800-922-2232.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-922-2232.

如果需要中文的帮助,请拨打这个号码1-800-922-2232.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-922-2232.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copays</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of <u>in-network</u> pre-natal care and a hospital delivery)

■ The <u>plan</u> 's overall <u>deductible</u>	\$350
■ Specialist copayment	\$15
■ Hospital (facility)	\$0
■ Other	\$0

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

<u>Cost Sharing</u>				
<u>Deductibles</u>	\$350			
Copays	\$25			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$435			

# **Managing Joe's type 2 Diabetes**

(a year of routine <u>in-network</u> care of a well-controlled condition)

The plan's overall deductible	\$350
Specialist copayment	\$15
■ Hospital (facility)	\$0
■ Other	\$0

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$5,600

## In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$120
Copays	\$190
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$310

# **Mia's Simple Fracture**

(<u>in-network</u> emergency room visit and follow up care)

<ul> <li>The <u>plan</u>'s overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility)</li> <li>Other</li> </ul>	\$350 \$15 \$0 \$0
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#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$350
Copays	\$320
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$670

**NOTE:** These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your cost. For more information about the wellness program, please visit http://osc.ct.gov/benefits.htm 8 of 8