

Sign up to receive general HEP updates via Text Message. Simply, login and go to My Contact info. Link to sign up is at the bottom!

Create Account

Please Note Employee, spouse and dependents over age 18 must create their own account

Username

Password

Login

I forgot my username

I forgot my password

Having trouble logging in?

You must first create an account before you can log in. Please click the "Create a new account" link in the Participant Login section and follow the steps for creating an account. If you have already created an account, click "I forgot my password" or "I forgot my username." If you still need assistance, please call HEP Customer Service at 877.687.1448 Monday through Thursday 8:00am to 6:00pm, Friday 8:00am to 5:00pm.

What can I do from this site?

This site is designed as your gateway to a healthy future. From here you can link to five central areas:

- Home – track your progress toward meeting program requirements.
- Forms –find chronic condition factsheets and other useful forms.
- Health Resouces – use a variety of interactive tools or establish a personalized healthy living plan.
- Messages – use the message center for general HEP questions or if you are currently working with a nurse.
- My Account - update your information in the "My Contact Information" section.

Who should register?

Employee, spouse and dependents over age 18 each must create their own account to see details of their HEP Compliance status. Or, the employee may contact Care Management Solutions to request a privacy release. Call Care Management Solutions at 877.687.1448

Forms

FAQ

PHYSICIAN NOTIFICATION FORM

HEP REINSTATEMENT FORM

PERMISSION TO RELEASE PHI

NON-CUSTODIAL PARENT FORM

MILITARY EXEMPTION FORM

RELIGIOUS EXEMPTION FORM

PERMISSION TO VIEW PHI IN PORTAL

Contact Us

HEP Customer Service: 877.687.1448

Monday through Thursday 8:00 AM to
6:00 PM

Friday 8:00 AM TO 5:00 PM

HEP Fax: 877.687.1449

Email:

HEPquestions@Connect2YourHealth.com

Mail: PO Box 4050, 175 Scott Swamp
Road, Farmington, CT. 06034

Don't forget to update your contact information after logging in

Security and Privacy

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