

I HAVE TESTED POSITIVE FOR COVID-19



- Go home immediately and begin isolation
- Notify division head and division nurse to begin contact-tracing process



- Return to Pace **10 DAYS** after date of positive test AND when symptom free with no fever-reducing medications for **48 HOURS** prior to return

I AM EXPERIENCING SIGNS/SYMPTOMS* OF COVID-19



- Go home immediately and begin isolation
- Notify division head and division nurse
- Contact your doctor to discuss signs/symptoms and determine need for testing



DOES YOUR DOCTOR SUSPECT COVID-19?



NO

- Update division nurse
- Return to Pace when symptom and fever free (temperature less than 100.4F) with no fever-reducing medications for **48 HOURS** prior to return



YES

- Remain in isolation
- Update division nurse
- Return to Pace **10 DAYS** after date of positive test AND when symptom free with no fever-reducing medications for **48 HOURS** prior to return

I HAVE BEEN IN CLOSE CONTACT** WITH SOMEONE WITH COVID-19, BUT I DO NOT HAVE SYMPTOMS



Unvaccinated

- Go home immediately and begin quarantine
- Notify division head and division nurse



- Monitor signs/symptoms* and notify appropriate Pace representatives if symptoms of COVID-19 develop
- Obtain COVID-19 test **5 DAYS** after last date of contact



Negative COVID-19

- Return to Pace **7 DAYS** after last date of contact

Vaccinated

- Monitor symptoms
- If symptoms develop, test by PCR 3–5 days post-exposure. Remain at home while waiting for test results.

Positive COVID-19

- Begin isolation and return to Pace **10 DAYS** after your positive PCR test

NOTE: A COVID-19 test is recommended on or after Day 5 post-exposure, but a negative result will not shorten length of quarantine



* **SIGNS/SYMPTOMS INCLUDE:** Fever (temperature of 100.4F or higher), loss of taste/smell, cough, muscle ache, sore throat, shortness of breath, chills, new stomach illness (nausea, vomiting, diarrhea, decreased intake), new/unusual headache

** **CLOSE CONTACT:** Being unmasked within 6 feet of an infected person for more than 15 minutes starting 2 days before symptoms (if contact has symptoms) or 2 days before COVID-19 test date (if contact does not have symptoms)