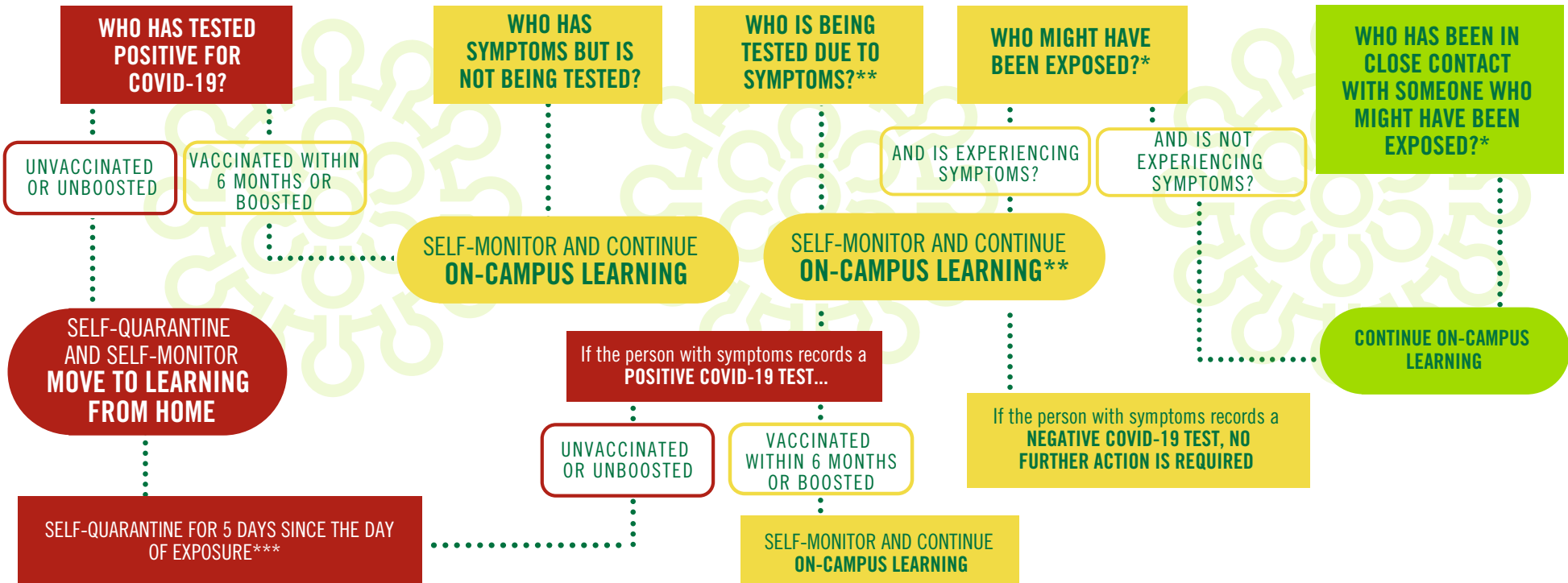


PREVENT THE SPREAD OF COVID-19 AT ROWLAND HALL



POSSIBLE EXPOSURE TO COVID-19. WHAT SHOULD I DO?

I'm an employee or a parent/caregiver of a student who has been in close contact with someone...



*PER THE CDC, EXPOSURE is defined as being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

**All unvaccinated students in the same household as the person being tested due to SYMPTOMS of COVID-19 should move to learning from home until test results are returned.

*** A longer quarantine may be necessary and will be evaluated on a case by case basis.

HOW DO I?

SELF-QUARANTINE?

- STAY HOME for the required length of quarantine.
- AVOID CONTACT with people
- DON'T SHARE household items

SELF-MONITOR?

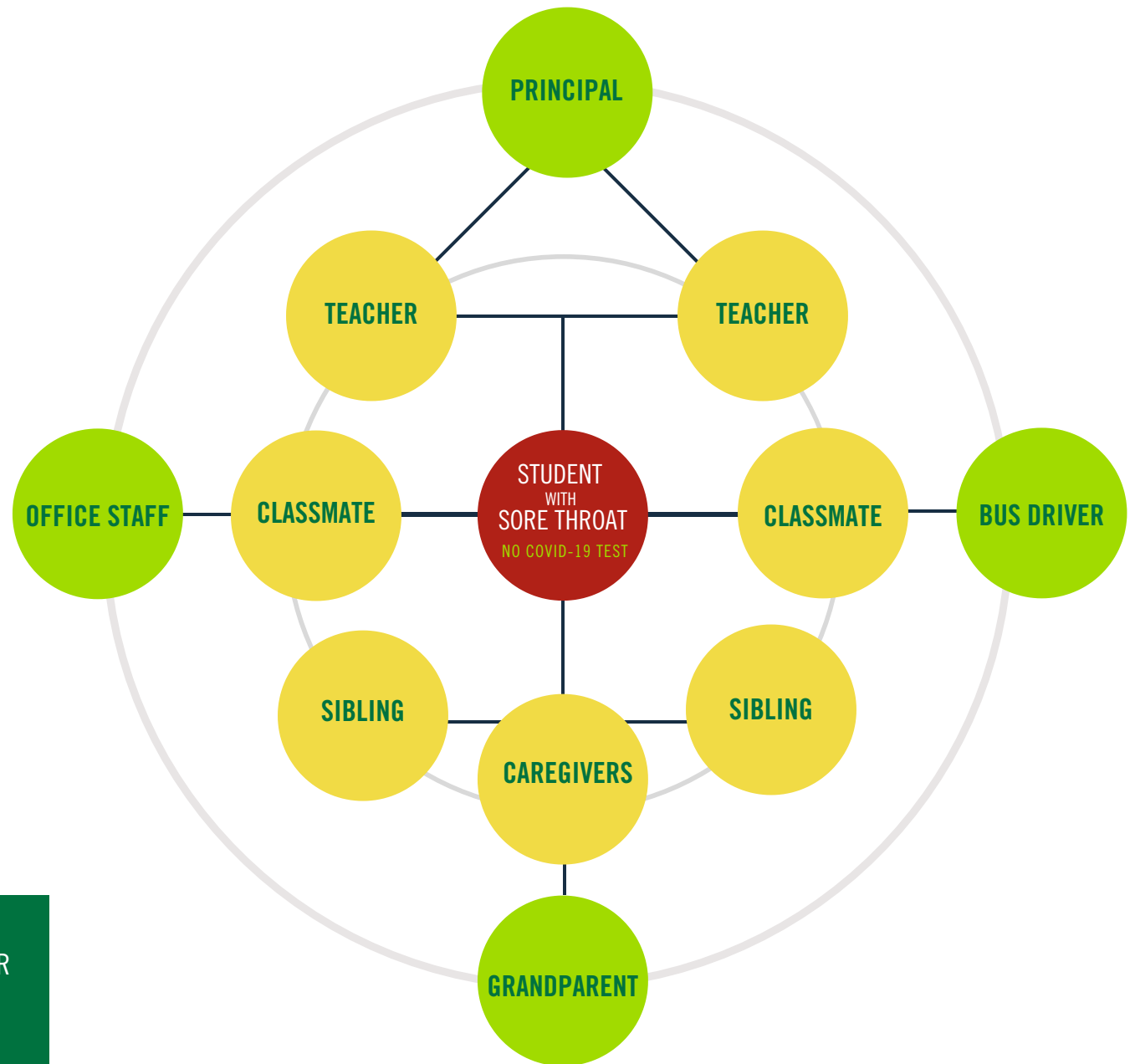
- BE ALERT for symptoms of COVID-19, especially fever, dry cough, loss of taste or smell, or shortness of breath.
- CALL YOUR DOCTOR if you have trouble breathing or have a fever above 100.4F




PRACTICE PHYSICAL DISTANCING?

- STAY HOME as much as possible
- STAY 6 FEET APART from others
- DON'T hug or shake hands
- AVOID groups of people and frequently touched surfaces

SAMPLE CLASS OR COHORT

IN THIS EXAMPLE, THOSE IN YELLOW HAVE BEEN IN CLOSE CONTACT WITH THE STUDENT WITH THE SORE THROAT. THOSE IN GREEN HAVE BEEN IN CLOSE CONTACT WITH THOSE WHO MAY HAVE BEEN EXPOSED.



-  SELF QUARANTINE AND SELF MONITOR
-  SELF MONITOR
-  PRACTICE PHYSICAL DISTANCING