

Watchung Hills Regional High School Hall of Fame



Stephanie Wriede Morawski **Highly Decorated Swimmer at WHRHS and in College,** **Longtime Swimming Coach at Harvard University** *Class of 1988*

Stephanie Wriede Morawski was a highly decorated New Jersey State Champion swimmer at Watchung Hills Regional High School (WHRHS). She then went on to be a highly decorated All-Ivy League, NCAA All-American Level, and Olympic Trials qualifying swimmer at Harvard University, Cambridge, Mass.

As a freshman and sophomore at WHRHS, Stephanie was a member of Division B State Championship Girls' Teams, winning honors in the 200 Individual Medley, 100 Butterfly, 400 Freestyle Relay, and 200 Medley Relay. As a junior, she captured first place in both the 200 Individual Medley and 200 Medley Relay at the individual Meet of Champions. As a senior, Stephanie was named MVP at the West Windsor Pirate Invitational Meet, capturing first in the 100 Breaststroke and 200 Medley Relay and seventh in the 100 Butterfly. In 1988, she was the recipient of the WHRHS Varsity Award for the Senior Class.

During her high school years, she also won numerous honors outside of scholastic meets. Stephanie was a US Junior National Qualifier in 1985 and 1986. In 1987, she was a Junior National Champion as a member of the 400 Freestyle Relay, and a member of the US Olympic Festival team. In 1988, she was an Olympic Trials Qualifier in the 200 Breaststroke.

While at Harvard, she was a three-time NCAA qualifier, a two-time NCAA All-American, a member of the Academic All-Ivy Team, and First Team All-Ivy in 1991 and 1992. In 1991, she won 3rd place at US Nationals, and was ranked 50th in the World in the 200 Breaststroke. In 1992, she was an Olympic Qualifier, and was named MVP in the 1992 Ivy Championship Conference. Stephanie was the recipient of the Radcliffe Alumni Award as Outstanding Athlete in the Senior Class at Harvard University.

In her professional career, Stephanie has been a 20-year Women's Swimming coach at Harvard, guiding The Crimson to numerous Ivy League achievements and honors. Her 2015-16 team captured the 12th Ivy Conference title in program history. During her tenure, Harvard's Women's Swimming Teams have notched several undefeated dual-meet seasons, and at one point had racked up a 43-consecutive win streak and a five-year streak as reigning dual meet champions. Her teams have rewritten Harvard Women's swimming record book.

It was at Harvard in 2016, when the first transgender swimmer in NCAA Division 1 history successfully transitioned from being a female varsity swimmer to being a male varsity swimmer. Stephanie joined with other coaches and officials at Harvard in helping to facilitate that smooth transition. This historic feat was profiled on a 60 Minutes piece reported by Leslie Stahl.