

Cut Sport Guidelines

For sports requiring a tryout there will be a 3-day minimum tryout period, which all athletes are expected to attend. The dates for tryouts are determined by the IHSA calendar. Consistency is important in order to maintain fairness for athletes in all grades and in all sports. Attendance exceptions during tryouts include a documented illness or injury, religious observation or family emergency. Other extenuating circumstances must be discussed and approved by both the Head Coach and the Athletic Director a minimum of two weeks prior to the first day of tryouts for that sport. Please contact the Head Coach as soon as possible with any circumstance that might result in an absence during tryouts. Please feel free to contact the Head Coach or the Athletic Director with questions regarding guidelines and procedures prior to the start of tryouts.

Non-Cut Sport Guidelines

For non-cut sports, it is equally important to be at the first scheduled day of practice. The dates for the first day of practice are determined by the IHSA calendar. We expect all GBN and GBS athletes to attend all scheduled practices and contests during their season. All athletic teams have specific requirements regarding attendance for practices and contests. Missing practice will affect participation in athletic contests. Please feel free to contact the Head Coach or the Athletic Director with questions regarding guidelines and procedures prior to the start of the season.