



AN OUNCE OF PREVENTION

Coronavirus (COVID-19)



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- **WHAT IS THE CORONAVIRUS?**
 - **THE Coronavirus IS A CONTAGIOUS RESPIRATORY ILLNESS.**
 - **IT CAN BE MILD OR SEVERE.**
 - **Symptoms may include Fever, Cough, and Shortness of Breath.**



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Returning to School Must Do's!

TAKE YOUR TEMPERATURE BEFORE
COMING TO A SCHOOL BUILDING.



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Returning to School Must Do's!

All students/staff will be required to wear a face covering if using Parkland Transportation, entering the nursing suites, and while working with the Athletic Trainers.



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GOOD PREVENTIVE HABITS:

- AVOID CLOSE CONTACT WITH ANYONE WHO IS SICK.
- CLEAN HIGH TOUCHED SURFACES FREQUENTLY.
- AVOID SHARING PERSONAL HOUSEHOLD ITEMS.
- IF YOU ARE SICK, STAY HOME, EXCEPT TO GET MEDICAL CARE.



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Stop the spread of germs that make you and others sick!

Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze or cough or sneeze into your upper sleeve, not your hands.



Put your used tissue in the waste basket.



Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water

or
clean with alcohol-based hand cleaner



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- **WASH YOUR HANDS OFTEN WITH SOAP AND WATER!**



- **ESPECIALLY AFTER COUGHING OR SNEEZING**



AN OUNCE OF PREVENTION

- **KEEP YOUR HANDS AWAY FROM:**

YOUR EYES, NOSE, AND MOUTH!

GERMS ARE OFTEN SPREAD THIS WAY.

