

Thank You . . .

To the Kitsap County Board of Commissioners for their support and funding of this project: Steve Bauer, Josh Brown, and Jan Angel are always supportive of the needs of persons with special needs in Kitsap County.

To the members of the Kitsap County Developmental Disabilities Advisory Board for their support : Larry Mack, chair, Christine Johnson, Sharon Maalis, Sandra LaCelle, Carol Pacheco, Joy Isham, Kathy Lougheed, Greg Albertson, Laquita Joy Pendergrass, Donna Gearn, Jacki Haight and George Adams.

And to the Kitsap County Developmental Disability staff for their assistance in getting the guide completed and into the hands of those that most need this information: Kelly Oneal, Kirsten Murray and Linda Ward.

The following guide lists the essential services for people with developmental disabilities in Kitsap County. Please submit additions, deletions or modifications to Kitsap County, Department of Personnel and Human Services, Developmental Disabilities Program at 360-337-4622.

(You can access this guide online at Website:www.kitsapgov.com/hr/wsolympic/devdisabl.htm; for additional copies of this guide, please call 360-337-4622)

If you are looking for a specific support group for people or families with special needs which is not listed in this directory, please call any of the following numbers. The group may be meeting locally.

Arc of Kitsap/Jefferson County360-377-3473

Child Care Resource and Referral

of Kitsap County..... 360-405-5827

or 360-698-3900

Family Resource Coordinator..... 360-373-2536

Kitsap County DD Coordinator 360-337-4624

Kitsap County Parent

Coalition Coordinator..... 360-769-2220

or 1-800-347-7387

Kitsap Community Resources 360-478-2301

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R R R R ...

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.
(HO)

S S S S ...

Screening Test—A procedure to determine if a person has a certain medical condition. (HO)

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care. (HO)

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care. (HO)

Service Area—The geographic area a health plan serves. (HO)

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians. (HO)

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

T T T T ...

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.
(HO)

U U U U ...

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate. (HO)

L L L L ...

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder. (HO)

M M M M ...

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged. (HO)

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses. (HO)

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life. (HO)

N N N N ...

Non-Participating Provider—A provider who isn't part of a specific health plan. (HO)

O O O O ...

Outcome Oriented—A measurable skill at the end of a set period of training.

P P P P ...

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate. (HO)

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan. (HO)

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance. (HO)

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or prevents them from occurring. (HO)

Primary Care—First-level or generalist care that a person receives outside a hospital. (HO)

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises. (HO)

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage. (HO)

Provider—A person or an institution that delivers a service. (HO)

**ADVOCACY/DISABILITY SUPPORTS
IN KITSAP COUNTY**

Arc of Kitsap/Jefferson County 360-377-3473

3243 N Perry Ave., Bremerton WA 98310

Web: www.arckj.org

- ◇ individual and family support, advocacy, parent education programs, Bingo games, Friday night socials/dances, aerobics classes, representative payee, guardianship information, counseling, and financial assistance.

Camp Fire USA 360-377-5513

1109 Warren Ave., Bremerton WA 98337-1606

E-Mail: west@campfire-usa.org

Web: www.campfire-usa.org

- ◇ baby-sitting services for children with developmental disabilities, special Saturdays Club for children with special needs and their siblings as well as training for baby-sitters for children with special needs

C.H.A.D.D. ADD/ADHD Support Group 360-697-3922

nwchadd.org

- ◇ support group for children and adults
- ◇ meets second Tuesday of each month, at Peninsula Bible Fellowship—7:00 p.m.
- ◇ Contacts: Kerry Miller or Lynn Myrvang

Disability Awareness Surveillance Health Project

DASH 360-373-5206

Website: www.psbrc.org

- ◇ grant funded project through CDC and WA State Dept. of Health that addresses community awareness and issues for individuals with disabilities
- ◇ project goals determined by local community advisory board
- ◇ contact: Michael Goodnow

Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)..... 360-308-0187

- ◇ meets monthly, contact for meeting schedule
- ◇ contact: Sharon Dommermuth, 360-308-0187
- ◇ contact: Anne Mullis, 206-842-9027

Elder and Adult Day Services (EADS) 360-377-9810

646 5th Street, Suite 1, Bremerton WA 98337-6024

- ◇ adult day programs for seniors and people with disabilities: day program, social/recreational activities, noon meal, social services, rehabilitative medicine, therapy, health care, young adult program

Harrison-Green Mountain

Rehabilitation360-475-6480

2625 Wheaton Way, Suite A, Bremerton WA 98310

- ◇ occupational therapy, physical therapy, speech therapy and rehabilitation for neurological injury, illness, or work related

Harrison Medical Center, Education360-792-6765

2520 Cherry Ave., Bremerton WA 98310

Web: www.harrisonmedical.org

- ◇ community health programs including maternal-child birth, safe sitters (11-13 ages)

Head Injury Support Group.....360-475-6480

- ◇ affiliation with Washington State Head Injury Foundation at Green Mountain, 2526 Wheaton Way, Suite A Bremerton WA 98310
- ◇ Monthly support group meetings

Holly Ridge Center

Infant Toddler Program360-373-2536

Toll Free 1-800-449-1660

5112 NW Taylor Rd., Bremerton WA 98312

E-Mail: itp@hollyridge.org

Website: www.hollyridge.org

- ◇ birth to three neurodevelopment clinic and pre-school serving children and families with special needs
- ◇ contact: Kathy Fortner, Director

Kitsap Autism Support

- ◇ An online support group for anyone touched by Autism.
- ◇ kitsapautismsupport@yahoogroups.com

Kitsap County

Family Resource Coordinator.....360-373-2536

Toll Free 1-800-449-1660

Holly Ridge Center, 5112 NW Taylor Rd., Bremerton WA 98312

E-mail:frc@telebyte.com

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County Father's Network360-692-4670

H H H H ...

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium. (HO)

Health Plan—The set of services in an insurance policy for health care. (HO)

Healthy Options and SSI Healthy Options—Medicaid benefits that deliver most medical services through Managed Care Organizations. (HO)

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's. (HO)

I I I I ...

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight. (HO)

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

J J J J ...

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service. (HO)

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

D D D D ...

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill. (HO)

Diagnosis—Identification of a disease producing a specific condition. (HO)

Diagnostic Services—Procedures to determine the presence of a health condition. (HO)

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair. (HO)

E E E E ...

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance. (HO)

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly. (HO)

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover. (HO)

F F F F ...

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

G G G G ...

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services. (HO)

E-mail: Doug_St@hotmail.com

Web: www.fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am– 12pm during school year at the ARC
- ◇ contact: Doug Stauner

Kitsap County Parent Coalition 360-769-2220

Toll Free 1-800-347-7387

4619 Basswood Ct. SE, Port Orchard WA 98366

E-Mail: parentcoalition@KITSAP-WA.org

Web: www.KITSAP-WA.org

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Nancy Martin

Mom's Time Out 360-692-3701

- ◇ Support group for mothers of children with special needs
- ◇ Meets the third Friday of every month from 7:00 to 10:00 p.m. at Starbucks located 1616 Bentley in Bremerton (across from Wal-Mart)
- ◇ Contact: Charelaine Hampton, charelaine@msn.com

Parent to Parent Support Program 360-377-3473

3243 N. Perry Avenue, Bremerton WA 98310

- ◇ the Arc of Kitsap/Jefferson County
- ◇ parent mentoring, support group, monthly Sibshops, information, referral, and lending library, senior family caregiver project
- ◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)
- ◇ contact: Sherry Charlot, sherry@arcjkj.org

Self Advocates of Washington

Kitsap County 360-550-8365

State (Bob Furman) 253-565-3091

- ◇ self-advocacy groups for people with developmental disabilities

United Cerebral Palsy 1-253-565-1463

Toll Free 1-866-812-8736

3720 6th Ave, Suite C, Tacoma WA 98406

Web: www.ucp-sps.org

Washington PAVE 253-565-2266

Toll Free 1-800-572-7368

6316 S. 12th St., Tacoma WA 98465

Web: www.washingtonpave.org

- ◇ parent-to-parent support for parents of children with special

- needs, contact: Michelle Lehosky, 253-565-2266
- ◇ parent training program, contact: Karen Anderson, 253-565-2266

Wheelchair Library for You 360-830-5053
 62 Peter Haggen, Seabeck WA 98380

- ◇ free lending of medical equipment, accepts donations
- ◇ contact: Charles Morris

BLINDNESS

(also see **Washington State/National Advocacy/Disability Support on page 40**)

Able Opportunities (V/TTY) 360-638-0881
 P.O. Box 468, Hansville, WA 98340
 Web: www.ableopportunities.com

- ◇ vocational evaluation and placement, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss

Blind Veterans Association 1-800-669-7079
 Web: www.bva.org

- ◇ veteran benefits, employment, legislation

Community Services for the Blind and Partially Sighted (CSBPS) 1-800-458-4888
 9709 Third Avenue NE, #100, Seattle WA 98115-2027
 E:Mail: csbps@csbps.com

- Web: www.csbps.com or www.sightconnection.com
- ◇ counseling, support groups, skills for independent living, assessment, training
- ◇ adaptive aids store, mail order catalogue, educational services

Department of Services for the Blind... 1-800-552-7103
 4565 7th Ave. SE, Lacey 98503
 3411 S Alaska Street, Seattle WA 98118-1631
 949 Market Street, Ste 508, Tacoma 98402
 Web: www.dsb.wa.gov

- ◇ independent living program, vocational rehabilitation, orientation and training
- ◇ assistive technology training/services, family services

Kitsap County School Districts (special services)

Bainbridge Island 206-842-2907
 Bremerton 360-478-5135
 Central Kitsap..... 360-662-1040

COMMONLY USED PHRASES AND WORDS

A A A A ...

Acute Illness—An illness that has occurred suddenly and may be serious. (HO)

Activities of Daily Living (ADL)—Behaviors necessary for self care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility. (HO)

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams. (HO)

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

B B B B ...

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need. (HO)

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid. (HO)

C C C C ...

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan. (HO)

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment. (HO)

Community Based Programs—Programs for individuals with disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care. (HO)

SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSBG	Social Services Block Grant (<i>1997 Welfare Reform</i>)
SSDI	Social Security Disability Income
SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease (<i>HO</i>)
STOMP	Specialized Training of Military Parents
SW	Social Work/ Social Worker
T T T T ...	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families (<i>1997 Welfare Reform</i>)
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 (<i>Medicaid funding through the Social Security Act</i>)
U U U U ...	
UCP	United Cerebral Palsy
UW	United Way
V V V v ...	
VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation
W W w w ...	
WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children (<i>supplemental food program</i>)
WISE	Washington Initiative for Supported Employment
WPAS	Washington Protection and Advocacy System
WSMC	Washington State Migrant Council
WSPEP	Washington State Parent/Educator Partnership Project

North Kitsap360-394-2604

South Kitsap.....360-443-3625

Kitsap Regional Library.....360-405-9100

1301 Sylvan Way, Bremerton, WA 98310

Web: www.krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ Call 360-405-9127 for Outreach and Support Services

LS&S Group..... 1-800-468-4789

Web: www.lssproducts.com

- ◇ catalog specializing in products for the visually and hearing impaired

N.W. Lions Foundation

For Sight and Hearing206-682-8500

Toll Free 1-800-847-5786

Web: www.nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

Olympic College

Adaptive Technology.....360-475-7510

Access Services360-475-7540

1600 Chester Ave., Bremerton WA 98337

E-mail: kfusco@oc.ctc.edu

Web: www.oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Olympic Recording for the Blind.....360-895-0305

- ◇ newspaper articles from the KitsapSun transcribed daily to tape
- ◇ contact: Susan Evans

Peninsula Council of the Blind360-373-2772

Information line..... 1-800-255-1147

PO Box 91, Tracyton, WA 98393

E-Mail: thepcb@comcast.net

<http://thepcb.tripod.com>

- ◇ local chapter of WA State Council of the Blind
- ◇ promotes public awareness and education

- ◇ provides support and sharing to members
- ◇ opportunities for community participation, recreation and vocation

Peninsula Rehabilitation Services.....360-765-4239
 Fax360-765-5053
 2510 Snow Creek Road, Quilcene WA 98376

- ◇ free independent living services for visually impaired/blind people 55 years and older
- ◇ contact: Carl or Cathy Jarvis
- ◇ may leave message with WA State Dept of Services for the Blind (1-800-552-7103)

Vision Loss Support Group360-698-0827
 ◇ A forum for those dealing with vision loss or blindness.
 ◇ Contact: Cindy Van Winkle, cindy.vw@msn.com

VIPS (Visually Impaired Persons)
 Bainbridge Island206-842-7349
 ◇ social, sharing and meetings
 ◇ 2nd Wednesday of month, Bainbridge Island library, 1-3 pm
 ◇ contact: Virginia Hardy

Washington State, Department of Services for the Blind 1-800-552-7103
 Web: www.dsb.wa.gov
 ◇ independent living program, assessment, instruction in adaptive techniques, resources for assistance in obtaining adaptive devices, vocational rehabilitation

Washington State School for the Blind....360-696-6321
 Web: www.wssb.wa.gov
 2214 E 13th Street
 Vancouver WA 98661-4120
 ◇ provides services in local school districts
 ◇ on-campus programs at no cost to parents and districts
 ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

Washington Talking Book and Braille Library 1-800-542-0866
 2021 9th Avenue, Seattle WA 98121-2783
 E-Mail: wtbb@wtbb.org
 Web: www.wtbb.org
 ◇ free, statewide public library service for individuals with

PFTH Program for the Handicapped (*Champus program—military*)
 PHN Public Health Nurse
 PKU Phenylketonuria
 PL Public Law
 PPA Preferred Provider Arrangement (HO)
 PPO Preferred Provider Organization (HO)
 ProPAC Prospective Payment Assessment Commission (HO)
 PPRC Physician Payment Review Commission (HO)
 PT Physical Therapist
 PT Physical Therapy
 PTA Parent Teacher Association
 PTI Parent Training and Information Center
 PTSS Post Traumatic Stress Syndrome

R R R R ...

R&D Research and Development
 RBRVS Resource-Based Relative Value Scale (HO)
 RCW Revised Code of Washington
 REW Rehabilitation Enterprises of Washington
 RHC Residential Habilitation Center
 RN Registered Nurse
 RPT Registered Physical Therapist
 RSAS Rehabilitation Services Accreditation System
 RSN Regional Support Network/Mental Health Region
 RSVP Retired Seniors Volunteer Program
 RVS Relative Value Scale (HO)

S S S s ...

S.A.F.E Schools Are For Everyone
 SAMSHA Substance Abuse and Mental Health Services Administration (HO)
 S.A.N.E. Sexual Assault Nurse Examiner
 SAVI Sexual Assault Victim Intervention (*military*)
 SBD Seriously Behaviorally Disabled
 SCAN State-Controlled Area Network
 SCH Sole Community Hospital (HO)
 SE Supported Employment
 SEA State Education Agency
 SEAC Special Education Advisory Council
 SEPAC Special Education Parent/Professional Advisory Council
 SGA Substantial Gainful Activity (SSA)
 SLD Specific Learning Disability
 SLP Speech-Language Pathologist
 SLS Supported Living Services

NIMH National Institute of Mental Health
 NIOSH National Institute of Occupational Safety and Health (HO)
 NISH National Institute for Severely Handicapped
 NLM National Library of Medicine (HO)
 NP Nurse Practitioner (HO)
 NPRM Notice of Proposed Rulemaking (HO)

O O O O ...

OAA Old-Age Assistance (HO)
 OASDHI Old-Age Survivors, Disability, and Health Insurance program (HO)
 OASI Old-Age Survivors Insurance
 OBRA Omnibus Budget Reconciliation Act of 1987 (provides funding for people in need of nursing home care or equivalent services)
 OCR Office of Civil Rights
 OESD Olympic Educational Service District
 OFM Office of Financial Management
 OI Orthopedically Impaired
 OJT On-the-Job Training
 OMB Office of Management and Budget
 OPD Outpatient Department (HO)
 OPPFM Office of Program Planning and Fiscal Management
 ORDA Office of Research and Data Analysis
 OSEP Office of Special Education Programs
 OSERS Office of Special Education and Rehabilitation Services
 OSPI Office of the Superintendent of Public Instruction
 OT Occupational Therapist
 OT Occupational Therapy
 OTR Licensed and Registered Occupational Therapist

P P P P ...

P&A Protection and Advocacy
 P/O Project Options (a program to reduce the size of larger institutions, formerly referred to as "downsizing")
 PA Physicians Assistant (HO)
 PA Public Assistance
 PAC Parent Advisory Committee
 PASS Plan for Achieving Self Support
 PAVE Parents Are Vital In Education
 PCP Primary Care Physician (HO)
 PCM Positive Crisis Management
 PEAK Parent Education and Assistance for Kids

disabilities

- ◇ books and magazines on audio cassette, large print or Braille

CHILDREN'S THERAPY SERVICES

(also see Services for Children With Special Needs, page 33)

MULTIPLE SERVICE PROVIDERS

Children's Hospital 1-866-987-2000
 Children's Resource Line 1-866-987-2500
 TTY 206-987-2280
 4800 Sand Point Way NE, Seattle WA 98105
 Web: www.seattlechildrens.org

Harrison Hospital Pediatric Rehabilitation Services 360-662-6080
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
 V/TTY 206-323-5770
 1625 19th Ave., Seattle, WA 98122
 Web: www.hsdcc.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

Holly Ridge Center 360-373-2536
 5112 NW Taylor Rd., Bremerton WA 98312
 E-Mail: hrc@telebyte.com
 Website: www.hollyridge.org

Mary Bridge Children's Health Center 360-662-1200
 Toll Free 1-800-552-1419
 1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677
 Web: www.multicare.org

Mary Bridge Children's Hospital 253-403-1400
 317 Martin Luther King Jr. Way, Tacoma WA 984054234
 Web: www.multicare.org

OCCUPATIONAL THERAPISTS

Catherine Whiting 206-780-5664
 13881 John St. NE, Bainbridge Island, WA 98110
 ◇ serves children birth to teens

Center for Therapeutic Intervention253-851-3874
6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335

Elk's Therapist253-307-8914
P.O. Box 11076, Tacoma WA 98411-0760
Web: www.waelks.org

◇ contact: Sheila Allen, OT

**Harrison Hospital Pediatric
Rehabilitation Services**.....360-662-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
V/TTY206-323-5770
1625 19th Ave., Seattle, WA 98122
Web: www.hsdc.org

◇ free screenings, call for appointment

PHYSICAL THERAPISTS

**Harrison Hospital Pediatric
Rehabilitation Services**.....360-662-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Kitsap Children's Therapy.....360-697-2228
19319 7th Ave. NE, Suite 114, Poulsbo WA 98370

◇ contact: Kristin Zinn, MS, PT
◇ pediatric children's therapy

SPEECH THERAPISTS

**Children's Hospital
Speech and Language**206-987-2104
4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371
www.seattlechildrens.org

**Harrison Hospital Pediatric
Rehabilitation Services**.....360-662-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
V/TTY206-323-5770
1625 19th Ave., Seattle, WA 98122
Web: www.hsdc.org

◇ free screening, call for appointment

LPN Licensed Practical Nurse (HO)
LRE Least Restrictive Environment
LSC Life Safety Code (HO)
LVN Licensed Vocational Nurse (HO)

M M M M ...

MAA Medical Assistance Administration
MAAC Maximum Allowable Actual Charge (HO)
MAF Medical Assistance Facility (HO)
MAP Medical Audit Program (HO)
MCAT Medical College Admission Test (HO)
MCH Maternal and Child Health program (HO)
MCO Managed Case Organization (HO)
MD Medical Doctor
MD Muscular Dystrophy
MDT Multiple Disciplinary Team
MEDLARS Medical Literature and Analysis Retrieval System (HO)

MH Mental Health
MH Multiply Handicapped
MIHCP Medically Intensive Home Care Program
MMIS Medicaid Management Information System (HO)
MPC Medicaid Personal Care
MR Mental Retardation
MRI Magnetic Resonance Imaging (HO)
MS Multiple Sclerosis
MSA Metropolitan Statistical Areas (HO)
MSW Master of Social Work

N N N N ...

NACo National Association of Counties (HO)
NAEYC National Association for the Education of Young Children
NARC National Association for Retarded Children
NARI Northwest Association of Rehabilitation Industries
NCA National Council on Aging
NCHS National Center for Health Statistics (HO)
NCHSR/HCTA National Center for Health Services Research/Health Care Technology Assessment (HO)
NDT Neurodevelopment Treatment
NF Nursing Facility
NGA National Governor's Association (HO)
NHIS National Health Interview Survey
NHSC National Health Service Corps (HO)
NICU Neonatal Intensive Care Unit (HO)
NIH National Institute of Health (HO)

IDEA Individuals with Disabilities Education Act
 IDF Immune Deficiency Foundation
 IEP Individualized Education Plan
 IES Independent Employment Services (*provider*)
 IFSP Individual Family Service Plan
 IHP Individual Habilitation Plan
 IMR Institution for Mentally Retarded (*federally funded group home*)
 IOM Institute of Medicine of the National Academy of Sciences (*HO*)
 IPP Individual Program Plan
 IQ Intelligence Quotient
 IRWE Income-Related Work Expense
 ISE Individual Supported Employment
 ISP Individual Service Plan
 ITA Involuntary Treatment Act
 ITEIP Infant Toddler Early Intervention Program
 ITP Individual Training Plan
 ITP Individual Transition Plan

J J J J ...

JAMA Journal of American Medical Association
 JCAHO Joint Commission on Accreditation of Healthcare (*HO*)
 JTPA Job Training Partnership Act of 1982 (*the manpower and training programs for youth and adults which are funded by the law*)
 JWOD Javits Wagner O'Day Act

K K K K ...

KAT Kitsap Applied Technologies (*provider*)
 KC Kitsap County
 KICC Kitsap Interagency Coordinating Council
 KMH Kitsap Mental Health
 KJR Kitsap/Jefferson Residences (*provider*)
 KSAC Kitsap Sexual Assault Center
 KTSS Kitsap Tenant Support Services (*provider*)

L L L L ...

L-TC Long-Term Care
 LD Learning Disabled
 LD Learning Disability
 LDA Learning Disability Association
 LEA Local Education Agency
 LICWAC Local Indian Child Welfare Advisory Board
 LOS Length of Stay (*HO*)

Mary Bridge Speech and Hearing253-403-4437
 Toll Free.....1-800-552-1419, ext. 4437
 1220 Division Ave., Tacoma WA 98405

Tacoma Speech and Hearing Center253-472-6454
 5005 Center St., Suite H, Tacoma WA 98409

CLOTHING/FOOD

Helpline House/Bainbridge Is.206-842-7621
 282 Knechtel Way, Bainbridge Island WA 98110

S. Kitsap Helpline/Port Orchard360-876-4089
 1351 Bay Street, Port Orchard WA 98366

◇ food bank, thrift store

Salvation Army360-373-5550
 PO Box 886, (832 6th St.), Bremerton WA 98337
 Website: www.bremertonsalvationarmy.org

◇ Serving breakfast and lunch; call for meal times

◇ food bank

St. Vincent de Paul.....360-479-7017
 1137 N Callow, Bremerton WA 98312

◇ food bank and assistance office

St. Vincent de Paul.....360-377-2929
 1117 N. Callow, Bremerton, WA 98312

◇ thrift store

DEAFNESS

(also see **Washington State/National Advocacy/Disability Support on page 40**)

Able Opportunities (V/TTY)360-638-0881
 P.O. Box 468, Hansville, WA 98340
 Web: www.ableopportunities.com

◇ vocational evaluation and placement, independent living assessments and training

◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss

Early Hearing Loss, Detection, Diagnosis, and Intervention Program.....206-418-5613

20435 72nd Ave., Suite 200, Kent, WA 98032

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant

Family Conversations.....206-987-5147

4800 Sand Point Way NE, W6640, Seattle, WA 98105-0371

- ◇ home based program for families with deaf or hard of hearing children living in western Washington
- ◇ playgroups, parent support, sign language classes and assistance with school transition

Hearing, Speech, and Deafness Center (HSDC)

V/TTY.....206-323-5077

1625 19th Ave., Seattle, WA 98122

Web: www.hsdc.org

- ◇ parent-infant program for families with deaf or hard of hearing children, programs for deaf youth
- ◇ community sign language classes, continuing ed. workshops for professionals,
- ◇ workshops for Deaf and hearing co-workers

Holly Ridge Center.....360-373-2536

Toll Free..... 1-800-449-1660

5112 NW Taylor Rd. , Bremerton, WA 98312

Web: www.hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

Kitsap County

Family Resource Coordination360-373-2536

Toll Free 1-800-449-1660

5112 NW Taylor Rd. , Bremerton, WA 98312

E-mail: frc@telebyte.com

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County School Districts (special services)

Bainbridge Island206-842-2907

Bremerton360-478-5135

Central Kitsap.....360-662-1040

North Kitsap360-394-2604

South Kitsap.....360-443-3625

FMG

Foreign Medical Graduate (HO)

FNP

Family Nurse Practitioner (HO)

FPL

Federal Poverty Level

FPLS

Federal Parent Locator Service (1997 Welfare Reform)

FRC

Family Resource Coordinator (for children birth to three)

FSDB

First Steps Database

FTC

Federal Trade Commission (HO)

FY

Fiscal Year

G G G G ...

GHAA

Group Health Association of America (HO)

GIA

Grant-in-Aid

GP

General Practitioner (HO)

H H H H ...

HHS

Department of Health and Human Services (HO)

HCBS

Home and Community Based Services Waivers (DSHS)

HCFA

Health Care Financing Administration (federal)

HEDIS

Health Plan Employer Data and Information Set (HO)

HI

Health Impaired

HI

Hearing Impaired

HIAA

Health Insurance Association of America (HO)

HMO

Health Maintenance Organization (HO)

HMSA

Health Manpower Shortage Area (HO)

HOH

Hard of Hearing

HRC

Holly Ridge Center (provider)

HRSA

Health Resources and Services Administration (HO)

HSA

Health Service Area (HO)

HSA

Health Systems Agency (HO)

HUD

Housing and Urban Development (federal)

HWD

Healthcare for Workers with Disabilities (MAA)

I I I I ...

I&R

Information and Referral

IADL

Instrumental Activities of Daily Living (HO)

ICAP

Inventory for Client and Agency Planning

ICC

Interagency Coordinating Council

ICD-9

International Classification of Diseases, 9th Revision

ICDA

International Classification of Diseases, Adapted (HO)

ICF

Intermediate Care Facility

ICF/MR

Intermediate Care Facility for the Mentally Retarded

ICU

Intensive Care Unit (HO)

DMD	Doctor of Dental Medicine (HO)
DME	Durable Medical Equipment (HO)
DMH	Division of Mental Health
DO	Doctor of Osteopathy (HO)
DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group (HO)
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVM	Doctor of Veterinary Medicine (HO)
DVR	Division of Vocational Rehabilitation (DSHS)
E E E E ...	
E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEAP	Early Childhood Education and Assistance Program
ECF	Extended Care Facility (HO)
ED	Emotionally Disturbed (severely behaviorally disabled)
EEG	Electroencephalogram
EEU	Experimental Education Unit
EFM	Exceptional Family Member Program (Military)
EKG	Electrocardiogram
EMR	Educable Mentally Retarded
EMS	Emergency Medical Services (HO)
EPA	Exclusive Provider Arrangement (HO)
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program (HO)
ER	Emergency Room (HO)
ERSA	Employee Retirement Income Security Act (HO)
ESD	Educational Service District
ESRD	End Stage Renal Disease (HO)
ESY	Extended School Year
ET	Expenditure Target (HO)
F F F F ...	
FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals (HO)
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration (HO)
FEHBP	Federal Employees Health Benefits Program (HO)
FICA	Federal Insurance Contributions Act (HO)

Kitsap Regional Library360-405-9100
 1301 Sylvan Way, Bremerton, WA 98310
 Web: www.krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ Call 360-405-9127 for Outreach and Support Services

N.W. Lions Foundation
For Sight and Hearing206-682-8500
 Toll Free 1-800-847-5786
 Web: www.nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

Olympic College
 Adaptive Technology360-475-7510
 Access Services360-475-7540
 Web: www.oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities, American Sign language classes

Tacoma Area Coalition of Individuals with Disabilities (TACID) V 1-253-565-9000
 TTY 1-253-565-3486
 6315 S. 19th St, Tacoma, WA 98466
 Web: www.tacid.org

- ◇ deaf-blind and hard of hearing services

Washington Talking Book and Braille Library 1-800-542-0866
 2021 9th Avenue, Seattle WA 98121-2783
 E-Mail: wtbb@wtbb.org
 Web: www.wtbb.org

- ◇ free, statewide public library service for individuals with disabilities; books and magazines on audio cassette

EDUCATION

Bainbridge Island School District
Special Education206-842-2907

- ◇ contact: Clayton Mork, special education director, 206-780-1069
- ◇ early childhood coordinator - 206-780-3034

Bremerton School District

Special Services Department360-473-1008

- ◇ contact: Robert Hamilton, special education director
- ◇ contact: Linda Sullivan-Dudzic, early childhood coordinator

Central Kitsap Community Schools360-662-1638

Web: www.cksd.wednet.edu/commschool

- ◇ free publications available at libraries and schools, with schedules of a variety of classes

Central Kitsap School District

Special Services Department360-662-1040

- ◇ serving: Bangor, Silverdale, Bremerton
- ◇ contact: David William Moseman, special education director
- ◇ contact: Jim Siridakis, pre-school coordinator

Disabilities, Opportunities, Internetworking

And Technology (DO-IT) (V/TTY) ...206-685-3648

Toll Free (V/TTY) 1-888-972-3648

University of Washington, Box 355670, Seattle, WA 98195-5670

Web: www.washington.edu/doit

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

ERIC– Educational Resources

Information Center

Web: www.eric.ed.gov

- ◇ database with information on the education of children with disabilities and children who are gifted

Kitsap Community Resources,

Head Start/Early Childhood Education and

Assistance Program360-473-2075

1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

Kitsap County Parent Coalition360-769-2220

Toll Free 1-800-347-7387

- ◇ PAVE Chapter of Kitsap County
- ◇ contact: Don and Nancy Martin

CHC	Community Health Center (HO)
CHDD	Center on Human Development and Disabilities— <i>formerly CDMRC</i>
CHMC	Children's Hospital and Medical Center— <i>formerly COH</i>
CHP	Comprehensive Health Planning (HO)
CME	Continuing Medical Education (HO)
CMHC	Community Mental Health Center (HO)
CMP	Comprehensive Medical Plan (HO)
COB	Coordination of Benefits (HO)
COG	Council of Governments (HO)
COH	Children's Orthopedic Hospital— <i>now CHMC</i>
CON	Certificate of Need (HO)
COTH	Council of Teaching Hospitals (HO)
CP	Cerebral Palsy
CPA	Certified Public Accountants (HO)
CPHA	Commission on Professional and Hospital Archives (HO)
CPI	Consumer Price Index (HO)
CPR	Cardio-Pulmonary Resuscitation
CPR	Customary, Prevailing and Reasonable (HO)
CPS	Child Protective Services
CPT-4	Current Procedural Terminology, Fourth Edition (HO)
CRVS	California Relative Value Studies (HO)
CSHCN	Children with Special Health Care Needs— <i>formerly CCS (Department of Health)</i>
CSO	Community Service Office (DSHS)
CT	Computer Tomographic (scanners) (HO)
D D D D ...	
(D)HHS	Department of Health and Human Services (HO)
DCD	Department of Community Development
DCFS	Division of Children and Family Services (DSHS)
DD	Developmental Disabilities
DD	Developmentally Disabled
DD	Developmentally Delayed
DDC	Developmental Disabilities Council— <i>formerly DDPC</i>
DDD	Division of Developmental Disabilities (DSHS)
DDPC	Developmental Disabilities Planning Council— <i>now DDC</i>
DDS	Doctor of Dental Surgery (HO)
DEA	Drug Enforcement Administration (HO)
DH	Developmentally Handicapped
DIS	Department of Investigative Services
DMA	Division of Medical Assistance

ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials (HO)
AVER	Annual Vocational Evaluation Report
B B B B ...	
BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BCA	Blue Cross Association (HO)
BD	Behaviorally Disabled
BHP	Basic Health Plan (HO)
BHP/Plus	Basic Health Plan for eligible children (HO)
BIA	Bureau of Indian Affairs
CC C C ...	
CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program (<i>Department of Community Development</i>)
CAP	Client Assistance Program (<i>Division of Vocational Rehabilitation</i>)
CAT	Computerized Axial Tomography (HO)
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan (HO)
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCS	Crippled Children's Services— <i>now CSHCN (Department of Health)</i>
CCU	Coronary Care Unit (HO)
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention (HO)
CDS	Communication Disorders Specialist— <i>now SLP</i>
CDMRC	Child Development and Mental Retardation Center— <i>now CHDD</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services (HO)
CHAP	Children Have a Potential (<i>Air Force Handicap Assistance Program</i>)

National Dissemination Center for Children with Disabilities, (NICHCY)(V/TTY)..... 1-800-695-0285
Web: www.nichcy.org
◇ information and referral center, children/youth from birth to age 22

**North Kitsap School District
Special Services Department.....360-394-2604**
◇ serving: Poulsbo, Bangor, Keyport, Kingston, Port Gamble, Hansville, Suquamish, Indianola
◇ Dorothy Siskin, special education director, 360-394-2600
◇ Ron Hunter, early childhood coordinator, 394-1133
◇ Dr. Eugene Medina, superintendent, 360-779-8700

Olympic College Access Services.....360-475-7540
1600 Chester Ave., Bremerton WA 98337-1699
◇ supportive services for students with disabilities
◇ contact: Karen Fusco, program manager

Olympic ESD 114360-479-0993
105 National Ave. N, Bremerton WA 98312
Web: www.oesd.wednet.edu
◇ serving the Olympic and Kitsap Peninsulas
◇ Carol Pacheco, special programs director, 360-478-6886
◇ Headstart and ECEAP, 360-478-6887

Post-ITT
Web:www.postitt.org
◇ web-based resource to aid students with disabilities transition from high school to college, comprehensive information about disability support services for technical, 2-year and 4-year colleges

**Rights in Education, Superintendent
of Public Instruction360-725-6000**
◇ supplementary special education, transition
◇ publications on rules and regulations
www.k12.wa.gov

**Seattle Central Community College
Seattle (V/TTY)206-587-4183**
Web: www.seattlecentral.edu
◇ special support services
◇ contact: Al Souma, counselor

**Seattle University, Center for Change
in Transition Services**.....206-296-6494

PO Box 222000, Seattle, WA 98122-1090
Website: www.seattleu.edu/ccts

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities
- ◇ contacts: Cinda Johnson, Dennis Hasko, Lisa Scheib

**Special Education Parent Advisory Council
(S.E.P.A.C)**

specialservices.cksd.wednet.edu/sepac.htm

- ◇ Working partnership between parents educators and the special education community.
- ◇ Promotes awareness of student with special needs
- ◇ Contact Sharon Dommermuth at theupside@comcast.net

South Kitsap School District

Special Services Department.....360-443-3625

- ◇ serving: Port Orchard, Burley, Olalla, Manchester, Southworth, Sunnyslope, Gorst
- ◇ contact: Rita Reandeau, special education director
- ◇ contact: Jerre Daniels-Hall, early childhood coordinator

Special Education Technology Center.....509-963-3350

Central Washington University
400 East University Way, Ellensburg, WA 98926-7413

- ◇ A statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

Superintendent of Public Instruction.....360-725-6000

Web:www.k12.wa.us

- ◇ health services 360-725-6040
- ◇ legal services 360-725-6133
- ◇ special education services 360-725-6075
- TTY 360-664-3631
- ◇ transportation 360-725-6120

Washington PAVE (V/TDD) 1-800-572-7368

6316 S. 12th St., Tacoma, WA 98465
Web:www.washingtonpave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and

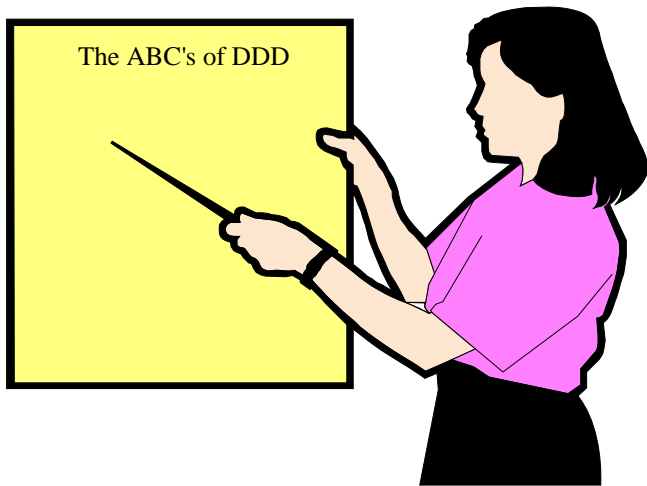
ACRONYMS

HO in italics following the definition stands for Healthy Options.

A A A A ...

- AAESPH American Association for Education Services of Severely and Profoundly Handicapped
- AAMC Association of American Medical Clinics *(HO)*
- AAMC Association of American Medical Colleges *(HO)*
- AAPCC Adjusted Average Per Capita Cost *(HO)*
- AAMD American Association of Mental Development
- AAPS American Association of Physicians and Surgeons *(HO)*
- AASA Aging and Adult Services Administration
- ACCH Association for the Care of Children's Health
- ACHS Association of Counties of Human Services—*state-wide county association which has a Developmental Disabilities core section*
- ADA American Dental Association *(HO)*
- ADA American Dietetic Association *(HO)*
- ADA Americans with Disabilities Act
- ADSA Aging and Disability Services Administration
- ADD Attention Deficit Disorder
- ADHD Attention Deficit-Hyperactive Disorder
- ADL Activities of Daily Living
- AES Adult Employment Service
- AFDC Aid to Families with Dependent Children—*now TANF (1997 Welfare Reform)*
- AGPA American Group Practice Association *(HO)*
- AHA American Hospital Association *(HO)*
- AHCPR Agency for Health Care Policy and Research *(HO)*
- AHEC American Health Education Center *(HO)*
- AIDS Acquired Immune Deficiency Syndrome
- ALIVE Alternatives to Living in a Violent Environment
- AMA American Medical Association *(HO)*
- ANA American Nurses Association *(HO)*
- ANHA American Nursing Homes Association *(HO)*
- AOA American Optometric Association *(HO)*
- AOA American Osteopathic Association *(HO)*
- APA Administrative Procedures Act *(HO)*
- APA American Pharmaceutical Association *(HO)*
- APHA American Protestant Hospital Association *(HO)*
- APHA American Public Health Association *(HO)*
- APS Adult Protective Services
- ARC Advocacy for the Rights of Citizens with Disabilities

The ABC's of DDD



***A listing of
Acronyms and Phrases
frequently used
in conjunction with
Developmental Disabilities
and Healthy Options***

- ◇ school age children with special needs
- ◇ workshops, referrals, and support

West Sound Technical Skills Center360-473-0550
101 National Avenue N, Bremerton WA 98312

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

EMPLOYMENT/ COMMUNITY ACCESS (also see **Governmental Supports**, page 18)

Able Opportunities (V/TTY)360-638-0881
P.O. Box 468, Hansville, WA 98340
Web: www.ableopportunities.com

- ◇ vocational evaluation and placement, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss

Bainbridge Island Youth Services206-842-9675
9530 High School Rd., PO Box 11173, Bainbridge Island WA 98110
Web: www.bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap
- ◇ Contact: Lori Midthun

Cares of Washington360-377-1502
2817 Wheaton Way, Suite 209, Bremerton, WA 98310
Web: www.caresofwa.org

- ◇ short and long-term individual supported employment and community access services

Communitas360-377-7231
920 Park Ave., Bremerton, WA 98337
Web: www.communitas.org

- ◇ community access services
- ◇ contact: Lonny Folger

Easter Seals Washington360-373-2502
1740 NE Riddell Rd, Suite 315, Bremerton WA 98310
Web: www.easter-seals.org

- ◇ supported individual employment, community access services
- ◇ contact: Sue Pritchard, director

Helpline House206-842-7621
282 Knetchel Way, Bainbridge Island, WA 98110
Web: www.helplinehouse.org

- ◇ community access and person-to-person services
- ◇ contact: Donna Dahlquist, program manager

-Notes-

Holly Ridge Center 360-373-2536

5112 NW Taylor Rd, Bremerton WA 98312
 E-Mail: hrc@telebyte.com
 Web: www.hollyridge.org

- ◇ supported group and individual employment, job placement and retention services
- ◇ contact: Melinda Earl, AES program manager

Job Corps/WorkSource 360-337-4730

1300 Sylvan Way, Bremerton, WA 98310

- ◇ skills training for young adults, age 16 to 24
- ◇ contact: Paige Robinson

Kitsap Applied Technologies 360-377-5454

4195 Wheaton Way, Bremerton WA 98310
 E-mail: customerservice@katkitsap.org
 Web: www.katkitsap.org

- ◇ sheltered, group supported and individual supported employment, community access

Kitsap Community Resources 360-373-1898

845 8th St., Bremerton WA 98337

- ◇ employment and training, community service
- ◇ AmeriCorp 360-473-2015

Kitsap County Personnel and Human Services

Job Line, Port Orchard 360-337-7185

Web:www.kitsapgov.com

- ◇ recorded employment information on jobs with Kitsap County

Pathways to Employment 360-782-0495

865 6th St., Suite 370 and 380, Bremerton, WA 98337

- ◇ contact: Barbara Rinehardt, e-mail: pspblr@yahoo.com
- ◇ contact: Heidi Stinebiser, e-mail: pte@wavecable.com
- ◇ individual assessment, employment, job development, placement, and retention services

Pathways to Success/WorkSource 360-337-4738

TTY 360-337-4778

1300 Sylvan Way, Bremerton, WA 98310
 Web: www.kitsapgov.com

- ◇ academic support, job training, career development for youth

ages 16-21

Peninsula Services

Vocational Services.....360-377-5544

327 Pacific Ave, Bremerton WA 98337

Werner Road Site.....360-479-6520

Business Office360-373-1446

7500 Werner Road, Bremerton, WA 98312

- ◇ individual and group supported employment, vocational rehabilitation, job development and placement services

Positive Solutions.....360-373-5206

2817 Wheaton Way, Suite 209, Bremerton, WA 98310

Web: www.psbrc.org

- ◇ benefits planning for SSI and SSDI recipients considering employment; SSI and SSDI work incentive workshops

Sound Works Job Center, Poulsbo360-779-1160

Fax360-779-4069

PO Box 2019, Poulsbo WA 98370

Web: www.soundworks.home.donobi.net

- ◇ non-profit employment services, employment resources, job listings

Washington State Employment Security Dept,

Employment Support Project.....360-337-4760

1300 Sylvan, Bremerton WA 98310

- ◇ individual training and employment assistance for individuals with developmental disabilities
- ◇ contact: Doug Breese, program manager

Work Equation (V/TTY)360-692-2061

Toll Free 1-866-475-2061

PO Box 211, Silverdale, WA 98383

- ◇ short-term individual supported employment

WorkSource.....360-337-4810

TTY360-792-2179

1300 Sylvan Way, Bremerton, WA 98312

Web: www.kitsapgov.com

- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

GOVERNMENTAL SUPPORTS

Department of Social and Health Services (DSHS), Community Services Office 1-800-338-7410

4710 Auto Center Blvd, Bremerton, WA 98312

- ◇ food stamps, financial and medical assistance..... 360-473-2200
- ◇ licensed adult family homes, referrals..... 360-473-2299

DSHS, Adult Protective Services.....360-473-2192

Toll Free 1-888-833-4925

Fax360-478-6467

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

DSHS, Aging and Disability Services

Administration 360-725-2300

Toll Free 1-800-422-3263

PO Box 45600, Olympia, WA 98504

Web: www.adsa.dshs.wa.gov

DSHS, Division of Children and Family Services, Child Protective Services 360-475-3688

Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

DSHS, Division of Developmental

Disabilities (DDD) 360-475-3490

Toll Free 1-800-735-6740

3423 6th St., Bremerton, WA 98312

Web: www1.dshs.wa.gov/ddd

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

DSHS, Division of Vocational Rehabilitation (DVR)

- ◇ Silverdale.....360-698-4360
3888 NW Randall Way, Ste 101, Silverdale WA 98382

- ◇ Port Orchard.....360-874-7240
2465 Bethel Rd SE, Ste 201, Port Orchard, WA 98366

Web: www1.dshs.wa.gov/dvr

- ◇ post high school assessment, education, placement, training,

Web: www.dsb.wa.gov

- ◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

Washington PAVE Parent-to-Parent Training Project 1-800-572-7368

Web: www.washingtonpave.org

Washington Sensory Disabilities Services (V/TTY) 1-800-572-7000

E-Mail: wdsd@psed.org

Web: www.wsdsonline.org

- ◇ deaf/hard of hearing, blind/visually impaired, deaf/blind

Washington State Developmental Disabilities Council 1-800-634-4473

E-Mail: edh@cted.wa.gov

Web: <http://www.wa.gov/ddc>

2600 Martin Way, Suite F, Olympia WA 98504-8314

- ◇ legislative information, grants, education

Washington State Father's Network.....425-747-4004 ext. 4286

Web: www.fathersnetwork.org

- ◇ support, information, resources for fathers of children with special health care needs and/or developmental disabilities

Washington State Legislative Hotline..... 1-800-562-6000

P O Box 40600, Olympia, WA 98504

Web: www1.leg.wa.gov

Washington Talking Book and Braille Library 206-615-0400 or 1-800-542-0866

Web: www.wtbl.org

2021 9th Avenue, Seattle WA 98121

- ◇ serves the entire state

-Notes-

E-mail: info@rpinternational.org
Web: www.rpinternational.org

Self Advocates of Washington,

Kitsap360-550-8365
State (Bob Furman).....253-565-3091

- ◇ self-advocacy groups for people with developmental disabilities

Sickle Cell Disease

Association of America 1-800-421-8453
Website: www.sicklecelldisease.org

TASH202-263-5600
Web: www.tash.org

- ◇ International membership association promoting equity, opportunity and inclusion for people with developmental disabilities.

Tourettes Syndrome Association.....718-224-2999
Web: www.tsa-usa.org
42-40 Bell Blvd, Suite 205., Bayside NY 11361-2820

**U.S. Dept. of Housing and Urban Development,
Fair Housing Enforcement** 1-800-877-0246
TTY206-220-5185
909 First Ave., Suite 205, Seattle, WA 98104
Web: www.hud.gov/fairhousing

- ◇ handles complaints related to housing discrimination

**U.S. Department of Justice,
ADA Homepage** 1-800-514-0301
TTY 1-800-514-0383
Web: www.ada.gov

**U.S. Department of Justice,
Equal Employment Opportunity Commission,
(EEOC)** 1-800-669-4000
TTY 1-800-669-6820
Web: www.eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

**Washington Department of
Services for the Blind** 1-800-552-7103

eligibility for services, referrals, case management, employment training and assistance

**DSHS, Medical Assistance
Administration (MAA)** 1-800-562-3022
PO Box 45505, Olympia, WA 98504
Web: http://maa.dshs.wa.gov

**DSHS, Working Connections
Childcare**360-473-2200
4710 Auto Center Blvd., Bremerton, WA 98312

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

Frances Haddon Morgan Center.....360-475-3480
3423 6th St., Bremerton WA 98312

- ◇ small state residential/rehabilitation facility supporting persons with autism

Kitsap County

Developmental Disabilities360-337-4624
614 Division St . MS-23, Port Orchard WA 98366
E-Mail: koneal@co.kitsap.wa.us
Web: www.kitsapgov.com

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- ◇ contact: Kelly Oneal, DD Coordinator

Social Security Administration 1-800-772-1213
9594 Mickleberry Rd. NW, Silverdale, WA 98383
Web: www.socialsecurity.gov

- ◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

Washington State Information 1-800-321-2808
Web: http://access.wa.gov

- ◇ provides number for any state agency in Washington State

GUARDIANSHIP SERVICES

Arc of Kitsap/Jefferson County360-377-3473
3243 N. Perry Ave., Bremerton WA 98310

Hoehnen Foundation360-377-3473

3243 N Perry Ave., Bremerton WA 98310

- ◇ non-profit corporation providing guardianship services for people with disabilities
- ◇ contact: Sue Pritchard.....360-697-3269
- ◇ contact: Lou Isham.....360-373-9903

Lifetime Advocacy Plus206-367-8055

Fax206-367-8353

444 NE Ravena Blvd., Suite 208, Seattle WA 98115

Web: www.laplus.org

- ◇ provides guardianship and trust management

HOUSING/LIVING ASSISTANCE

Bremerton Housing Authority360-479-3694

110 Russell Rd., Bremerton WA 98312

Web: www.bremertonhousing.org

- ◇ applications for public housing, housing for people with disabilities, home ownership programs

Catholic Social Services Benedict House,

Single Men's Shelter360-405-9486

Toll Free 1-866-246-3642

- ◇ contact for eligibility requirements and available program services

City of Bremerton360-478-5375

Web: www.ci.bremerton.wa.us

- ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- ◇ contact program for eligibility requirements

Christmas in April/Rebuilding Together ..360-479-5778

5251 Auto Center Way

- ◇ home repair program for low income home owners

Communitas360-377-7231

920 Park Ave., Bremerton WA 98337

- ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

Habitat for Humanity of Kitsap County360-479-3853

811 Veneta, PO Box 5347, Bremerton WA 98312-0516

Web: www.kitsaphabitat.org

Housing Resources Board (HRB).....206-842-1909

Web: www.ninds.nih.gov

NIH Neurological Institute, PO Box 5801, Bethesda MD 20824

- ◇ call for publications

National Multiple Sclerosis Society 1-800-344-4867

192 Nickerson Suite 100, Seattle WA 98109

National Web: www.nationalmssociety.org

Local Web: www.nationalmssociety.org/was

National Organization for Albinism..... 1-800-473-2310

Web: www.albinism.org

National Organization for

Rare Disorders, Inc 203-744-0100

Toll Free 1-800-999-6673

Web: www.rarediseases.org

P O Box 1968, Danbury, CT 06813

National Organization

on Fetal Alcohol Syndrome 202-785-4585

Toll Free 1-800-666-6327

900 17th Street NW, Suite 910, Washington, DC 20006

Web: www.nofas.org

National Rehabilitation Information

Center 1-800-346-2742

TTY 301-459-5984

Web: www.naric.com

National Reyes Syndrome

Foundation 419-636-2679

Toll Free 1-800-233-7393

E-Mail: nrsf@reyessyndrome.org

Web: www.reyessyndrome.org

National Spinal Cord Injury Association

National Office 1-800-962-9629

Web: www.spinalcord.org

National Tuberos

Sclerosis Alliance 1-800-225-6872

801 Roeder Rd., Suite 750, Silver Spring, MD 20910

Web: www.tsalliance.org

Retinitis Pigmentosa Association 1-818-992-0500

PO Box 900 Woodland Hills, CA 91365

1904 3rd, Suite 230, Seattle WA 98101
Web: www.marchofdimes.com/washington
National Web: www.marchofdimes.com

National Aids Information Clearing House

Toll Free 1-800-458-5231
TTY..... 1-800-243-7012

Web: www.cdc.gov

◇ to order printed materials, 1-800-458-5231

National Alliance of Blind Students 1-800-424-8666

Web: www.acb.org

**National Association for Parents of Children
with Visual Impairments..... 1-800-562-6265**

Web: www.napvi.org
PO Box 317, Watertown MA 02471

National Center for Stuttering 1-800-221-2483

Web site: www.stuttering.com

National Down

Syndrome Congress..... 1-800-232-6372

Fax..... 770-604-9898

1370 Center Drive, Suite 102, Atlanta, GA 30338

E-Mail: info@ndscenter.org

Web: www.ndscenter.org

National Down Syndrome Society 1-800-221-4602

Fax..... 212-979-2873

E-Mail: info@ndss.org

Web: www.ndss.org

National Easter Seal Society, Inc 1-800-221-6827

Web: www.easterseals.com

230 W Monroe, Suite 1800, Chicago IL 60606

National Institute of Health 301-496-4000

9000 Rockville Pike, Bethesda, MD 20892

Web: www.nih.gov

**National Institute of Neurological
Disorders and Stroke 1-800-352-9424**

PO Box 11391, Bainbridge Island, WA 98110

Web:www.biccfy.org

- ◇ non-profit agency that provides transitional housing, emergency rental assistance and low income/subsidized housing to income eligible individuals and families on Bainbridge Island
- ◇ independent living program that provides health and safety related home modifications to income qualified individuals

Kitsap Community Resources360-377-0053

1201 Park Ave., Bremerton WA 98337

Web: www.kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

**Kitsap County Consolidated
Housing Authority360-535-6100**

9307 Bayshore Dr. NW, Silverdale WA 98383

Web: www.kccha.com

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

**Kitsap Residences,
Port Orchard360-876-1470**

2505 Mile Hill Drive, Suite B-21, Port Orchard, WA 98366

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

**Kitsap Tenant Support Services
(KTSS)360-373-4173**

3331 Kitsap Way, Suites A & C, Bremerton WA 98312

- ◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

Max Hale Center360-792-2117

285 5th Street, Bremerton WA 98337

- ◇ non-emergency, permanent housing for homeless and income-eligible persons

St. Vincent De Paul360-479-7017

- ◇ women's shelter, contact for eligibility requirements

Ujima360-479-4402
 4001 Chico Way NW, Bremerton, WA 98312
 Web: www.ujimachildren.com

- ◇ residential and respite services for children ages 5-17 with developmental disabilities, behavior and/or emotional challenges

Washington Telephone Assistance Program

- ◇ discounts on monthly services and connection fees
- ◇ contact your residential phone service provider for eligibility requirements

INFORMATION AND REFERRAL

Child Care Resource and Referral of Kitsap County 360-405-5827
 105 National Ave. N, Bremerton WA 98312
 Web: www.resourceandreferral.org

- ◇ enhanced services for families with children with developmental disabilities

Crisis Clinic of the Peninsulas.....360-479-3033
 Toll Free 1-800-843-4793

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

Kitsap County, Domestic Violence Task Force 360-373-5392
 PO Box 48, Bremerton, WA 98337
 Web: www.kcdvtf.org

- ◇ education, information, and training on DV issues
- ◇ lending library, resource referrals

Kitsap County Parent Coalition 360-769-2220
 Toll Free 1-800-347-7387
 4619 Basswood Ct. SE, Port Orchard, WA 98366
 E-mail: parentcoalition@KITSAP-WA.org
 Web: www.KITSAP-WA.org

- ◇ information and referral, monthly newsletter

Kitsap Regional Library.....360-405-9100
 1301 Sylvan Way, Bremerton WA 98310
 Web: www.krl.org

- ◇ local and national resource database

PO Box 9046, Olympia, WA 98507

HIV and AIDS Hotline 1-800-458-5231
 PO Box 6003, Rockville, MD 20849
 Web: www.cdcpin.org

TTY 1-800-243-7012

Human Growth Foundation.....1-800-451-6434
 Web: www.hgfound.org

Hydrocephalus Association888-598-3789
 Web:www.hydroassoc.org

International Association Of Assistance Dog Partners586-826-3938
 Web: www.iaadp.org

International Rett Syndrome Foundation
 Information and Resources 1-800-818-7388
 Web: www.rettsyndrome.org

Job Accommodation Network.....1-800-526-7234
 Web: www.jan.wvu.edu
 PO Box 6080, Morgantown WV 26506-6080

- ◇ information on adaptive devices, accommodations, ADA for the workplace

Journey: A Grief Support Program..... 206-987-2062
 Social Work Department, Children's Hospital and Medical Center

Learning Disabilities Association (LDA) of WA
 Information and Referral.....1-800-536-2343
 Business line425-882-0820
 Web: www.ldawa.org

Lifetime Advocacy Plus206-367-8055
 Web: www.laplus.org

- ◇ provides guardianship and trust management

Lyme Foundation
 Info Hotline 1-800-886-5963
 Web: www.lyme.org

March of Dimes Birth Defects Foundation..... 1-206-624-1373

Cornelia de Lange Syndrome

Foundation 1-800-223-8355

Web: www.cdlsusa.org

Cystic Fibrosis Foundation 1-800-344-4823

6931 Arlington Rd, Bethesda MD 20814

E-Mail: info@cff.org

Web: www.cff.org

Described Caption and

Media Program 1-800-237-6213

TTY 1-800-237-6819

Web: www.dcmp.org

Devereux Foundation 1-800-345-1292

Web: www.devereux.org

Disability Rights Washington 1-800-562-2702

TTY 1-800-905-0209

315 5th Ave. S., Suite 850, Seattle, WA 98104

Web: www.disabilityrightswa.org

◇ advocacy, legal information

Easter Seals Washington 1-800-678-5708

Web: www.wa.easterseals.com

Epilepsy Foundation Northwest 206-547-4551

Toll Free 1-800-752-3509

3800 Aurora Avenue N, Suite 370, Seattle, WA 98103

Web: www.epilepsynw.org

◇ contact Mineko Sterling for local area support groups

Genetic Counseling

◇ Children's Hospital & Medical Centers, Seattle 206-987-2000
(ask for genetic counseling dept.) Web: seattlechildrens.org

◇ University Hospital, Seattle, 206-598-3300
(ask for genetic counseling dept.) Web: www.uwmedicine.org

◇ Mary Bridge Children's Hospital, Tacoma, 253-403-3476
(ask for genetic counseling dept.), Web: www.multicare.org

Governor's Committee on Disability Issues

and Employment 360-438-3168

Learning Disabilities Association

of Washington 1-800-536-2343

Web: www.ldawa.org

◇ referrals to individual physicians (no recommendations or endorsements), information

Senior Information and Assistance 360-337-5700

1026 Sidney, Port Orchard, WA 98366

◇ information and referral for senior programs and services

United Way InfoLink (land line) 211

From a cell phone 1-800-627-0335

Web: www.unitedwayinfo.org

◇ information and referral assistance

Washington PAVE (V/TDD) 1-800-572-7368

Web: www.washingtonpave.org

6316 S 12th St., Tacoma WA 98465

◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

LEARNING DISABILITIES

Front Street Clinic 360-697-1141

20174 Front St., PO Box 1611, Poulsbo WA 98370

◇ testing

Hope Clinic 360-698-2390

Smith Barney Bldg., Suite 201, Silverdale WA 98383

Web: www.hopecliniconline.com

◇ free testing in spring and fall only

Learning Disabilities Online

Web: www.ldonline.org

◇ web-based information and resource site related to learning disabilities

Schwab Learning

Web: www.schwablearning.org

◇ web-based parent guide related to learning disabilities and attention deficit disorder

LEGAL

Dispute Resolution Center of of Kitsap County360-698-0968

9204 Washington Ave., Silverdale, WA 98383

Web: www.kitsapdrc.org

- ◇ mediation and conciliation, and problem-solving services

Kitsap Legal Services.....360-479-6125

920 Park Avenue, Bremerton 98337

Web:www.kitsaplegalservices.org

- ◇ legal referral, works in conjunction with the NW Justice Project

Landlord/Tenant Dispute Hotline.....360-479-1683

645 4th St., Bremerton, WA 98337

Web: www.proa.ws

- ◇ information on legal rights and responsibilities for tenants and landlords

NW Justice Project, CLEAR Hotline 1-888-201-1014

TTY 1-888-201-9737

Web: www.nwjustice.org

- ◇ legal referral, information
- ◇ representatives available, M-F, 9:30-12:15, T, 3:30– 6:15

U.S. Dept. of Housing and Urban Development, Fair Housing Enforcement 1-800-877-0246

TTY206-220-5185

909 First Ave., Room 205, Seattle, WA 98101-1000

Web: www.hud.gov/fairhousing

- ◇ handles complaints related to housing discrimination

U.S. Dept. of Justice, Equal Employment Opportunity Commission, (EEOC) 1-800-669-4000

TTY 1-800-669-6820

Web: www.eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

Washington Protection and Advocacy System, Seattle 1-800-562-2702

TTY 1-800-905-0209

Web: www.disabilityrights.org

- ◇ legal, information

Web:www.asha.org

Arc of the United States 1-800-433-5255

1010 Wayne Avenue, Suite 650, Silver Springs, MD 20910

Web:www.thearc.org

Arc of Washington State360-357-5596

Toll Free 1-888-754-8798

2600 Martin Way E., Suite B, Olympia, WA 98506

Web:www.arcwa.org

Autism Society of America..... 1-800-328-8476

Web: www.autism-society.org

Autism Society of Washington.....1-888-279-4968

Web: www.autismsocietyofwa.org

Batten's Disease Support Research Association

Toll Free 1-800-448-4570

Web:www.bdsra.org

Boys Town,

National Research Hospital402-498-6511

TTY402-498-6543

Web: www.boystownhospital.org

Web: www.babyhearing.org

Brain Injury Association

Family Helpline 1-800-444-6443

Web: www.biausa.org

Brain Injury Association

of Washington 1-800-523-5438

Web: www.biawa.org

3516 S. 47th St., Suite 100, Tacoma WA 98409

Children's Tumor Foundation, (von Recklinghausen's Disease)....212-344-6633

Toll Free 1-800-323-7938

Web: www.ctf.org

Cleft Palate Foundation 1-800-242-5338

Web: www.cleftline.org

Cochlear Implant Information -

Nucleus Hotline 1-800-523-5798

830 Pacific Ave., Suite 101, Bremerton WA 98337
Web:www.lcsnw.org

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

Volunteer Action Center, United Way.....360-377-8505
647 4th St., Bremerton WA 98337
Web:www.unitedwaykitsap.org

Volunteer Chore Service.....360-405-0072
Toll Free 1-866-246-3642
2525 6th St, Suite D, Bremerton WA 98337

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.
- ◇ contact: Donna Jones, ext. 26

Volunteers of America, Western Washington
Mentoring Children of Promise.. ...425-259-3191
Web: www.voaww.org

- ◇ mentoring program that matches volunteers with children between 5-15, child must have a parent who is incarcerated or under DOC supervision

WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT

Alexander Graham Bell Association
For the Deaf and Hard of Hearing ..202-337-5220
TTY202-337-5221
3417 Volta Place NW, Washington, DC 20007
Web: www.agbell.org

**American Association on Intellectual and
Developmental Disabilities.....1-800-424-3688**
444 N. Capitol St. NW, Suite 846, Washington DC 20001-1512
Web:www.aamr.org

American Council of the Blind
National Office.....1-800-424-8666
Web: www.acb.org

American Speech-Language-Hearing Association
Action Center.....1-800-638-8255

Washington Lawhelp
Web:www.washingtonlawhelp.org

- ◇ Web-based legal information site

**Washington State Developmental Disabilities
Endowment Trust Fund 1-888-754-8798**
Web: www.arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

YWCA, Bremerton/Port Orchard.....360-479-0491
PO Box 559, Bremerton WA 98337

- ◇ legal advocacy
- ◇ family advocacy, 360-479-0522

MEDICAL/DENTAL

Basic Health Plan..... 1-800-660-9840
Web: www.basichealth.hca.wa.gov

- ◇ Washington State low-cost insuranceHealthy Kids Now
1-877-543-7669

Web: www.dshs.wa.gov

- ◇ free or low cost health insurance for children under 19

**HealthCare for Workers
with Disabilities (HWD) 1-800-337-1835**
Web: www.dshs.wa.gov

- ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage

**Kitsap County
Health District.....360-337-5235**
345 6th St., Suite 300, Bremerton, WA 98337
Web: www.kitsapcountyhealth.com

- ◇ immunization, public health nurse, children with special health care needs

Kitsap County Medical Society360-692-4881
◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services

ABC/Omni Dental.....360-373-3487
4207 Wheaton Way, Suite C, Bremerton, WA 98310

- ◇ accepts Medicaid coupons

Peninsula Community Health Centers.....360-377-3776

616 6th Street, Bremerton WA 98337

320 S Kitsap Blvd., Port Orchard WA 98366, 360-876-7215

19045 Hwy 305, Plaza 305,#180, Poulsbo WA 98370, 360-779-1963

Web: www.pchsweb.org

- ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule

Sexual Assault Nurse Examiner (S.A.N.E.)

24 Hr. On-Call Service.....360-792-6617

Toll Free 1-800-281-4024

Harrison Hospital, 2520 Cherry, Bremerton, WA 98310

- ◇ medical services, assistance and exams to victims of sexual assault
- ◇ information, support and referral

University of Washington,

DECODE Clinic206-543-4619

1959 NE Pacific St, Room B-239, Seattle, WA 98105

Web: www.dental.washington.edu/disability

- ◇ dental treatment, prevention and rehabilitation

Vision USA 1-800-766-4466

Web:www.eyes.org/eyecare

- ◇ free eye exam to qualified applicants

Washington State,

A Low Cost Dental Plan..... 1-888-227-9449

Web. www.alowcostdentalplan.com

- ◇ plan offers discounts on most dental procedures with plan provider

MENTAL HEALTH SERVICES/SUPPORTS

Bridges Mental Health Ombuds Service..360-692-1582

Toll Free 1-888-377-8174

9004 Washington Ave NW, Silverdale, WA 98383

E-mail: ombuds@kitsapdrc.org

Web: www.kitsapdrc.org

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

Bridges to Parent Voice360-692-1582

Toll Free 1-888-377-8174

Angel Flight West..... 1-888-426-2643

Web: www.angelflight.org

- ◇ free plane ride to and from medical visits for people in need

Around the Sound

Transportation Specialists253-858-7088

Toll Free 1-888-600-8043

E-mail: dispatch@around-the-sound.net

- ◇ door to door service, wheelchair accessible vehicles
- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

Kitsap Transit360-373-2877

Toll Free 1-800-501-7433

Web: www.kitsaptransit.org

200 Charleston Blvd. Bremerton, WA 98312

Kitsap Transit Access

Reservations360-479-7272

Toll Free 1-800-422-2877

TDD.....360-377-9874

Web: www.kitsaptransit.org

200 Charleston Blvd, Bremerton, WA 98312

- ◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes
- ◇ Passenger Advisory Committee (PACT), (same phone numbers)

Paratransit Services.....360-377-7007

Toll Free 1-800-756-5438

TDD (toll-free)..... 1-800-934-5438

4810 Auto Center Way, Suite Z, Bremerton WA 98312

Web:www.paratransit.net

- ◇ door-to-door wheelchair and special needs transportation
- ◇ Medicaid, private pay

VOLUNTEERS

Directors of Volunteers

in Agencies (DOVIA).....360-377-3761

811 Pacific Avenue, Bremerton WA 98337

- ◇ contact: Kelly Finch, ext. 10207

Lutheran Community Services NW360-377-5511

Toll Free 1-800-378-5771

Can-do 1-800-537-2118

Web: www.independentliving.com

- ◇ Products for individuals with visual impairments or blind

Center for Applied

Special Technology.....781-245-2212

TTY781-245-9320

40 Harvard Mills Square, Suite 3, Wakefield, MA 01880-3233

Web: www.cast.org

Community Services for the

Blind and Partially Sighted..... 1-800-458-4888

9709 Third Avenue NE #100, Seattle, WA 98115-2027

Web: www.csbps.com

Enabling Devices 1-800-832-8697

385 Warburton Avenue, Hastings on Hudson, NY 10706

Web: www.enablingdevices.com

Harris Communication..... 1-800-825-6758

TTY 1-800-825-9187

Web: www.harriscomm.com

- ◇ products for deaf and hard of hearing

Hearing, Speech and Deafness Center (HSDC)

(voice)206-323-5770

(TTY).....206-388-1275

1625 19th Ave., Seattle, WA 98122

Web: www.hsdc.org

- ◇ communication devices for Deaf and hard of hearing
- ◇ ALDs for conferences or meeting

Washington Assistive

Technology Alliance (voice)..... 1-800-214-8731

(TTY)..... 1-866-866-0162

E-mail: uwctds@u.washington.edu

Web: <http://wata.org>

- ◇ research, education, and advocacy related to assistive technology and accessible information systems

P.O. Box 3995, Silverdale, WA 98383

E-mail: parentvoice@kitsapdrc.org

- ◇ support groups for parents of children with challenging behaviors/ mental health issues, workshops, resource information

Courage to Heal Counseling Services..... 360-779-4880

18732 Ness PI NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

Crisis Clinic of the Peninsulas 360-479-3033

Toll Free 1-800-843-4793

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

Lou-Ann Lauborough, LICSW 360-876-1496

1950 Pottery Ave, Suite 25-A

Port Orchard, WA 98366

- ◇ Counseling and consultation services for individuals with developmental disabilities

Kitsap Mental Health

5455 Almira Dr. NE, Bremerton, WA 98312

Web: www.kitsapmentalhelath.org

Intake/Access 360-405-4010

Children and Family Services 360-479-4994

Adult Services..... 360-373-7049

Emergency Crisis Services..... 360-373-3425

- ◇ comprehensive mental health services

Kitsap Sexual Assault Center..... 360-479-1788

Crisis/Support 24 hr. Hotline 360-479-8500

P.O. Box 1936, Port Orchard, WA 98366

- ◇ information, crisis intervention, counseling, support groups, legal and medical advocacy

NAMI, Kitsap County 360-377-2910

Affiliate of National Alliance for the Mentally Ill

- ◇ advocacy, education, information and referral
- ◇ support groups, call for meeting times and location

Peninsula Regional Support Network..... 360-337-4886

Toll Free 1-800-525-5637

614 Division St., MS-23, Port Orchard, WA 98366

- ◇ plans and administers state funded programs for children and

TRANSPORTATION

adults with persistent and severe mental illness in Kitsap, Jefferson and Clallam counties, direct services provided by contracted vendors.

◇ contact: Anders Edgerton,

YWCA, Bremerton/Port Orchard.....360-479-5118
ALIVE, 24 Hr. Hotline.....360-479-1980
Toll Free 1-800-500-5513
Bainbridge Island/North Kitsap206-780-2931
P.O. Box 559, Bremerton, WA 98337

◇ ALIVE shelter for women and children who are victims of domestic violence, legal advocacy, support grps., youth svcs.

MILITARY SUPPORTS

Disabled American Veterans

Chapter No. 5.....360-373-2397
2315 Burwell Street, Bremerton WA 98312

◇ resources, information, newsletter
◇ contact: Charles Caessens

Kitsap County Parent Coalition360-769-2220
Toll Free 1-800-347-7387

◇ information and referral for military programs and services

Madigan Army Medical Center253-968-1110
9040 Jackson Ave., Tacoma, WA 98431
Web; www.mamc.amedd.army.mil

Naval Hospital360-475-4000
Toll Free 1-800-422-1383
Exceptional Family Member Program.360-475-4000
Social Work Department360-475-4483

Navy Relief Society

Bangor.....360-396-6704
PSNS360-377-0602

◇ family assistance, interest free loans or grants for emergency needs to active duty and retired navy/marine corps families/dependents

Navy Sexual Assault Victim Intervention (SAVI)360-315-3075

◇ leader: Sharon Barley

OutKitsap360-373-6150
PO Box 456, Bremerton, WA 98337
Web: www.outkitsap.org

◇ gay/lesbian advocacy and support organization, youth drop-in center
◇ bi-monthly newsletter

PS, My Baby Died360-275-9561
◇ Monthly support group meetings.
◇ contact: Elaine Ballein

The Parenting Place360-373-1898, ext 2134
920 Park Ave., Bremerton, WA 98337
Web: www.kcr.org

◇ parenting classes

West Sound Treatment Center360-876-9430
1415 Lumsdem Road, Port Orchard WA 98366
◇ out-patient substance abuse program

YWCA, Bremerton/Port Orchard360-479-5118
ALIVE, 24 Hr. Hotline.....360-479-1980
Toll Free 1-800-500-5513
Bainbridge Island/North Kitsap206-780-2931
P.O. Box 559, Bremerton, WA 98337

◇ ALIVE shelter for women and children who are victims of domestic violence
◇ legal advocacy, support groups, youth services

TECHNOLOGY/LITERATURE

AbleNet, Inc 1-800-322-0956
2808 Fairview Ave. N., Roseville, MN 55773
Web: www.ablenetinc.com

Apple Computer, Inc 1-800-767-2775
Web:www.apple.com

Brookes Publishing 1-800-638-3775
PO Box 10624, Baltimore, MD 21285-0624
Web: www.brookespublishing.com

◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education

Caregiver Support Center and

Caregiver Respite.....360-337-5700

Toll Free 1-800-562-6418

9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

Cascade Recovery Center360-698-7267

9095 McConnel Rd., Silverdale, WA 98383

- ◇ substance abuse outpatient programs, aftercare services

Compassionate Friends.....360-779-8113

- ◇ A self-help/support group for parents who have lost a child.
- ◇ Contact: Suzanne Coleman, suzannemcolemen@comcast.net

Kitsap County Council for

Human Rights360-337-4883

614 Division, MS/23, Port Orchard WA 98366-4676

E-mail: lbentsen@co.kitsap.wa.us

Web: www.kitsapgov.com

- ◇ meetings 2nd Tuesday every month, part of the Department of Personnel and Human Services

Kitsap Recovery Center.....360-337-4625

1975 NE Fuson Road, Bremerton, WA 98311

- ◇ substance abuse in-patient services
- ◇ outpatient services, detox

Literacy Council of Kitsap County360-373-1539

616 5th St., Bremerton WA 98337

E-Mail: literacy@krl.org

Web: www.kitsapliteracy.org

- ◇ individual tutoring in reading skills
- ◇ computer labs, year round GED preparation classes, ESL

Lutheran Community Services NW360-377-5511

Toll Free 1-800-378-5771

830 Pacific Ave., Suite 101, Bremerton WA 98337-1934

Web:www.lcsnw.org

- ◇ respite services for caregivers, home care

Multiple Sclerosis Support Group360-479-1324

3204 Ridgeview, Bremerton WA 98310

- ◇ meets third Wednesday of month, noon to 2 p.m.

E-mail: sharlyne.hays@navy.mil

- ◇ advocacy, information, referral and counseling for victims of sexual assault
- ◇ assistance with obtaining civilian and military protective orders

Specialized Training for Military Parents,

PAVE/STOMP(V/TDD).....253-565-2266

E-mail: stomp@washingtonpave.com

Toll Free 1-800-572-7368

Tri-Care 1-800-748-7347

Web: www.tricare.osd.mil

- ◇ program for individuals with disabilities

Victim Support Specialist for

Domestic Violence360-315-3070

- ◇ legal advocacy, crisis intervention, safety planning and intervention
- ◇ assistance in obtaining civilian and military protection orders
- ◇ contact: Susan Dewees

West Sound Fleet and Family Support Centers

Bangor.....360-744-4115

or 1-800-562-3301

PSNS360-476-5113

or 1-866-572-4341

Web: www.navylifepnw.com

- ◇ general social services for families or Navy personnel

PERSONAL/RESPITE CARE

Care Plus Home Health.....360-373-8016

2299 Bethel Rd. Suite #202, Port Orchard, WA 98366

- ◇ non-medical in-home personal care supports and respite services for children and adults with disabilities. Non-medical personal care supports to the elderly, nursing services available

Care Solutions.....360-692-3058

3423 NW Byron St., Silverdale, WA 98383

- ◇ home health and in-home care for individuals 18 and older
- ◇ accepts long term care health insurance and private pay

Caregiver Support Center and

Caregiver Respite360-337-5700

Toll Free 1-800-562-6418

9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

Catholic Community Services360-792-2066

Toll Free 1-800-642-8019

285 5th St., Suite 3, Bremerton, WA 98337

Web: www.ccsww.org

- ◇ long– term home care services– contact: Jeanette Jordan
- ◇ volunteer chore services– contact: Donna Jones
- ◇ foster grandparents program– contact: Bill Tracey

Communitas360-377-7231

920 Park Ave., Bremerton, WA 98337

Web: www.communitas.org

- ◇ non-medical in-home personal care supports to adults with disabilities

Kitsap Home Health Care360-377-7307

Toll Free 1-888-449-9048

5610 Kitsap Way, Suite 350, Bremerton, WA 98312

Web: www.kitsaphomecare.com

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

Lutheran Community Services NW360-377-5511

Toll Free 1-800-378-5771

830 Pacific Ave., Suite 101, Bremerton, WA 98337

Web: www.lcsnw.org

- ◇ Non-medical in-home personal care supports to the elderly and adults with disabilities

Ujima360-479-4402

4001 Chico Way, Bremerton, WA 98312

Web: www.ujimachildren.com

- ◇ respite care for children 5-17 with developmental disabilities, behavioral and/or emotional challenges

Specialized Training for Military

Parents, PAVE/STOMP (V/TDD).....253-565-2266

Toll Free 1-800-572-7368

Shriner's Hospital for Children,

Web: www.shrinershq.org

National Information 1-800-237-5055

Portland503-241-5090

Spokane509-455-7844

Special Olympics 1-800-752-7559

Web: www.sowa.org

2150 N. 107th St., Suite 220, Seattle, WA 98133

- ◇ In Kitsap County contact: Barbara Pool, 360-692-4329 or b_pool@hotmail.com

Washington Elks Therapy253-472-6223

E-Mail: george@waelks.net

Web: www.waelks.org

- ◇ contact: George Pritchard

Washington PAVE.....253-565-2266

Toll Free 1-800-572-7368

Web: www.washingtonpave.org

- ◇ Facilitates a variety of programs for children with special needs and their families.

Washington Sensory Disability Services

Toll Free (V/TTY)..... 1-800-572-7000

C/o Puget Sound ESD, 800 Oaksdale Ave. SW, Renton, WA 98055

E-Mail: wsds@psed.org

Web: www.wsdsonline.org

SUPPORTS (General Community)

Agape Unlimited.....360-373-1529

5464 Kitsap Way, Bremerton WA 98312

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

Healthy Kids Now 1-877-543-7669

Web: www.dshs.wa.gov

- ◇ free or low cost health insurance for children under 19

Holly Ridge Center

Infant Toddler Program360-373-2536

Toll Free 1-800-449-1660

5112 NW Taylor Rd., Bremerton WA 98312

E-Mail: itp@hollyridge.org

- ◇ Birth to three neurodevelopment clinic and pre-school serving children and families with special needs
- ◇ contact: Kathy Fortner, Director

Kitsap Community Resources

Head Start/ECEAP360-473-2075

1201 Park Ave., Bremerton WA 98337

- ◇ countywide full day headstart and daycare
- ◇ wrap-around program option

Kitsap County

Family Resource Coordination360-373-2536

Toll Free 1-800-449-1660

5112 NW Taylor Rd. , Bremerton, WA 98312

E-mail: frc@telebyte.com

- ◇ free developmental screening and referral for infants and toddlers under age three

Olympic ESD 114 Head Start/ECEAP360-478-6887

Fax360-478-6869

105 National Ave. N, Bremerton WA 98312

Web: www.oesd.wednet.edu

Paratransit Services360-377-7007

Toll Free 1-800-756-5438

Web: www.paratransit.net

4810 Auto Center Way, Suite Z, Bremerton WA 98312

Port Gamble S'Kallam Tribe, front desk360-297-2646

Health Clinic.....360-297-2840

Web: www.pgst.nsn.us

31912 Little Boston road NE, Kingston WA 98346

- ◇ early childhood programs, early headstart infant/toddler services
- ◇ headstart pre-school, extended day child care
- ◇ contact: Kay Jones, program manager, 360-297-6260

PROTECTION/SUPPORTS

DSHS, Adult Protective Services360-473-2192

Toll Free 1-888-833-4925

Fax360-478-6467

- ◇ Investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

DSHS, Division of Children and Family Services,

Child Protective Services360-475-3688

Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

Washington Protection and

Advocacy System 1-800-562-2702

Web: www.disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

Washington State Office of Long Term Care

Ombudsman Program V/TTY 1-800-562-6028

Web: www.ltcop.org

- ◇ protection and advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, and nursing homes. To report abuse call: 1-800-562-6078
- ◇ Kitsap County Ombuds, Gayle Helseth-Kenison, 360-337-5714

Washington State Office of the Family and Children

Ombudsman 1-800-571-7321

Web: www.governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving : any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

RECREATION/LEISURE

Arc of Kitsap/Jefferson County360-377-3473

3243 N Perry Ave., Bremerton WA 98310

- ◇ Friday night dance/social for people with disabilities, classes

**Bainbridge Island Park
and Recreation District**.....206-842-2306

Web: www.biparks.org

- ◇ classes, recreational activities

Bremerton Parks and Recreation360-473-5305

Web: www.ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

Camp Fire USA.....360-377-5513

1109 Warren Ave., Bremerton WA 98337

Web; www.campfire-usa.org

- ◇ integrated Special Saturday Club—fun activities and recreation for boys and girls

**Easter Seals Washington,
Camp Stand By Me**.....253-884-2722

17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313

Web: www.wa.easter-seals.org

- ◇ camping, recreation

Helpline, Bainbridge Island206-842-7621

- ◇ recreation and leisure activities for seniors
- ◇ multitude of social services

Outdoors for All206-838-6030

Web: www.outdoorsforall.org

- ◇ year-round recreational activities

Poulsbo Parks and Recreation.....360-779-9898

19540 Front Street, Poulsbo, WA 98370

Web: www.cityofpoulsbo.com/parks

- ◇ Classes and recreational activities

Special Olympics 1-800-752-7559

Web: www.sowa.org

- ◇ ongoing participation in sporting events

YMCA, Bremerton360-377-3741

60 Magnuson Way, Bremerton, WA 98310

Web: www.ymca.net

- ◇ variety of recreation and sports activities, membership assistance available

SERVICES FOR CHILDREN
WITH SPECIAL NEEDS

Arc of Kitsap/Jefferson County360-377-3473

3243 N Perry Ave., Bremerton WA 98310

Answers for Special Kids Line (ASK)... 1-800-322-2588

- ◇ assists families with children who have special needs locate local and state resources

Kitsap County Health District360-337-5235

- ◇ ask for Clinic Services

**Bainbridge Island Park
and Recreation District**.....206-842-2306

Web: www.biparks.org

- ◇ classes, recreational activities

Bremerton Parks and Recreation360-473-5305

Web: www.ci.bremerton.wa.us

- ◇ classes, recreational activities

Camp Fire USA.....360-377-5513

Web: www.campfire-usa.org

1109 Warren Ave., Bremerton WA 98337

- ◇ special sitters, special Saturday program

Child Care Resource and Referral

Director.....360-405-5807

Bremerton360-405-5827

Poulsbo360-698-3900

Bainbridge Island206-464-6399, Ext-5827

E-Mail: sacowan@oesd.wednet.edu

Web: www.resourceandreferral.org

**DSHS, Division of
Developmental Disabilities**.....360-475-3490

3423 6th St., Bremerton WA 98312

Web:www1.dshs.wa.gov/ddd

Easter Seals Washington 1-800-678-5708

TDD.....206-281-5700

Web: www.wa.easterseals.com