

FSSD Illness Guidelines 2021-22

Symptom/ Illness	Should NOT attend school/work/activity if:	May attend school/work/activity if or when:
COVID-19	Positive COVID-19 test with or without symptoms	<ul style="list-style-type: none"> After 10 days minimum have passed since symptoms first appeared, or since positive test result if no symptoms, AND Fever-free without the use of a fever-reducing medication and symptoms improving for 24 hours
Exposure to Person with Confirmed COVID-19 Positive Test Exposure -Close contact in the 48 hours before the COVID-19 positive person's symptom onset or their positive test if no symptoms Close Contact - Within 6 feet or less of positive case for 15 or more minutes in a 24-hour period	Had close contact to person with a confirmed positive COVID-19 test result <u>EXCEPTION TO QUARANTINE FOR EXPOSURE</u> Anyone who has had COVID-19 illness within the previous 3 months and remains without symptoms for the 10 days following exposure. Anyone who has been fully vaccinated and remains without symptoms for the 10 days following exposure.	<ul style="list-style-type: none"> 10 days have passed since last contact with the person who tested positive for COVID-19, and no symptoms of COVID-19 have developed during the quarantine period (mask and distance for full 14 days) OR <ul style="list-style-type: none"> 7 days have passed since last contact with the person who tested positive for COVID-19, and no symptoms of COVID-19 have developed during the quarantine period, and written proof of negative test collected after day 5 & provided to school before returning (mask and distance for full 14 days) Household contacts with ongoing exposure must quarantine longer. Quarantine extends per guidelines above AFTER the positive household member completes their minimum ten-day isolation period
Symptoms of Infectious Illness, With No Known Exposure to Covid-19	<ul style="list-style-type: none"> New cough and/or difficulty breathing (change from baseline for those with asthma or allergies) New loss of sense of taste or smell Fever greater than 100.4 degrees Any combination of symptoms such as: <ul style="list-style-type: none"> Fever and/or chills Muscle aches, body aches, fatigue (especially with fever) Congestion, runny nose and/or sore throat (not likely related to seasonal allergies) Severe headache (especially with fever) Diarrhea and/or vomiting Individuals with symptoms at school will be assessed by the school nurse and sent home if indicated	<ul style="list-style-type: none"> After 10 days minimum have passed since symptoms first appeared and fever-free without the use of a fever-reducing medication, and symptoms improving for at least 24 hours (mask and distance for full 14 days) OR <ul style="list-style-type: none"> With written documentation from a physician with return to school date and fever-free without the use of a fever-reducing medication, and symptoms improving for at least 24 hours Proof of negative COVID-19 PCR test if no medical evaluation.
Strep Throat	<ul style="list-style-type: none"> Sore throat with fever greater than 100.4 should be seen for medical evaluation 	<ul style="list-style-type: none"> 24 hours after starting antibiotics and fever-free without the use of fever-reducing medication
Diarrhea and/or Vomiting	<ul style="list-style-type: none"> Two or more episodes of diarrhea and/or vomiting occur within 24 hours of school 	<ul style="list-style-type: none"> Free from diarrhea/vomiting for 24 hours, AND No fever or additional symptoms have developed
Rash/Skin Infection	<ul style="list-style-type: none"> Rash or signs of skin infection not previously diagnosed or seen by a healthcare provider A rash accompanied by a cough and/or fever should be evaluated by a healthcare provider 	<ul style="list-style-type: none"> Rash-free & no other symptoms, OR Doctor release to return to school
Conjunctivitis "Pink Eye"	<ul style="list-style-type: none"> Redness, itching, swelling, discomfort, and/or purulent discharge of eye(s) Physician confirmed bacterial conjunctivitis 	<ul style="list-style-type: none"> Free of eye symptoms and no additional symptoms have developed, OR Doctor release to return to school 24 hours on antibiotic drops if bacterial

Revised 7/30/2021