



Sarasota Military Academy

More than a school. It's a way of life.

Appearance and Grooming Standards



Sarasota Military Academy

Lipstick/ Nail Polish Policy

BLUF: Female cadets are now allowed to wear fingernail polish other than clear. They must still adhere to the guidelines for length, no more than ¼ inch from the tip of the finger.

- ❑ Cadets will NOT wear shades of lipstick and nail polish that are extreme and present an unprofessional appearance. Extreme colors include, but are not limited to: purple, gold, blue, black, white, bright (fire engine) red, hot pink, yellow, and fluorescent/neon colors.
- ❑ Colors that ARE AUTHORIZED to wear include, but are not limited to, nude/natural shades, American Manicure, and light pink.
- ❑ Females also have the option to wear an American manicure, a two-tone nail style that maintains a natural appearance.
- ❑ Cadets cannot apply designs to nails or apply two-tone or multi-tone colors to nails.





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Nail Polish

- ❑ Extreme nail shapes such as coffin, ballerina, arrow and stiletto are prohibited. Square and rounded nails are authorized.
- ❑ Male cadets may wear clear nail polish to assist with maintaining a well-groomed appearance and to assist with maintaining healthy nails.

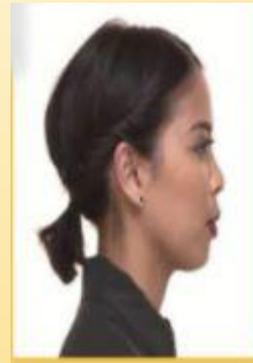
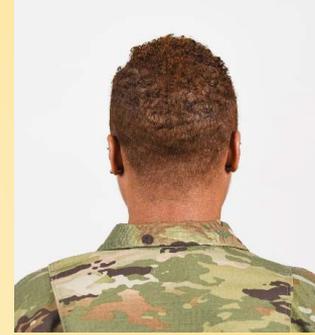




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Female Hair Guidelines

- ❑ There is no minimum hair length for female Cadets. Female cadets may taper the hair and add a part in the hair as an option. Designs cut into the hair are **not authorized** when tapered.
- ❑ Headbands, scrunchies and large hair clips are **not** authorized.
- ❑ Hair must be neatly fastened or secured in either a bun, single ponytail, two braids or a single braid.
- ❑ Multiple locs, braids, twists or cornrows may come together in one or two braids or a single ponytail.





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Female Hair Guidelines

Braids and singular ponytails may be worn down the center of the back in all uniforms, **but length will not extend past the bottom of the shoulder blades while at the position of attention.** There is no minimum length for the wear of a ponytail or braid.





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Highlights (Uniform Blend Colors)

BLUF: All cadets are now allowed to color/highlight their hair as long as it presents a natural appearance.

❑ Highlights (Uniform Blend of Colors) are authorized. If a cadet decides to add color or add highlights to hair, root growth of a different color should not exceed 1.5 inches of the original color (for long hair.... Short, close cut styles will be less).

❑ Highlights (uniform blend of colors) are authorized as long as it presents a natural appearance (Natural Hair Colors) **and is not a prohibited color such as** (but not limited to)- purple, blue, pink, green, orange, bright red, and fluorescent or neon colors.

❑ This policy is “gender neutral” as some male cadets may use hair dyes.





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Male Hair Guidelines

- ❑ Males may also dye their hair as long as:
 - ❑ It is a natural hair color
 - ❑ The new color goes from the scalp to the end of the hair (no highlighted “Tips”).
 - ❑ Same color restrictions as females, however the “root length” of the dye transformation is NOT the same, as males have much shorter hair.
- ❑ Males hair length- maximum length is still no more than 2 inches of hair on top.
- ❑ Sideburns cannot be lower than the lowest opening of the ear. They cannot be flared or pointed. They must be cut horizontally. The sideburn hair can be no longer than the hair by the ears.

The next slide shows SOME examples of male haircuts that are authorized. Although some of the styles are different on the TOP of the head, the one thing they ALL have in common is that the hair is off of the ears and TAPERED (faded) from the ears, up. Male cadet hair should never just go from “short” to “long”....it should *gradually* get longer as it goes up. The fade needs to be even, not a “drastic” change...but *gradual*. The hair on TOP of the head can have varying styles, but should follow the guidelines of not being longer than 2 inches and be neatly groomed. There can be no “cut lines” or designs anywhere in the hair cut.



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