



2020-21

YEAR IN REVIEW

SOUTHERN CONNECTICUT CONFERENCE

2020-21 YEAR IN REVIEW



27TH YEAR

Established in 1994, the Southern Connecticut Conference completed its 27th year in 2020-21, albeit an unconventional one due to the COVID-19 pandemic.

COVID-19 PANDEMIC AFFECTS 2020-21

The 2020-21 academic year will be remembered as the year where two seasons of sports (fall and winter) did not have state tournaments, which meant the various conferences, like the SCC, stepped up to provide a postseason experience for the teams, student-athletes and member schools. In the spring season, there were state tournaments, but the leagues continued to offer league postseason competitions in all sports.

SPECIAL THANKS TO OUR CORPORATE SPONSORS

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community. The SCC had several corporate sponsors for the 2020-21 academic year, including the Connecticut Orthopaedics, Holiday Hill/Holiday Hill Day Camp, Town Fair Tire, Sportsmen's of Litchfield, and The Next Street. Thanks also to Great Blue Research, for its presenting sponsorship of the scholar athlete recognition program. Also much appreciation to Steady Photography, the official photographer of the SCC.

2020-21 EXECUTIVE BOARD

PRESIDENT: Max Berkowitz, Principal – Joseph A. Foran HS

VICE-PRESIDENT: Joe Corso, Principal, Lyman Hall HS

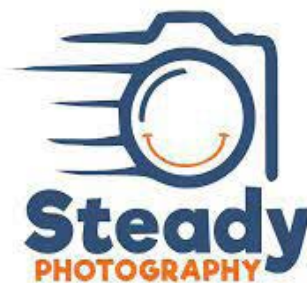
SECRETARY: Craig Semple, Athletic Director – Daniel Hand HS

TREASURER: Steve Trifone, Athletic Director – Cheshire HS

ATHLETIC DIRECTOR CHAIRPERSON: Anthony Vitelli, Foran HS/Ernie Goodwin, Amity Regional HS

COMMISSIONER: Al Carbone

COMMISSIONER EMERITUS: Bill O'Brien



FORTY-SIX HONORED AS SCC SCHOLAR LEADERS



Forty-six SCC scholar leaders, as chosen by their respective school principals, were recognized for their outstanding scholarship and leadership in their respective school and external communities. The 2020-21 recipients were a diverse, yet extremely talented group -- athletes, actors, political and social activists, artists, decision makers, musicians, singers, photographers, readers, scientists. Some of the common themes that were exhibited included: scholarship, unselfishness, kindness, collaboration and leadership. **Congratulations to these outstanding scholar leaders!**

To read the recipients bios, visit http://www.southernconnecticutconference.org/images/stories/pdfs/2021springNotebook/SCC_Scholar_Leaders_2021.pdf

2020-21 SCHOLAR LEADERS

Amity Regional – Caroline Chen, Jack Ranani
Branford – Melissa Juliano, Markus Indeck
Career Magnet – Xavier Burgos, Jenia Whitney
Cheshire – Lucy Helene, Joshua Goldstein
Daniel Hand – Kyle Northrup, Lisa Liang
East Haven – Ashley Lynch, Ohm Patel
Fairfield Prep – Ryan Carroll, Javier Gil
Joseph A Foran – Kayleigh Hackett, Eric Haig
Guilford – Olivia Ste Marie, Camilo Carmona
Hamden – Zoe Hoffmann Kamrat, Ezekiel Daye
Hillhouse – Edmarie Maldonado, Christian Riley
Jonathan Law – Meghana Cheela, Charles Wang
Lauralton Hall – Jillian Hetherman, Catherine McLaughlin
Lyman Hall – Yagmur Ozturkoglu, Ellery Campbell
Mercy – Dilawaiz Coletta, Anastasia Rosenthal
North Haven - Carly Fresher, Patrick Rourke
Notre Dame - Donald Coletta, Jamar DeJesus
Sacred Heart Academy – Clare McCurley, Shabrang Montazer
Mark T. Sheehan – Clarisse Aminawung, Andrew Carey
Shelton – Samantha Rago, Walker Toth
West Haven – Lauren Panza, Neil Chung
Wilbur Cross – Alexandre Van Tassel, Alexandra Northrup
Xavier – Dominick “Nucci” Delaney, Liam Houchin



SCC HOLDS ARTS EXHIBITION



Here are the winners of the 2021 SCC Arts Exhibition, which was held at the Creative Arts Workshop in New Haven during the month of April. Many thanks to the outstanding staff at CAW for their hospitality and support of the SCC.

First Place: Lauren Skoglund (Guilford), Through the Lens of Creativity

Second Place: Julianna Wong (Lyman Hall), Me

Third Place: Sophia DelVecchio (North Haven), Lunch

Honorable Mention:

Hailey D'Alessio (Daniel Hand), Wonderland;

Sarah Paulus (Jonathan Law), Saving the People, Killing the Planet

Julia Lawrence-Riddell (Hamden), OCD Repeat After Me



First place: Lauren Skoglund, Guilford



*Second place: Julianna Wong,
Lyman Hall*



*Third place: Sophia DelVecchio,
North Haven*



SCC's BEST OF.... 2020-21

Town Fair Tire was the presenting sponsor of the SCC's "BEST OF... FOR 2020-21," an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. More than 2,000 votes were cast.



THE WINNER:

WEST HAVEN/SACRED HEART ACADEMY GIRLS ICE HOCKEY GOES UNDEFEATED!

The West Haven-Sacred Heart Academy girls ice hockey co-op finished the 2021 season undefeated, defeating second-seeded Guilford, 5-2, in the SCC championship game on March 25 at The Bennett Rink. The WH/SHA co-op finished the truncated 2021 season with a perfect 9-0 record.



West Haven/Sacred Heart Academy Girls Ice Hockey co-op

MORE TOP SCC MOMENTS FROM 2020-21...

Testori the Tiger - Daniel Hand's Scott Testori wins state and national boys soccer player of year, leading the Tigers to the SCC Division B title.

Maddie, Maddie, Maddie - Guilford's Maddie Epke is a two-sport SCC player of year (ice hockey and lacrosse), and was an All-State selection in field hockey.

Falcons Soar - Behind SCC runner of the year Eamon Burke, the Xavier boys cross country wins SCC boys cross country title for the fifth straight year. The Falcons had five of the top 12 runners in the final SCC boys results.

Run Anna, Run! - Daniel Hand's Anna Steffen breaks the course record by 24 records with a 18:46 time at the SCC cross country championship at New Haven's East Shore Park on Nov. 4.

Grizzlies Growl - Led by Julia Antony, Guilford wins the SCC girls cross country title, its fourth consecutive league championship. The Grizzlies seven runners all placed in the top 24 of the event.

Blue Devil Title - The West Haven boys cross country team captures its first-ever SCC cross country title, winning the Division D title on Nov. 4.

Rams Swim Fast - The Cheshire girls swimming team, behind Most Outstanding Swimmer Sophie Murphy, wins the SCC title for the 26th time in 27 years.



Scott Testori, Daniel Hand

Guilford Field Hockey - Guilford field hockey avenges a regular-season loss and defeats Cheshire, 5-1, in the SCC Division A field hockey championship game.

SCC's BEST OF.... 2020-21 - CONTINUED



Crusaders Rejoice - Luralton Hall wins the Division B field hockey title, defeating top-seeded Amity Regional, 2-1, as Gulia Emanuel scored with 2:16 left in regulation.

Game-Winning Goal - Guilford's Moira Kellaher scores in overtime to lift the Grizzlies to a 1-0 victory over Branford in the SCC Girls Soccer Division B title game.

West Haven Soccer - Behind Player of Year Aldo Barrigan, the West Haven boys soccer team captures the Division C boys soccer title with a 2-1 win over Foran.

Hat Trick Lifts Shelton - Behind three goals from senior Noelle Garretson, including the first under two minutes in, top-seeded Shelton rolled to a 5-0 victory over third-seeded Foran in the SCC Division A girls soccer championship.



Luralton Hall field hockey

Appleman Leads Guilford Spikers - Led by two-time SCC Player of the Year and eventual 2020 Gatorade State Player of the Year Emma Appleman, the Guilford girls volleyball team goes undefeated and won the SCC Division C title.

Indians Puck - The North Haven boys ice hockey team wins the SCC/SWC Division II title, defeating Cheshire, 3-0, in the championship game on March 26. The Indians allowed just two goals in three games to win its first-ever league title.

Trojan Hoop - Lyman Hall holds off East Haven, 32-26, in the SCC Division II boys basketball championship game on March 26. The Trojans finished 12-2 on the season.

Blue Devils Win D1 - Top-seeded West Haven defeats Shelton, Wilbur Cross and Notre Dame to win the SCC Division I boys basketball playoff title. It is the Blue Devils' first SCC title.

Diamond Leads Green Dragons - Led by senior Diamond White, the Hamden girls basketball team wins its third consecutive SCC title, winning the Division I title after victories over Mercy, Daniel Hand and Wilbur Cross.

SHA Shoots to Hoop Title - Using a balanced scoring attack, Sacred Heart Academy completes a stellar 14-1 season with a 55-39 victory over West Haven in the Division II girls basketball championship game on March 25.

Moore is More - Hillhouse junior Gary Moore, Jr. shattered state records in multiple throwing events on his way to winning the SCC Indoor and Outdoor Track Athlete of the Year awards. Moore conclude the year by setting the State Open discus record of 182-11, breaking a 52-years-old record.

Falcon Swimmers Repeat - Xavier wins its second straight SCC boys swimming title. The Falcons had four winning events and scored 974 points to capture the "virtual" championship.

Lawmen Win on the Mat - Led by Catherine Burns and Emma Nelly, the Jonathan Law gymnastics team captured its second straight SCC title.

More Rings for the Academics - The Hillhouse boys outdoor track & field team captures the Class L and State Open titles. It is the third straight season the Academics win a state title.

Lax OT Thrillers: The SCC Boys and Girls Division II lacrosse finals were overtime thrillers on May 25. In the girls final, Sacred Heart Academy defeated Amity Regional, 9-8, on a Sydney Rossacci sudden death goal in the second overtime. Later that evening, freshman Tyson Aksoy's overtime goal lifted Amity Regional to a 13-12 overtime win over Lyman Hall.



North Haven boys ice hockey



Gary Moore, Jr., Hillhouse

SCC's BEST OF.... 2020-21 - CONTINUED



Three-peat for Academics - The Hillhouse girls outdoor track & field team, led by eventual *New Haven Register* Female Athlete of the Year Leah Moore, captures the Class MM state title. It is the third straight season the Academics win a state title.

Prep Lax Makes a Run - The Fairfield Prep boys lacrosse wins the SCC title, and then makes a run to the Class L state finals by defeating FCIAC opponents Greenwich, Darien and Wilton before falling to Ridgefield.

Prep Golfers Excel - The Fairfield Prep golf team wins the SCC title by one stroke (323-324) over Daniel Hand, and proceeds to win the state Division I title a week later.

Medalist Matt - Daniel Hand's Matt Doyle, who earned medalist honors at the SCC championship, leads the Tigers to the state Division II title on June 7.



Jonathan Law girls tennis

Tennis Capitol of Milford - The Jonathan Law boys and girls tennis teams win SCC Division II playoff titles. Both teams combined for a 31-1 regular-season record.

Guilford Girls Lax Win First State Title - The Guilford girls lacrosse team won both the SCC and Class M state titles. On June 12, the Grizzlies used a last-minute goal to defeat Joel Barlow, 11-10, to win their first ever state title.

Hand Baseball Hits Promise Land - Daniel Hand baseball wins its first-ever state title, defeating Berlin, 3-0, in the Class L final on June 12. The Tigers (21-2) allowed just seven runs in their five tournament games.

Lady Titan Track Success - Sheehan's girls outdoor track & field team won the SCC title and proceeded to finish second in the Class M meet.

Chodos Wins it All - Amity Regional's Brett Chodos wins medalist honors, shooting 69 (-2) at the state open championship at Black Hall Club in Old Lyme on June 12.

Tiger Tennis - The Daniel Hand girls tennis team won the Class L state title, dropping just three games in four matches.



Sheehan girls outdoor track & field

Ram Softball Wins SCC - The Cheshire softball team holds off second-seeded Am-Regional, 5-4, in the SCC championship game on May 26.

ity



Celebrating Retirees:

On June 9, the SCC celebrated three "retiring" athletic directors: Branford's Jake Palluzzi/Sav Synodi and Shelton's John Niski. These outstanding individuals devoted their professional careers to helping kids, their schools and the SCC!

CONNECTICUT ORTHOPAEDICS URGENT CARE/ SCC PLAYER AND COACH OF YEAR



During the 2020-21 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 29 sponsored sports.

Many thanks to league corporate sponsor Connecticut Orthopaedics and its Urgent Care affiliations for sponsoring the awards. The Player and Coach of the Year honorees were selected by the respective sport's head coaches

FALL PLAYERS OF THE YEAR

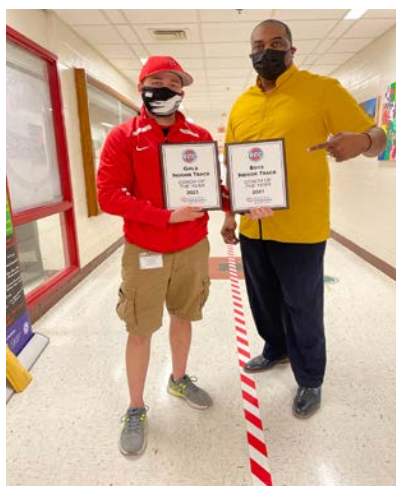
Field Hockey (Div. A) – Hannah Tillier (Guilford)
Field Hockey (Div. B) – Jianna Cohrs (Sacred Heart Academy), Payton Rahn (Amity Regional)
Boys Soccer (Div. A) – Jason Salley (Xavier)
Boys Soccer (Div. B) – Scott Testori (Daniel Hand)
Boys Soccer (Div. C) – Aldo Barrigan (West Haven)
Girls Swimming (Div. 1) – Maddie Bergin (North Haven)
Girls Swimming (Div. 2) – Norah Rome (East Haven)
Girls Volleyball (Div. A) – Zoe Dizenzo (Amity Regional)
Girls Volleyball (Div. B) – Sarah Holley (Cheshire)
Girls Volleyball (Div. C) – Emma Appleman (Guilford)
Girls Soccer (Div. A) – Gabby Tirado (Cheshire)
Girls Soccer (Div. B) – Moira Kellaher (Guilford)
Girls Soccer (Div. C) – Audrey Marin (Amity Regional)
Boys Cross Country (Div. A) – Tanner Updyke (Guilford)
Boys Cross Country (Div. B) – Mason Beaudette (Amity Regional)
Boys Cross Country (Div. C) – Nikita Omelchenko (Wilbur Cross)
Boys Cross Country (Div. D) – Eamon Burke (Xavier)
Girls Cross Country (Div. A) – Anna Steffen (Daniel Hand)
Girls Cross Country (Div. B) – Nell Grant (Amity Regional)
Girls Cross Country (Div. C) – Julia Cannon (Sacred Heart Academy)
Girls Cross Country (Div. D) – Elisabeth Brown (Sheehan)

FALL COACHES OF THE YEAR

Field Hockey (Div. A) – Eileen Wildermann (Cheshire)
Field Hockey (Div. B) – Jackie DeFrancesco (Sacred Heart Academy)
Girls Soccer (Div. A) – Marcus Harley (Mercy)
Girls Soccer (Div. B) – Jake Hackett (East Haven)
Girls Soccer (Div. C) – Peter Trenchard (West Haven)
Boys Soccer (Div. A) – Brian Fitzgerald (Xavier)
Boys Soccer (Div. B) – Greg Cumpstone (Daniel Hand)
Boys Soccer (Div. C) – Rick DiStefano (Foran)
Girls Swimming (Div. 1) – Dave Modzelewski (Cheshire)
Girls Swimming (Div. 2) – Donna Neary (Lyman Hall)
Girls Volleyball (Div. A) – Seth Davis (Amity Regional)
Girls Volleyball (Div. B) – Sue Bavone (Cheshire)
Girls Volleyball (Div. C) – Laura Anastasio (Guilford)
Girls Cross Country (Div. A) – Jim Ford (Guilford)
Girls Cross Country (Div. B) – Sean Mahon (Amity Regional)
Girls Cross Country (Div. C) – Pat Redding (Sacred Heart Academy)
Girls Cross Country (Div. D) – Mike Migliore (Hamden)
Boys Cross Country (Div. A) – Jon Rivera (Guilford)
Boys Cross Country (Div. B) – Mike Gambardella (Shelton)
Boys Cross Country (Div. C) – Bill McDermott (West Haven)
Boys Cross Country (Div. D) – Chris Stonier (Xavier)



Cross Country: Daniel Hand senior Anna Steffen



Boys and Girls Indoor Track COY: Wilbur Cross head indoor track coach Travis Gale



Boys Soccer POY: West Haven senior Aldo Barrigan

CONNECTICUT ORTHOPAEDICS URGENT CARE/ SCC PLAYER AND COACH OF THE YEAR



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WINTER PLAYERS OF THE YEAR

Girls Ice Hockey: Madison Epke (Guilford), Mackenzie Gardner (West Haven/SHA)

Boys Ice Hockey (Div. I): Mason Whitney (Fairfield Prep)

Boys Ice Hockey (Div. II): Luke Festa (Sheehan)

Boys Ice Hockey (Div. III): Kyle Kosh (Milford co-op)

Girls Basketball (East): Caitlyn Hunt (Sheehan)

Girls Basketball (West): Jaylice Rosario (Wilbur Cross)

Boys Basketball (East): Justin Menard (Xavier)

Boys Basketball (West): Malcolm Duncanson (West Haven)

Boys Indoor Track: Gary Moore, Jr. (Hillhouse)

Girls Indoor Track: Margo Pedersen (Wilbur Cross)

Gymnastics: Catherine Burns (Jonathan Law)

Boys Swimming (Div. I): Justin Finkel (Cheshire)

Boys Swimming (Div. II): Joseph Zellner (Sheehan)

Cheerleading: Trista Oddo (Shelton)

Cheerleading Merit Award: Ashley Lynch (East Haven)

WINTER COACHES OF THE YEAR

Girls Ice Hockey: Andy Townsend (Masuk co-op)

Boys Ice Hockey (Div. I): Karl Sundquist (Xavier)

Boys Ice Hockey (Div. II): Dave Sagnella (Lyman Hall)

Boys Ice Hockey (Div. III): Rusty Granacker (BBD co-op)

Girls Basketball (East): Amanda Forcucci (Hamden)

Girls Basketball (West): Jason Kirck (Sacred Heart Academy)

Boys Basketball (East): Rob Ruys (Lyman Hall)

Boys Basketball (West): Mike Papale (Fairfield Prep)

Boys Indoor Track: Travis Gale (Wilbur Cross)

Girls Indoor Track: Travis Gale (Wilbur Cross)

Gymnastics: Pat Simon (Jonathan Law)

Boys Swimming (Div. I): Christina Forristal (Daniel Hand)

Boys Swimming (Div. II): Nate Hill (Hamden)

SPRING PLAYERS OF THE YEAR

Baseball: Jake Pisano (Hamden)

Softball: Bri Pearson (Cheshire)

Boys Lacrosse (Div. 1): Mason Whitney (Fairfield Prep)

Boys Lacrosse (Div. 2): Jack Coughlin (Amity Regional)

Girls Lacrosse (Div. 1): Maddie Epke (Guilford)

Girls Lacrosse (Div. 2): Payton Rahn (Amity Regional)

Boys Outdoor Track & Field: Gary Moore, Jr. (Hillhouse)

Girls Outdoor Track & Field: Kisha Francois (East Haven)

Boys Volleyball: Theodore Zaharewicz (Amity Regional)

Girls Tennis (Div. 1): Kiley Pickens (Amity Regional)

Girls Tennis (Div. 2): Lucia Pino (Jonathan Law)

Boys Tennis (Div. 1): Josh Israel (Daniel Hand)

Boys Tennis (Div. 2): Daniel Folloni (Jonathan Law)

Boys Golf (Div. 1): Matthew Doyle (Daniel Hand)

Boys Golf (Div. 2): Brett Chodos (Amity Regional)

Girls Golf: Sydney Hidalgo (Cheshire)

SPRING COACHES OF THE YEAR

Baseball: Ron Luneau (West Haven)

Softball: Lindsay Wheeler (Shelton)

Boys Lacrosse (Div. 1): Mike Devine (Cheshire)

Boys Lacrosse (Div. 2): A.J. Raccio (Amity Regional)

Girls Lacrosse (Div. 1): Wendy Epke (Guilford)

Girls Lacrosse (Div. 2): Dave Palmer (Lyman Hall)

Boys Outdoor Track & Field: Chris Stonier (Xavier)

Girls Outdoor Track & Field: Charles Farley (Sheehan)

Boys Volleyball: Stefanie Reay (Xavier)

Girls Tennis (Div. 1): Chris Marra (Guilford)

Girls Tennis (Div. 2): Chris Kulenych (Jonathan Law)

Boys Tennis (Div. 1): Harold Prather (Fairfield Prep)

Boys Tennis (Div. 2): Dan Battipaglia (Lyman Hall)

Boys Golf (Div. 1): Jim Halloran (Daniel Hand)

Boys Golf (Div. 2): Michael Blumenthal (Amity Regional)

Girls Golf: Mike Cofrancesco (Amity Regional)



Girls Lacrosse: Wendy Epke and Maddie Epke from Guilford; Payton Rahn (Amity Regional) and Dave Palmer (Lyman Hall)

SCHOLAR ATHLETES, PRESENTED BY GREAT BLUE RESEARCH



Great Blue Research is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., **Great Blue Research Inc.** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.

The Scholar Athlete recognition program recognizes the "best of the best" in the SCC. Recipients are selected by their school's coaches and athletic directors. Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

FALL

Amity Regional – Allison Su (cross country), Christian Chen (cross country)
Branford – Daniel Schwartz (football), Kathryn Amarante (soccer)
Career Magnet – Christian Guaman (soccer), Hasfa Fazl (soccer)
Cheshire – Seymore Rosenberg (soccer), Nick DiDomizio (football)
Daniel Hand – Anna Steffen (cross country), Sean Burke (soccer)
East Haven – Larry Mingione (football), Victoria Heaphy (volleyball)
Fairfield Prep – Zachary Conn (football), Christopher Hill (crew)
Foran – Ben Carlson (soccer), Emma Davies (soccer)
Guilford – Tanner Updyke (cross country), Juliet Young (volleyball)
Hamden – Sam Han (football), Sircia Levitt (dance)
Hillhouse – Ja'Nya Hill (cross country), Javier Nohpal (soccer)
Jonathan Law – Vaughn Weston (football), Andriana Bruno (soccer)
Lauralton Hall – Catherine McLaughlin (swimming), Quinlyn Elliott (volleyball)
Lyman Hall – Ellery Campbell (volleyball), Riley Stone (soccer)
Mercy – Isabella Bartolomei (volleyball), Lily Herron (swimming)
North Haven – Carly Fresher (soccer), Patrick Rourke (cross country)
Notre Dame – Justin Pollio (soccer), Ohm Patel (cross country)
Sacred Heart Academy – Mia Celentano (field hockey), Julia Tangari (volleyball)
Sheehan – John Womelsdorf (cross country), Lexi Carim (soccer)
Shelton – Jess Jayaker (volleyball), Liz Porto (soccer)
West Haven – Anh Nguyen (volleyball), Hunter Axelrod (cross country)
Wilbur Cross – Alexandre Van Tassel (soccer), Margo Pederson (cross country)
Xavier – Hayden Tomlin (football), Eduardo Serrano (soccer)

WINTER

Amity Regional – Evan Gorelick (indoor track), Emily Zielinski (indoor track)
Branford – Justin Elpi (basketball), Alisa Gueco (indoor track)
Career – Jenia Whitney (basketball), Trevor Fairman (basketball)
Cheshire – Sarah Capute (indoor track), Harrison Hua (swimming & diving)
Daniel Hand – Theodore Licari (ice hockey), Maddie Thomas (basketball)
East Haven – Mat DiVito (wrestling), Kisha Francois (indoor track)
Fairfield Prep – Griffin Coffey (swimming & diving), Tim O'Leary (basketball)
Foran – Brett Dumais (indoor track), Kayleigh Hackett (indoor track)
Guilford – Moira Kellaher (basketball), Cameron Sullivan (alpine ski)
Hamden – Jonah Heiser (swimming & diving), Ella Miller (ice hockey)
Hillhouse – Gary Moore (indoor track), Trinity Moody (basketball)
Jonathan Law – Naheim Washington (indoor track), Sarah Paulus (basketball)
Lauralton Hall – Jilene Cole (ice hockey), Tara O'Connor (indoor track)
Lyman Hall – Grace Gagliardi (basketball), Tyler Voisine (basketball)
Mercy – Annie Berger (gymnastics), Kaila Lujambio (indoor track)
North Haven – Olivia Stefanik (basketball), Tanner Powell (swimming & diving)
Notre Dame – Jonathan Bushka (basketball), Jonathan Jannitto (ice hockey)
Sacred Heart Academy – Kayla Barnett (cheerleading), Charlotte McCarthy (indoor track)
Sheehan – Jack McDonnell (basketball), Allison Villano (indoor track)
Shelton – Joshua Zamani (indoor track), Keira O'Connor (basketball)
West Haven – Alexa Davignon (cheerleading), Neil Chen (swimming)
Wilbur Cross – Madison McAulay (basketball), Jadon Gomez-Stafford (indoor track)
Xavier – Andrew Mitchell (swimming & diving), David Hunter (basketball)

SPRING

Amity Regional – Jennifer Xu (tennis), Jack Ranani (baseball)
Branford – Nicola Colossale (Lacrosse), Justin Elpi (baseball)
Career – Xavier Burgos (baseball), Laysha Lopez (softball)
Cheshire – Alyssa Behuniak (tennis), Jack Davis (lacrosse)
Daniel Hand – Matt Carone (baseball), Reilly Dolan (lacrosse)
East Haven – Siya Patel (tennis), Gabe Olszewski (tennis)
Fairfield Prep – Kyle Colucci (lacrosse), Collin Rydecki (crew)
Foran – Devin DeMarco (lacrosse), Mary Grace Weissauer (softball)
Guilford – Ethan DeAngelo (tennis), Emma Mullett (tennis)
Hamden – Andrew White (outdoor track), Addison Twohill (lacrosse)
Hillhouse – Jocelyn Maldonado (softball), Tremayne Sweat (outdoor track)
Jonathan Law – Anish Sikhinam (tennis), Ava Asmussen (lacrosse)
Lauralton Hall – Katherine Backus (tennis), Lauren Baisley (outdoor track)
Lyman Hall – Keertana Chagari (tennis), Aidan Weir (baseball)
Mercy – Ava Arcesi (lacrosse), Ashley DeLuca (softball)
North Haven – Kaitlyn Ha (tennis), Luke Franco (outdoor track)
Notre Dame – Joe Filardi (lacrosse), Ryan Cannon (baseball)
Sacred Heart Academy – Claire McConnell (lacrosse), Amanda Savinelli (softball)
Sheehan – Clarisse Aminawung (outdoor track), Andrew Carey (golf)
Shelton – Samantha Rago (lacrosse), Kyle St. Pierre (golf)
West Haven – Tomalyn Williams (outdoor track), Tyler Jones (baseball)
Wilbur Cross – Jacob Martin (tennis), Eve Adolphe (outdoor track)
Xavier – Logan Saks (lacrosse), Jesse Frazier (baseball)

CONNECTICUT ORTHOPAEDICS AWARDS

"COMEBACK PLAYERS OF THE YEAR"



Two student athletes – **Skylar Burzynski (Amity Regional)** and **Lucas O'Reardon (Lyman Hall HS)** – are the recipients of the 2021 SCC "Comeback Player of the Year" awards. Both students suffered severe injuries, yet were able to overcome them to become outstanding role models in their respective schools.

A corporate sponsor of the Southern Connecticut Conference (SCC), Connecticut Orthopaedics has offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2020-2021 academic year and showed great leadership both on and off the field after their severe injury.

Coaches and school's athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from playing for their high school teams. Both will receive a financial scholarship to be used for their college education.

"This is our 10th year in awarding student-athletes from the SCC with scholarships," explained Glenn Elia, Chief Executive Officer of Connecticut Orthopaedics. "Our goal has been to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, have become positive role models for their fellow teammates. Because we are sports medicine specialists, we understand intimately what it takes to recover from an injury and return to playing sports at a high level."



Call it a Comeback (L-R): Glenn Elia, CEO of Connecticut Orthopaedics, Lucas O'Reardon, Skylar Burzynski and SCC Commissioner Al Carbone

2020-21 SCC/Connecticut Orthopaedics Comeback Players of the Year

SKYLAR BURZYNSKI, Amity Regional HS (basketball/lacrosse)

A two-sport standout for the Lady Spartans, Skylar tore her ACL two weeks before her junior basketball season. Despite being injured, she came to practice every single day to support her teammates, all while being diligent with her rehabilitation.

She was named captain for her senior year and led the Lady Spartans to the SCC Division I playoffs. One of the team's leading scorers and rebounders, Skylar was selected to the All-SCC West Division team. This spring, she was an integral part of Amity's lacrosse team which reached the SCC Division II championship game.

Skylar will attend Norwich University in the fall with plans to major in exercise science/physical therapy.

LUCAS O'REARDON, Lyman Hall HS (football/basketball)

A two-sport standout for the Trojans, Lucas suffered a severe neck injury called Clay Shoveler's fracture that required emergency surgery during the fall of 2019. His injury short-circuited a promising junior football season that saw him still earn All-SCC Division III accolades after catching 46 passes for 631 yards and five touchdowns, and making 87 tackles and three interceptions.

Following his injury, he missed the basketball season and then the 2020 football season was not played. Lucas' determination and work ethic carried him through his rehabilitation and he came back to lead the Trojans' basketball squad to the SCC Division II title and was named to the All-SCC East Division team.

Lucas will attend the University of New England in the fall and intends to major in physical therapy.



2020-21 SCC POSTSEASON CHAMPIONS



FALL

Sport	Champion	Runner-up	Result
Boys Cross Country - Overall	Xavier (29)	Guilford (85)	
Boys Cross Country - Div. A	Guilford	Daniel Hand	
Boys Cross Country - Div. B	Shelton	Amity Regional	
Boys Cross Country - Div. C	West Haven	Wilbur Cross	
Boys Cross Country - Div. D	Xavier	Cheshire	
Girls Cross Country - Overall	Guilford (45)	Amity Regional (58)	
Girls Cross Country - Div. A	Guilford	Daniel Hand	
Girls Cross Country - Div. B	Amity Regional	Jonathan Law	
Girls Cross Country - Div. C	Sacred Heart Academy	Hillhouse	
Girls Cross Country - Div. D	Hamden	Cheshire	
Field Hockey - Div. A	Guilford	Cheshire	5-1
Field Hockey - Div. B	Lauralton Hall	Amity Regional	2-1
Girls Soccer - Div. A	Mercy	Cheshire	1-0
Girls Soccer - Div. B	Guilford	Branford	1-0 (OT)
Girls Soccer - Div. C	Shelton	Foran	5-0
Boys Soccer - Div. A	Xavier	Cheshire	2-1
Boys Soccer - Div. B	Daniel Hand	Guilford	3-1
Boys Soccer - Div. C	West Haven	Foran	2-1
Girls Swimming - Overall	Cheshire (1283)	Lauralton Hall (882)	
Girls Swimming - Div. I	Cheshire (1336)	Lauralton Hall (1050)	
Girls Swimming - Div. 2	Guilford (1055)	Shelton (943)	
Girls Volleyball - Div. A	Amity Regional	Shelton	3-1 (25-17, 25-8, 21-25, 25-18)
Girls Volleyball - Div. B	Cheshire	North Haven	3-0 (25-11, 25-18, 25-12)
Girls Volleyball - Div. C	Guilford	East Haven	3-0 (25-22, 25-10, 25-15)

WINTER

Boys Basketball - Div. 1	West Haven	Notre Dame	69-49
Boys Basketball - Div. 2	Lyman Hall	East Haven	32-26
Girls Basketball - Div. 1	Hamden	Wilbur Cross	55-52
Girls Basketball - Div. 2	Sacred Heart Academy	West Haven	55-39
Gymnastics	Jonathan Law (135.15)	Daniel Hand (130.95)	
Boys Ice Hockey - Div. 1	Fairfield Prep/Notre Dame	co-champions	
Boys Ice Hockey - Div. 2	North Haven	Cheshire	3-0
Girls Ice Hockey	West Haven/SHA co-op	Guilford	5-2
Boys Swimming - Overall	Xavier (974)	Greater New Haven co-op (880)	
Boys Swimming - Div. 1	Xavier (1069)	Greater New Haven co-op (1018)	
Boys Swimming - Div. 2	Hamden (1042)	Milford co-op (792)	

SPRING

Boys Outdoor Track & Field			
West Sectional	Xavier (178)	Fairfield Prep (103)	
East Sectional	Daniel Hand (140.5)	Hillhouse (105)	
Championship Meet	Xavier (104)	Daniel Hand (81)	
Girls Outdoor Track & Field			
Championship Meet	Sheehan (146)	Hillhouse (64)	
West Sectional	East Haven (124)	Mercy (110)	
East Sectional	Sheehan (173)	Cheshire (91)	
Baseball	Fairfield Prep	West Haven	8-3
Softball	Cheshire	Amity Regional	5-4
Boys Tennis - Div. 1	Daniel Hand	Cheshire	5-2
Boys Tennis - Div. 2	Jonathan Law	Sheehan	5-2
Girls Tennis - Div. 1	Amity Regional	Daniel Hand	7-0
Girls Tennis - Div. 2	Jonathan Law	Branford	6-1
Boys Lacrosse - Div. 1	Fairfield Prep	Daniel Hand	8-5
Boys Lacrosse - Div. 2	Amity Regional	Lyman Hall	13-12 (ot)
Girls Lacrosse - Div. 1	Guilford	Daniel Hand	13-6
Girls Lacrosse - Div. 2	Sacred Heart Academy	Amity Regional	9-8 (ot)
Boys Volleyball	Cheshire	Amity Regional	3-1 (25-22, 25-20, 19-25, 25-22)
Boys Golf	Fairfield Prep (323)	Daniel Hand (324)	
Girls Golf	Cheshire (373)	Amity Regional (383)	



2021 SCC STATE CHAMPIONSHIPS



STATE CHAMPIONS (8)

SPRING

Hillhouse, Class L Boys Outdoor Track & Field

Hillhouse, State Open Boys Outdoor Track & Field

Hillhouse, Class MM Girls Outdoor Track & Field

Fairfield Prep, Div. I boys golf

Daniel Hand, Div. II boys golf

Daniel Hand, Class L girls tennis - defeated Avon, 7-0

Guilford, Class M girls lacrosse - defeated Joel Barlow, 11-10

Daniel Hand, Class L baseball - defeated Berlin, 3-0

STATE RUNNER-UPS (5)

SPRING

Sheehan, State Open girls outdoor track & field

Daniel Hand, Class MM boys outdoor track & field

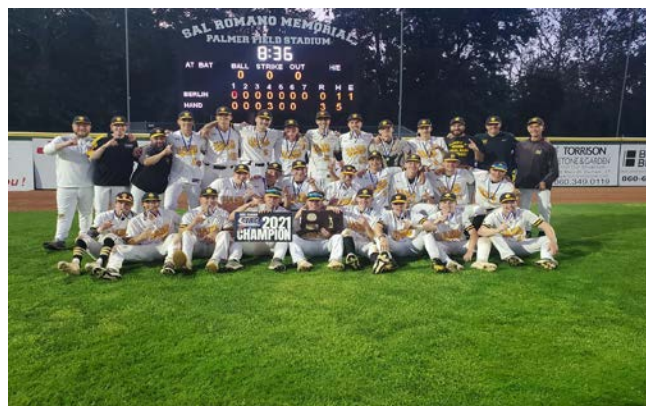
Amity Regional, Class LL girls tennis - lost to Staples, 4-3

Daniel Hand, Class M boys lacrosse - lost to Weston, 5-4 (OT)

Fairfield Prep, Class L boys lacrosse - lost to Ridgefield, 8-5



GRIZZLIES ROAR! The Guilford girls lacrosse team won its first-ever state title, capturing the Class M crown with a 11-10 victory over Joel Barlow on June 10 (photo courtesy of Guilford athletics).



TIGERS! The Daniel Hand baseball team won its first-ever state title, capturing the Class L crown with a 3-0 victory over Berlin on June 10 (photo courtesy of Daniel Hand athletics).

484

SCC member school teams have won 484 state championships since 1994-95 (151 fall, 179 in winter, and 154 in the spring).

Following the conclusion of the 2021 spring season, here are the SCC schools with the most state titles since the league was formed in 1994-1995:

1. Hillhouse (76)
2. Cheshire (64)
3. Daniel Hand (55)
4. Amity Regional (41)
5. Fairfield Prep (36)
5. Xavier (35)
7. Guilford (34)
8. Branford (25)
9. Notre Dame (17)
10. Wilbur Cross (15)



HOUSE PARTY: The Hillhouse girls outdoor track team captured the Class MM state title --- the team's third straight state title (photo courtesy of New Haven athletics).

2020-21 SPORT-BY-SPORT RECAP



Fall

Bill McDermott (West Haven)

Div. D Coach of Year, presented by Connecticut Orthopaedics

– Chris Stonier (Xavier)

Boys Cross Country

The SCC held divisional races on Nov. 4 at New Haven's East Shore Park. A total of four races were run. At the conclusion of the races, all times were merged to determine a "virtual" SCC champion.

BOYS

Div. A – Guilford (champion), Daniel Hand (runner-up)

Div. B – Shelton (champion), Amity Regional (runner-up)

Div. C – West Haven (champion), Wilbur Cross (runner-up)

Div. D – Xavier (champion), Cheshire (runner-up)

Merged Championship

1. Xavier (29); 2. Guilford (85); 3. Daniel Hand (101); 4. Cheshire (138); 5. Shelton (159); 6. Amity Regional (203); 7. Hamden (210); 8. Notre Dame (242); 9. Wilbur Cross (270); 10. West Haven (282); 11. Jonathan Law (282); 12. Foran (296); 13. Sheehan (319); 14. Lyman Hall (347); 15. North Haven (411); 16. Platt Tech (479)

Top Finisher: Eamon Burke (Xavier), 16:25

All-Conference

First Team: Eamon Burke (Xavier), Brody Santagata (Xavier), Mason Beaudette (Amity), Ryan Farrell (Cheshire), Tanner Updyke (Guilford), Noah San Vicente (Xavier), Justin Shiffrin (Guilford), Andrew White (Hamden), Nick Cassarino (Xavier), Liam Fedigan (Jonathan Law), Joshua Lesniak (Xavier), Harrison Grenier (Daniel Hand)

Second Team: Sam Simko (Xavier), Ryan Franchi (Guilford), Michael Massotti (Guilford), Connor Parthasarthy (Daniel Hand), Jack Murphy (Lyman Hall), Jacob Kirejczyk (Xavier), William Rodrigues (Shelton), Nathanael Huebner (Foran), Danny Hilmer (Daniel Hand), Anthony Galicia (Sheehan), Dante Zucconi (Daniel Hand), Robert DiNatale (Cheshire)

Div. A Runner of Year, presented by Connecticut Orthopaedics
– Tanner Updyke (Guilford)

Div. B Runner of Year, presented by Connecticut Orthopaedics
– Mason Beaudette (Amity Regional)

Div. C Runner of Year, presented by Connecticut Orthopaedics
– Nikita Omelchenko (Wilbur Cross)

Div. D Runner of Year, presented by Connecticut Orthopaedics
– Eamon Burke (Xavier)

Div. A Coach of Year, presented by Connecticut Orthopaedics
– Jon Rivera (Guilford)

Div. B Coach of Year, presented by Connecticut Orthopaedics
– Mike Gambardella (Shelton)

Div. C Coach of Year, presented by Connecticut Orthopaedics –

Girls Cross Country

The SCC held divisional races on Nov. 4 at New Haven's East Shore Park. A total of four races were run. At the conclusion of the races, all times were merged to determine a "virtual" SCC champion.

Div. A – Guilford (champion), Daniel Hand (runner-up)

Div. B – Amity Regional (champion), Jonathan Law (runner-up)

Div. C – Sacred Heart Academy (champion), Hillhouse (runner-up)

Div. D – Hamden (champion), Cheshire (runner-up)

Merged Championship

1. Guilford (45); 2. Amity Regional (58); 3. Sacred Heart Academy (139); 4. Hamden (160); 5. Cheshire (174); 6. Daniel Hand (177); 7. Lyman Hall (205); 8. Jonathan Law (215); 9. Luralton Hall (217); 10. Mercy (223); 11. Sheehan (293); 12. Hillhouse (296); 13. Wilbur Cross (320); 14. Shelton (330); 15. Branford (347); 16. North Haven (445)

Top Finisher: Anna Steffen (Daniel Hand), 18:46 - set East Shore Park course record

All-Conference

First Team: Anna Steffen (Daniel Hand), Julia Antony (Guilford), Elisabeth Brown (Sheehan), Julia Cannon (Sacred Heart Academy), Nell Grant (Amity), Kelly Jones (Luralton Hall), Aviva Wyner (Amity), Ariana Garay (Amity), Olivia Kaisin (Guilford), Yanli Muhs (Guilford), Lorelai King (Guilford), Xochitl Sanchez (Wilbur Cross)

Second Team: Ursula Adams (Guilford), Meghan Georgesco (Cheshire), Morgan Combs (Daniel Hand), Mackenzie Martin (Amity), Olivia Skapczynski (Guilford), Emily Chase (Lyman Hall), Emma Kirck (Sacred Heart Academy), Olivia Ferraro (Cheshire), Hailey Spooner (Sacred Heart Academy), Caroline Chen (Amity), Clara Laughlin (Guilford), Kylie Fordyce (Mercy)

Div. A Runner of Year, presented by Connecticut Orthopaedics
– Anna Steffen (Daniel Hand)

Div. B Runner of Year, presented by Connecticut Orthopaedics
– Nell Grant (Amity Regional)

Div. C Runner of Year, presented by Connecticut Orthopaedics
– Julia Cannon (Sacred Heart Academy)

Div. D Runner of Year, presented by Connecticut Orthopaedics
– Elisabeth Brown (Sheehan)

Div. A Coach of Year, presented by Connecticut Orthopaedics
– Jim Ford (Guilford)

Div. B Coach of Year, presented by Connecticut Orthopaedics
– Sean Mahon (Amity Regional)

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Div. C Coach of Year, presented by Connecticut Orthopaedics –
Pat Redding (Sacred Heart Academy)

Div. D Coach of Year, presented by Connecticut Orthopaedics
– Mike Migliore (Hamden)

Girls Volleyball

The SCC held three divisional postseason competitions with all teams qualifying.

Division A

First Round – Nov. 9

#4 Foran 3, #5 Luralton Hall 2 (22-25, 25-15, 26-24, 21-25, 16-14)

Semifinals – Nov. 11

#2 Shelton 3, #3 Jonathan Law 2 (25-19, 25-23, 22-25, 16-25, 15-10)

#1 Amity Regional 3, #4 Foran 1 (21-25, 25-23, 25-13, 25-8)

Championship Game – Nov. 13

Amity Regional 3, Shelton 1 (25-17, 25-8, 21-25, 25-18)

Tournament Most Outstanding Player: Zoe Dizenzo, setter,
Amity Regional

Division B

First Round – Nov. 9

#3 North Haven 3, #6 Sacred Heart Academy 1 (25-19, 25-15, 24-26, 25-17)

#4 Sheehan 3, #5 Mercy 1 (25-14, 13-25, 25-21, 27-25)

Semifinals – Nov. 11

#3 North Haven 3, #2 Lyman Hall 0 (25-22, 25-22, 25-21)

#1 Cheshire 3, #4 Sheehan 0 (25-11, 25-18, 26-24)

Championship – Nov. 13

Cheshire 3, North Haven 0 (25-11, 25-18, 25-12)

Tournament Most Outstanding Player: Sarah Holley, setter,
Cheshire

Division C

First Round – Nov. 9

#5 Branford 3, #4 West Haven 1 (25-17, 25-17, 21-25, 25-12)

Semifinals – Nov. 11

#1 Guilford 3, #5 Branford 0 (25-7, 25-12, 25-18)

#2 East Haven 3, #3 Daniel Hand 2 (25-22, 25-18, 25-27, 25-17)

Championship Game – Nov. 13

Guilford 3, East Haven 0 (25-22, 25-10, 25-15)

Tournament Most Outstanding Player: Emma Appleman, out-
side hitter, Guilford

All-Conference

Division A: Paige Carlson (Foran), Elisabeth D'Albero (Luralton Hall), Zoe Dizenzo (Amity Regional), Mari Dragan (Amity Regional), Anna Farruggio (Luralton Hall), Laci Giuliano (Amity Regional), Hailee Harriman (Platt Tech), Jessica Jayakar (Shelton), Grace Kantor (Jonathan Law), Julia Krijgsman (Shelton), Tori Lanese (Foran), Madilyn Lula (Jonathan Law), Alexis Neider (Jonathan Law), Claris-

sa Pierre (Shelton), Sydney Pitter (Amity Regional)

Division B: Hannah Auddino (North Haven), Isabella Bartolomei (Mercy), Mackenzie Grady (Lyman Hall), Ellery Campbel (Lyman Hall), Julianna Corniello (Sacred Heart Academy), Lydia Dellipoali (Sheehan), Alexandra Ferriouolo (North Haven), Lilly Hedge (Mercy), Sarah Holley (Cheshire), Caitlyn Hunt (Sheehan), Emily Jockle (Sheehan), Justine Manning (Sacred Heart Academy), Avery Mola (Cheshire), Hannah Portal (Cheshire), Victoria Santi (Cheshire), Gianna Scopetto (Lyman Hall), Caroline Toni (North Haven)

Division C: Rae Ada-George (Hamden), Emma Appleman (Guilford), Alexandra Bietz (Branford), Emily Brouder (Guilford), Olivia Ciocca (Guilford), Carly Cordova (East Haven), Marzia Johnson (Branford), Neve Krajcir (West Haven), Victoria Heaphy (East Haven), Christina Logan (Hamden), Savannah Lopez (West Haven), Kaitlin Moran (Hamden), Taylor Salato (East Haven), Madeline Schneider (Daniel Hand), Rose Wallace (Daniel Hand), Juliet Young (Guilford)

Div. A Player of Year, presented by Connecticut Orthopaedics
– Zoe Dizenzo (Amity Regional)

Div. B Player of Year, presented by Connecticut Orthopaedics
– Sarah Holley (Cheshire)

Div. C Player of Year, presented by Connecticut Orthopaedics
– Emma Appleman (Guilford)

Div. A Coach of Year, presented by Connecticut Orthopaedics
– Seth Davis (Amity Regional)

Div. B Coach of Year, presented by Connecticut Orthopaedics
– Sue Bavone (Cheshire)

Div. C Coach of Year, presented by Connecticut Orthopaedics
– Laura Anastasio (Guilford)

Field Hockey

The SCC held two divisional postseason competitions with all teams qualifying. Due to a COVID-19 quarantine, top-seeded Sacred Heart Academy could not participate in the Division B tournament.

Division A

First Round – Nov. 7 @Higher Seeds

#2 Guilford 7, #7 Lyman Hall 0

#3 Daniel Hand 2, #6 Sheehan 0

#4 Branford 2, #5 Mercy 0

Semifinals – Nov. 9 @Higher Seeds

#2 Guilford 4, #3 Daniel Hand 1

#1 Cheshire 3, #4 Branford

Championship – Wednesday, Nov. 11

Guilford 5, at Cheshire 1

Tournament Most Outstanding Player: Hannah Tillier, forward,
Guilford

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Division B

First Round - Nov. 7

#4 Hamden 4, #5 North Haven 1

Semifinals - Nov. 9 @Higher Seeds

#2 Luralton Hall 3, #3 Shelton 1 (Nov. 7)

#1 Amity Regional 3, #4 Hamden 0

Championship Game - Nov. 11

Luralton Hall 2, at Amity Regional 1

Tournament Most Outstanding Player: Brianna Firgeleski, defense, Luralton Hall

All-Conference

Division A: Raegan Bailey (Cheshire), Jessica Davies (Sheehan), Shea Docker (Daniel Hand), Reilly Dolan (Daniel Hand), Scout Engstrom (Branford), Maddie Epke (Guilford), Tarana Eldredge (Cheshire), Megan Hart (Daniel Hand), Grace Hartmann (Daniel Hand), Lauren Houle (Cheshire), Ashleen Keating (Lyman Hall), Shaelyn Kelley (Mercy), Lauren Kendrick (Branford), Lenora Longway (Branford), Allie Petonito (Guilford), Nina Shamas (Branford), Hannah Tillier (Guilford), Sophie Vagts (Cheshire), Taylor Warburton (Cheshire), Eve Young (Guilford), Kaylie Zemke (Mercy)

Division B: Mariella Biceglia (North Haven), Mia Celentano (Sacred Heart Academy), Jianna Cohrs (Sacred Heart Academy), Elle Corcoran (Luralton Hall), Kennedy Csejka (Amity Regional), Elle Cullinane (Hamden), Giulia Emanuel (Luralton Hall), Clare McCurley (Sacred Heart Academy), Ella Miller (Hamden), Brooke Muller (Shelton), Keira O'Connor (Shelton), Julia Proto (Luralton Hall), MaCaelan Rahn (Amity Regional), Morgan Rahn (Amity Regional), Payton Rahn (Amity Regional), Sydney Rossacci (Sacred Heart Academy), Cate Santa (Shelton), Mackenzie White (North Haven)

Div. A Runner of Year, presented by Connecticut Orthopaedics – Hannah Tillier (Guilford)

Div. B Co-Players of Year, presented by Connecticut Orthopaedics – Payton Rahn (Amity Regional), Jianna Cohrs (Sacred Heart Academy)

Div. A Coach of Year, presented by Connecticut Orthopaedics – Eileen Wildermann (Cheshire)

Div. B Coach of Year, presented by Connecticut Orthopaedics – Jackie DeFrancesco (Sacred Heart Academy)

Girls Soccer

The SCC held three divisional postseason competitions with all teams qualifying. Due to a COVID-19 quarantine, Amity Regional and Career/Hillhouse could not participate in the tournament.

Division A

First Round - Nov. 9

#2 Sheehan 5, #7 Lyman Hall 1

#3 Cheshire 7, #6 North Haven 0

#5 Sacred Heart Academy 4, #4 Hamden 3 (OT)

Semifinals - Nov. 11

#3 Cheshire 3, #2 Sheehan 0

#1 Mercy 2, #5 Sacred Heart Academy 0

Championship Game - Nov. 13

Mercy 1, Cheshire 0

Tournament Most Outstanding Player: Melina Ford, goalkeeper, Mercy

Division B

First Round - Nov. 9

#4 East Haven 4, #5 Wilbur Cross 1

Semifinals - Nov. 11

#3 Branford 1, #2 Daniel Hand 0

#1 Guilford 4, #4 East Haven 0

Championship Game - Nov. 13

Guilford 1, Branford 0 (OT)

Tournament Most Outstanding Player: Moira Kellaheer, forward, Guilford

Division C

Semifinals - Nov. 10

#1 Shelton 1, #4 Jonathan Law 0

#3 Foran 2, #2 West Haven 0

Championship Game - Nov. 12

Shelton 5, Foran 0

Tournament Most Outstanding Player: Noelle Garretson, forward, Shelton

All-Conference

Division A: Elizabeth Arnold (Sheehan), Lexi Carim (Sheehan), Giavanna Damone (North Haven), Dani Ellis (Cheshire), Melina Ford (Mercy), Ella Guth (Sacred Heart Academy), Jada Ijeh (Sacred Heart Academy), Tiatiana Jones (Hamden), Kaila Lujambio (Mercy), Kathryn Menard (Mercy), Ariana Mullin (Hamden), Ellie Pergolotti (Cheshire), Alicea Piscitelli (Sheehan), Shianna Reeves (Lyman Hall), Grace Riegler (Mercy), Gabby Tirado (Cheshire)

Division B: Kat Baseggio (Guilford), Charlotte Buterbaugh (Wilbur Cross), Ava Ferrie (Branford), Taylor Gamberdella (Guilford), Macey Girard (Branford), Maddie Hummel (Daniel Hand), Kendall Infantino (Branford), Moira Kellaheer (Guilford), Angelina Munoz (East Haven), Isabella Pilato (East Haven), Emily Pycela (East Haven), Brooke Salutari (Daniel Hand), Arly Saucedo (Career/Hillhouse), Ella Skonieczny (Daniel Hand), Arianna Tomassi (Guilford), Kate Van Tassel (Wilbur Cross)

Division C: Colleen Ardolino (Foran), Kayla Avilia (Platt Tech), Kayleigh Bartlett (Shelton), Noelle Garretson (Shelton), Nicole Grosso (Amity Regional), Selena Izzo (West Haven), Martyna Krysztopik (Amity Regional), Sabrina Lawless (Jonathan Law), Audrey Marin (Amity Regional), Lauren McCarthy (Luralton Hall), Dylan O'Brien (Luralton Hall), Elizabeth Porto (Shelton), Emily Sandin (Shelton), Rylee Tondora (Foran), Julia Tsakonas (West Haven), Tomalyn Williams (West Haven)

Div. A Player of Year, presented by Connecticut Orthopaedics

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– Gabby Tirado (Cheshire)

Div. B Player of Year, presented by Connecticut Orthopaedics – Moira Kellaher (Guilford)

Div. C Player of Year, presented by Connecticut Orthopaedics – Audrey Marin (Amity Regional)

Div. A Coach of Year, presented by Connecticut Orthopaedics – Marcus Harley (Mercy)

Div. B Coach of Year, presented by Connecticut Orthopaedics – Jake Hackett (East Haven)

Div. C Coach of Year, presented by Connecticut Orthopaedics – Peter Trenchard (West Haven)

Haven), Ryan Gerry (Xavier), Erick Gonzalez (Whitney Tech), Ethan Gonzalez (Cheshire), Murphy Malone (Cheshire), Kasey Mongillo (North Haven), Matthew Pisani (Cheshire), Jason Salley (Xavier), Noah Stevenson (Xavier), Riley Stone (Lyman Hall), Declan Turbett (Lyman Hall), Josh Venditto (Hamden), Jack Wagner (Hamden)

Division B: Alec Aceves-Acosta (Branford), Luis Agudelo (East Haven), Aidan Buchanan (Guilford), Victor Calvillo (East Haven), Raffaele Ciarleglio (Branford), Mark Congacha (Career/Hillhouse), Anthony Ippolito (Guilford), Kevin Sian (Wilbur Cross), Niall O'Brien (Guilford), Chris Porte (Daniel Hand), Scott Testori (Daniel Hand), Alex Van Tassel (Wilbur Cross), Jason Wallack (Daniel Hand), Jack Wildermann (Daniel Hand)

Division C: Christian Allino (Notre Dame), Aldo Barrigan (West Haven), Arian Bobi (Amity Regional), Ben Carlson (Foran), Lex Edwards (Jonathan Law), Connor Gill (Shelton), Thomas Kummer (Foran), Ricardo Lopez (Platt Tech), Luca Marinelli (Foran), Aaron Mayerson (Amity Regional), Fillipe Mourau (Jonathan Law), Deven Papadimitriou (Shelton), Anthony Vendrella (West Haven), Nick Vitti (Notre Dame)

Division A

First Round – Nov. 10

#5 Hamden 1, #4 Lyman Hall 1 (Hamden advances via penalty kicks, 5-3)

Semifinals – Nov. 12

#2 Cheshire 5, #3 North Haven 2

#1 Xavier 4, #5 Hamden 0

Championship Game – Nov. 14

Xavier 2, Cheshire 1

Tournament Most Outstanding Player: Spencer Misenti, goal-keeper, Xavier

Division B

Semifinals – Nov. 10

#2 Guilford 9, #3 East Haven 0

Championship Game – Nov. 12

Daniel Hand 3, Guilford 1

Tournament Most Outstanding Player: Scott Testori, forward, Daniel Hand

Division C

First Round – Nov. 9

#3 West Haven 3, #6 Shelton 1

#4 Amity Regional 2, #5 Notre Dame 0

Semifinals – Nov. 11

#3 West Haven 3, #2 Jonathan Law 2

#1 Foran 2, #4 Amity Regional 1 (OT)

Championship – Nov. 13

West Haven 2, Foran 1

Tournament Most Outstanding Player: Aldo Barrigan, forward, West Haven

All-Conference

Division A: Andrew Carey (Sheehan), Eduardo Cienfuegos (North

Div. A Player of Year, presented by Connecticut Orthopaedics – Jason Salley (Xavier)

Div. B Player of Year, presented by Connecticut Orthopaedics – Scott Testori (Daniel Hand)

Div. C Player of Year, presented by Connecticut Orthopaedics – Aldo Barrigan (West Haven)

Div. A Coach of Year, presented by Connecticut Orthopaedics – Brian Fitzgerald (Xavier)

Div. B Coach of Year, presented by Connecticut Orthopaedics – Greg Cumpstone (Daniel Hand)

Div. C Coach of Year, presented by Connecticut Orthopaedics – Rick DiStefano (Foran)

Girls Swimming

The SCC held virtual postseason divisional competitions with all teams participating. Results from the divisional competitions were merged to determine a league champion.

Virtual Divisional meets - Oct. 26-Nov. 10

Division I

1. Cheshire, 1336; 2. Luralton Hall, 1050; 3. Amity Regional, 1021; 4. North Haven, 894; 5. Jonathan Law, 700; 6. Hamden, 651; 7. Mercy, 606; 8. Daniel Hand, 604

Division II

1. Guilford, 1055; 2. Shelton, 943; 3. Foran, 903; 4. Lyman Hall, 838; 5. East Haven-Wilbur Cross, 625; 6. Sacred Heart Academy, 600; 7. Sheehan, 594; 8. Branford, 538; 9. West Haven, 523

Virtual Championship Meet (from divisional meets)

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1. Cheshire, 1283; 2. Luralton Hall, 882; 3. Amity Regional, 870.5; 4. North Haven, 700; 5. Lyman Hall, 516; 6. Hamden, 504; 7. Jonathan Law, 487; 8. Guilford, 483; 9. Daniel Hand, 385; 10. Foran, 381.5; 11. East Haven-Wilbur Cross, 372; 12. Mercy, 314; 13. Shelton, 285; 14. Sacred Heart Academy, 283; 15. Sheehan, 256; 16. Branford, 221; 17. West Haven, 189

All-Conference

200 yard Medley Relay

Cheshire (Nora Bergstrom, Emma Glover, Mary Barto, Julia Barto), 1:50

Lauralton Hall (Elise Richardson, Caroline Krawec, Hailey Baker, Elena Bielez), 1:53.77

200 Freestyle: Morgan Bagnall (Lauralton Hall), 1:52.88; Nora Bergstrom (Cheshire), 1:54.84; Norah Rome (East Haven/Wilbur Cross), 1:55.57

200 IM: Julia Barto (Cheshire), 2:08.09; Julianna Tyler (Cheshire), 2:10.64; Emma Glover (Cheshire), 2:10.69

50 Freestyle: Sophie Murphy (Cheshire), 23.68; Madeline Bergin (North Haven), 24:05; Katherine O'Connor (Amity Regional), 24.86

Diving: Natalie DeMatteo (Cheshire), 392.75; MaKenna Sharpe (Jonathan Law), 360.40; Alyssa Cervero (Lyman Hall), 355.55

100 Butterfly: Juliana Tyler (Cheshire), 58.34; Mary Barto (Cheshire), 58.69; Grace Mahon (Amity Regional), 58.96

100 Freestyle: Sophie Murphy (Cheshire), 51.44; Madeline Bergin (North Haven), 52.04; Emma Panaroni (Hamden), 53.79

500 Freestyle: Morgan Bagnall (Lauralton Hall), 4:58.41; Norah Rome (East Haven/Wilbur Cross), 5:05.58; Nora Bergstrom (Cheshire), 5:06.63

200 Freestyle Relay:

Cheshire (Julia Barto, Avery Potrala, Emma Glover, Sophie Murphy), 1:39.61

Amity Regional (Katherine O'Connor, Paige Boguniecki, Julia Snow, Emma Tirollo), 1:41.57

100 Backstroke: Vivian Freitas (Lauralton Hall), 58.13; Emma Panaroni (Hamden), 1:00.36; Ava Keane (Daniel Hand), 1:01.12

100 Breaststroke: Emma Glover (Cheshire), 1:06.82; Julia Barto (Cheshire), 1:07.71; Caroline Krawec (Lyman Hall), 1:07.71

400 Freestyle Relay:

Cheshire (Sophie Murphy, Nora Bergstrom, Julianna Tyler, Avery Potrala), 3:34

Lauralton Hall (Ashlyn Blessey, Morgan Bagnall, Claire Kehley, Vivian Freitas), 3:43.10

200 Freestyle Relay:

Cheshire (Julia Barto, Avery Potrala, Emma Glover, Sophie Murphy)

Amity Regional (Katherine O'Connor, Paige Boguniecki, Julia Snow, Emma Tirollo)

Lauralton Hall (Ashlyn Blessey, Caroline Begg, Morgan Bagnall, Claire Kehley)

100 Backstroke: Vivian Freitas (Lauralton Hall), Emma Panaroni (Hamden), Ava Keane (Daniel Hand), Ava Breton (Cheshire), Mikayla Rapuano (North Haven), Elizabeth Bodie (Amity Regional)

100 Breaststroke: Emma Glover (Cheshire), Julia Barto (Cheshire), Mary Barto (Cheshire), Gabrielle Sokolik (Cheshire), Alica Scalmani (North Haven), Hennessey Shane (Jonathan Law)

400 Freestyle Relay:

Cheshire (Sophie Murphy, Nora Bergstrom, Julianna Tyler, Avery Potrala)

Lauralton Hall (Ashlyn Blessey, Morgan Bagnall, Claire Kehley, Vivian Freitas)

Amity Regional (Lauren Sender, Grace Mahon, Emma Tirollo, Julia Snow)

Div. I Swimmer of Year, presented by Connecticut Orthopaedics – Maddie Bergin (North Haven)

Div. II Swimmer of Year, presented by Connecticut Orthopaedics – Norah Rome (East Haven)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Dave Modzelewski (Cheshire)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Donna Neary (Lyman Hall)

WINTER

Boys Indoor Track

During the month of March, the SCC was able to host held regular-season indoor track competitions at the Floyd Little Athletic Center. All-Conference teams were derived from the best performances.

Boys All-Conference

Jason Lorent (Shelton), Devin Cue (Wilbur Cross), Darren Blount (Fairfield Prep), Raphael Hawkins (Hillhouse), Ethan Harrigan (Jonathan Law), Nikita Omelchenko (Wilbur Cross), Aidan Tischer (Amity Regional), Connor Parthasarthy (Daniel Hand), Nick Cassarino (Xavier), Eamon Burke (Xavier), Nick Montana (Daniel Hand), Alexander Ushchak (Xavier), Mason Beaudette (Amity Regional), Brody Santagata (Xavier), Jackson Wartens (Jonathan Law), Blake Battaglia (Wilbur Cross), Anthony Vendrella (West Haven), Gary Moore (Hillhouse), Andrew Mysirlidis (Shelton), Jaquan Jackson (Wilbur Cross), Keyandre Smith (Hillhouse), Jacob McGeary (Daniel Hand), Joseph Savino (Shelton), Donald Coletta (Notre Dame),

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Akeem Perry (Shelton), Brett Dumais (Foran), Max Bothwell (Notre Dame), Hunter Feitel (Xavier), Joshua Bacon (Fairfield Prep), Garrett Jones (Notre Dame), Paul Burkett (Sheehan), Joshua Lesniak (Xavier), James Weber (West Haven), Naheim Washington (Jonathan Law), Jadon Gomez-Stafford (Wilbur Cross), Tremayne Sweat (Hillhouse), Anthony Galicia (Sheehan), Radames Figueroa (East Haven), Caleb Bolden (Fairfield Prep), Will Rodrigues (Shelton), Tyler Caron (Cheshire), Mason Williams (Lyman Hall), Nathanael Huebner (Foran)

Athlete of Year, presented by Connecticut Orthopaedics – Gary Moore, Jr. (Hillhouse)

Coach of Year, presented by Connecticut Orthopaedics – Travis Gale (Wilbur Cross)

Girls Indoor Track

During the month of March, the SCC was able to host held regular-season indoor track competitions at the Floyd Little Athletic Center. All-Conference teams were derived from the best performances.

Girls All-Conference

Audrey Kozak (Shelton), Kisha Francois (East Haven), Allison Villana (Sheehan), Nyla White (Wilbur Cross), Avery Winters (Sheehan), Margo Pedersen (Wilbur Cross), Kaila Lujambio (Mercy), Meryl Sullivan (Daniel Hand), Ella Guth (Sacred Heart Academy), Anna Steffen (Daniel Hand), Elisabeth Brown (Sheehan), Kelly Jones (Lauralton Hall), Julia Cannon (Sacred Heart Academy), Xochiti Sanchez (Wilbur Cross), Aliya Cameron (Sacred Heart Academy), Kira Zawalich (Cheshire), Andriana Bruno (Jonathan Law), Emma Iepisto (Cheshire), Leah Moore (Hillhouse), Jada McCown (Hillhouse), Shalisha Robertson (Hillhouse), Audrey Kozak (Shelton), Amelia Mansfield (Sheehan), Tatiana Harris (Hillhouse), Erin Brennan (Sheehan), Ava Steibiegel (Foran), Susan Porto (Shelton), Mariama Diakhate (Hamden), Erin Brennan (Sheehan), Catherine McLaughlin (Lauralton Hall), Olivia Platt (Sheehan), Emily Zielinski (Amity Regional), Tomalyn Williams (West Haven), Hannah Rascoil (Jonathan Law), Emerson Forbes (Sacred Heart Academy), Julia Nadolski (Mercy), Anna Omelchenko (Wilbur Cross), Kayla Blackwell (Hillhouse), Jessica Urban (East Haven), Emily Chase (Lyman Hall), Arezoo Ghazagh (Foran)

Athlete of Year, presented by Connecticut Orthopaedics – Margo Pedersen (Wilbur Cross)

Coach of Year, presented by Connecticut Orthopaedics – Travis Gale (Wilbur Cross)

Cheerleading

During the month of March, the SCC hosted a virtual competition. All-Conference teams were derived from the best performances.

All-Conference

Trista Oddo (Shelton), Bryanna Pepe (Cheshire), Sam Iagroissi (Branford), Phoebe Flasko (Lauralton Hall), Kayla Bennett (Sacred Heart Academy), Gianna D'Angelo (Lyman Hall), Grace Peruso (North Haven), Brooke Throm (Sacred Heart Academy), Reagan Gromko (Cheshire), Jamie Koons (Sacred Heart Academy), Hailee Lazaro (Shelton), Alissa Ciotti (Daniel Hand), Sophia Speringo (East Haven), Reagan O'Dea (Daniel Hand), Emily Orth (North Haven), Caileigh Cisero (Shelton), Mariella Esparto (Branford), Taylor Sheehan (Cheshire), Antonia Torello (East Haven), Katie Wetmore (Lauralton Hall)

Cheerleader of Year, presented by Connecticut Orthopaedics – Trista Oddo (Shelton)

Cheerleader Merit Award - Ashley Lynch (East Haven)

Boys Swimming

The SCC held virtual postseason divisional competitions with all teams participating. Results from the divisional competitions were merged to determine a league champion.

Division I

1. Xavier, 1069; 2. Greater New Haven co-op, 1018.5; 3. Fairfield Prep, 1063; 4. Cheshire, 886; 5. Amity Regional, 674; 6. Daniel Hand, 590.5

Division II

1. Hamden, 1042; 2. Milford co-op, 792; 3. Notre Dame, 727; 4. Shelton, 726; 5. Lyman Hall/Coginchaug co-op, 621; 6. West Haven, 475; 7. Sheehan, 463

Combined Championship Meet Team Final Results

1. Xavier, 974; 2. Greater New Haven co-op, 880.5; 3. Fairfield Prep, 856; 4. Cheshire, 777; 5. Hamden, 676; 6. Amity Regional, 545; 7. Daniel Hand, 503.5; 8. Milford co-op, 467; 9. Lyman Hall/Coginchaug co-op, 361; 10. Shelton, 344; 11. Notre Dame, 282; 12. Sheehan, 233; 13. West Haven, 144

Most Outstanding Swimmer: Joseph Zellner (Sheehan)

All-Conference

200 yard Medley Relay:

Xavier (Mitchell Wollen, Andrew Mitchell, Samuel Enes, Donald Frost)

Cheshire (Wesley Johnson, Silas Wang, Anmol Sapru, Justin Finkel)

200 yard Freestyle: Finn Henry (Greater New Haven co-op), Noah San Vicente (Xavier), Nathaniel Duffy (Fairfield Prep)

200 yard IM: Brendan Connors (Greater New Haven co-op), Edward Platanov (Milford co-op), Mitchell Wollen (Xavier)

50 yard Freestyle: Joseph Zellner (Sheehan), Timothy Turnbull (Fairfield Prep), Justin Finkel (Cheshire)

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Diving: Jonah Heiser (Hamden), Thomas Kehoe (Fairfield Prep), Christian Butler Greater New Haven co-op)

100 yard Butterfly: Justin Finkel (Cheshire), Timothy Turnbull (Fairfield Prep), Edward Platanov (Milford co-op)

100 yard Freestyle: Andrew Mitchill (Xavier), Finn Henry (Greater New Haven co-op), Martin Adlianitski (Cheshire)

500 yard Freestyle: Justin Goglia (Milford co-op), George Clark (Xavier), Jack Signorello (Daniel Hand)

200 yard Freestyle Relay:

Xavier (Noah San Vicente, Nikita Zuev, Donald Frost, Andrew Mitchill)
Greater New Haven co-op (Brendan Connors, Hethon Foster, Aiden Cohen, Finn Henry)

100 yard Backstroke: Mitchell Wollen (Xavier), Brendan Connors (Greater New Haven co-op), Samuel Enes (Xavier)

100 yard Breaststroke: Joseph Zellner (Sheehan), Andrew Mitchill (Xavier), Harrison Hua (Cheshire)

400 yard Freestyle Relay:

Cheshire (Anmol Sapru, Martin Adlianitski, Justin Finkel, Harrison Hua)
Xavier (Samuel Enes, Noah San Vicente, Nikita Zuev, Mitchell Wollen)

Div. I Swimmer of Year, presented by Connecticut Orthopaedics – Justin Finkel (Cheshire)

Div. II Swimmer of Year, presented by Connecticut Orthopaedics – Joseph Zellner (Sheehan)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Christina Forristal (Daniel Hand)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Nate Hill (Hamden)

Gymnastics

The SCC held virtual postseason competitions with all teams participating. Results from the virtual competitions were merged to determine a league champion.

Final Team Results

1. Jonathan Law, 135.15; 2. Daniel Hand, 130.95; 3. Mercy, 127.1; 4. Foran, 119.45; 5. Hamden, 85.6

Vault

1. Catherine Burns, Jonathan Law, 9.05
2. Paige Dean, Daniel Hand, 9.0
3. Emma Nelly, Jonathan Law, 8.5

Uneven Bars

1. Natalie Morrell, Jonathan Law, 8.7
2. Catherine Burns, Jonathan Law, 8.6
3. Hadley Reiss, Daniel Hand, 8.45

Balance Beam

1. Natalie Morrell, Jonathan Law, 9.05
2. Catherine Burns, Jonathan Law, 8.95
3. Emma Nelly, Jonathan Law, 8.9

Floor Exercise

1. Hadley Reiss, Daniel Hand, 9.0
2. Emma Nelly, Jonathan Law, 8.8
3. Morgan McMahon, Daniel Hand, 8.75

All Around

1. Catherine Burns, Jonathan Law, 35.2
2. Emma Nelly, Jonathan Law, 34.2
3. Natalie Morrell, Jonathan Law; Hadley Reiss, Daniel Hand, 33.9
4. Tallulah Malz, Mercy, 33.0
5. Ella Esposito, Guilford, 32.95
6. Paige Dean, Daniel Hand, 32.9

All Conference

Catherine Burns (Jonathan Law), Emma Nelly (Jonathan Law), Natalie Morrell (Jonathan Law), Hadley Reiss (Daniel Hand), Paige Dean (Daniel Hand), Tallulah Malz (Mercy), Ella Esposito, (Guilford), Morgan McMahon (Daniel Hand), Jessa Cappiello (Mercy), Charlie Weaver (Mercy), Emma Jerue (Foran), Lauren Turner (Mercy)

Gymnast of Year, presented by Connecticut Orthopaedics – Catherine Burns (Jonathan Law)

Coach of Year, presented by Connecticut Orthopaedics – Pat Simon (Jonathan Law)

Girls Basketball

The SCC held two divisional postseason competitions with all teams qualifying.

Regular-season champions

West: Sacred Heart Academy (9-0)

East: Sheehan, Daniel Hand (8-1)

Division I

First Round – March 17

#8 Shelton 40, #9 East Haven 38

#10 Hillhouse 44, #7 Jonathan Law 43

Quarterfinals – March 19

#1 Sheehan 38, #8 Shelton 25

#4 Hamden 38, #5 Mercy 33

#2 Daniel Hand 72, #10 Hillhouse 48

#3 Wilbur Cross 52, #6 Amity Regional 21

Semifinals – March 22 @Higher Seeds

Wilbur Cross 38, Daniel Hand 37

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Hamden 51, Sheehan 41

Championship Game – March 25 @North Haven HS

Hamden 55, Wilbur Cross 52

Tournament Most Outstanding Player: Diamond White, Hamden

Division II

First Round – March 17 @Higher Seeds

#9 Luralton Hall 58, #8 Career 51

#10 Guilford 40, #7 Branford 28

Quarterfinals – March 19 @Higher Seeds

#1 Sacred Heart Academy 66, #9 Luralton Hall 40

#5 Cheshire 31, #4 Lyman Hall 29 (OT)

#2 West Haven 47, #10 Guilford 25

#3 North Haven 57, #6 Foran 26

Semifinals – March 22 @Higher Seeds

West Haven 48, North Haven 39

Sacred Heart Academy 76, Cheshire 50

Championship Game – March 25 @North Haven HS

Sacred Heart Academy 55, West Haven 39

Tournament Most Outstanding Player: Rosa Rizzitelli, Sacred Heart Academy

All-Conference

East Division: Lauren Thompson (Branford), Grace Lurz (Cheshire), Sophia Coppola (Daniel Hand), Brooke Salutari (Daniel Hand), Erin Curran (East Haven), Taylor Salato (East Haven), Moira Kellaher (Guilford), Diamond White (Hamden), Brianna Mik (Lyman Hall), Natalie Panagrosso (Lyman Hall), Lilly Hedge (Mercy), Sophie Hedge (Mercy), Sarah Puzone (North Haven), Caitlyn Hunt (Sheehan), Hayleigh Lagase (Sheehan), Caitlyn Velez (Sheehan)

East Player of Year, presented by Connecticut Orthopaedics – Caitlyn Hunt (Sheehan)

East Coach of Year, presented by Connecticut Orthopaedics – Amanda Forcucci (Hamden)

West Division: Skylar Burzynski (Amity), Mya Manzione (Amity Regional), TayJana Greene (Career), Lauren Heenan (Foran), Trinity Moody (Hillhouse), Nielle Reaves (Hillhouse), Shelby Greene (Jonathan Law), Katie Konareski (Jonathan Law), Catherine Bosse (Luralton Hall), Carina Ciampi (Sacred Heart Academy), Rosa Rizzitelli (Sacred Heart Academy), Clarissa Pierre (Shelton), Amani Abuhatab (West Haven), Kassidy Carrano (West Haven), April Artis (Wilbur Cross), Dejah Middleton (Wilbur Cross), Jaylice Rosario (Wilbur Cross)

West Player of Year, presented by Connecticut Orthopaedics – Jaylice Rosario (Wilbur Cross)

West Coach of Year, presented by Connecticut Orthopaedics – Jason Kirck (Sacred Heart Academy)

The SCC held two divisional postseason competitions with all teams qualifying. Due to COVID-19 quarantines, Fairfield Prep and Hillhouse could not participate in the Division I tournament.

Regular-season champions

West: Fairfield Prep, West Haven (7-1)

East: Xavier (8-0)

Division I

Quarterfinals – March 20 @Higher Seeds

#1 West Haven 56, #8 Shelton 36

#2 Xavier 63, #7 Hamden 54

#3 Notre Dame 71, #6 Amity Regional 40

#5 Wilbur Cross 62, #4 Jonathan Law 31

Semifinals – Tuesday, March 23 @Higher Seeds

Notre Dame 60, Xavier 46

West Haven 64, Wilbur Cross 58 (OT)

Championship Game – March 26 @Floyd Little Athletic Center

West Haven 69, Notre Dame 49

Tournament Most Outstanding Player: Kairon Hooks, West Haven

Division II

First Round – March 18

#10 Foran 69, #7 Sheehan 62

#8 Career 56, #9 North Haven 21

Quarterfinals – March 20

#1 Lyman Hall 32, #8 Career 27

#4 Branford 53, #5 Guilford 46

#2 East Haven 55, #10 Foran 32

#3 Daniel Hand 69, #6 Cheshire 54

Semifinals – March 23 @Higher Seeds

Lyman Hall 52, Branford 37

East Haven 44, Daniel Hand 41 (OT)

Championship Game – March 26 @Floyd Little Athletic Center

Lyman Hall 34, East Haven 26

Tournament Most Outstanding Player: Ty Voisine, Lyman Hall

All-Conference

East Division: Jake Palluzzi (Branford), Justin Elpi (Branford), Ian Reynolds (East Haven), Nick Furino (East Haven), Jake Ciocca (Guilford), Justin Hess (Guilford), Tyler Favre (Daniel Hand), Kyle Hoffman (Daniel Hand), Tyler Voisine (Lyman Hall), Luke O'Reardon (Lyman Hall), Jack McDonnell (Sheehan), Parker Hunter (Xavier), Justin Menard (Xavier), Luke Nieman (Cheshire), DeAndre Coardes (Hamden)

East Player of Year, presented by Connecticut Orthopaedics – Justin Menard (Xavier)

East Coach of Year, presented by Connecticut Orthopaedics – Rob Ruys (Lyman Hall)

West Division: Micah Morgan (Amity Regional), Thomas Glover

Boys Basketball

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(Career), Mathew Gibbs (Hillhouse), Noah Tutlis (Jonathan Law), Ben Carroll (Notre Dame), James Rawlins (Notre Dame), Vinny DeFeo (Shelton), Malcom Duncanson (West Haven), Dereyk Grant (Wilbur Cross), Javon Taylor (Wilbur Cross), Christian McCleave (Wilbur Cross), Mekhi Conner (Notre Dame), Eli Blackwell (West Haven), Max Manjos (Fairfield Prep), Logan Carey (Fairfield Prep)

West Player of Year, presented by Connecticut Orthopaedics – Malcolm Duncanson (West Haven)

West Coach of Year, presented by Connecticut Orthopaedics – Mike Papale (Fairfield Prep)

Girls Ice Hockey

Regular-season champions: West Haven/SHA (7-0)

SCC Playoffs

Semifinals - March 23 @Higher Seeds

#1 West Haven/Sacred Heart Academy co-op 6, #4 Masuk/Barlow/Newtown/Lauralton Hall/Shelton co-op 0

#2 Guilford 8, #3 Jonathan Law/Foran/ND-Fairfield/Pomperaug/Weston co-op 1

Championship Game – March 25 @Bennett Rink

West Haven/Sacred Heart Academy co-op 5, Guilford 2

Tournament Most Outstanding Player: Mia Celentano, WH/SHA co-op

** Please note: three SCC teams (Hand-Coginchaug co-op, Hamden-Lyman Hall-Wilbur Cross co-op and Amity-NH-Cheshire co-op) were did not participate in the playoffs due to Covid-19 quarantines.*

All-Conference

First Team: Madison Epke (Guilford), Jenna Hunt (Sacred Heart Academy/WH), Jianna Cohrs (Sacred Heart Academy/WH), Mackenzie Gardner (West Haven/SHA), Caroline Cadelina (Amity Regional), Grace Nowak (West Haven), Ashleen Keating (Lyman Hall/Hamden)

Second Team: Sofia Cuozzo (Guilford), Jenna Johnson (Foran), Amanda Quinn (New Milford/Masuk), Sydney Courtmanche (Daniel Hand), Olivia Gill (Guilford), Bethany Karp (Pomperaug/Milford), Mia Celenatano (Sacred Heart Academy/WH), Avery DePodesta (Cheshire)

Co-Players of Year, presented by Connecticut Orthopaedics – Madison Epke (Guilford), Mackenzie Gardner (West Haven/SHA)

Coach of Year, presented by Connecticut Orthopaedics – Andy Townsend (Masuk co-op)

Boys Ice Hockey

Regular-season champions:

Div. I: Fairfield Prep (6-0)

Div. II: Lyman Hall (8-1)

Div. III: BBD (5-0)

Division I

Quarterfinals – March 20

#2 Notre Dame-West Haven 8, #7 Hamden 2

#3 Xavier 5, #6 Immaculate 1

#4 Notre Dame-Fairfield 2, #5 West Haven 1

Semifinals – March 23 @Higher Seeds

#2 Notre Dame-West Haven 6, #3 Xavier 1

#1 Fairfield Prep 5, #4 Notre Dame-Fairfield 2

Championship Game - March 26 @The Bennett Rink

Fairfield Prep vs. Notre Dame - cancelled due to a quarantine - teams named co-champions

Division II

First Round - March 18 @Higher Seeds

#9 Branford at #8 Guilford --- *Guilford withdrew from the tournament due to a quarantine; Branford advances to quarterfinals*

#7 Amity Regional 3, #10 North Branford 1

#6 Watertown-Pomperaug co-op 4, #11 East Haven co-op 1 (March 19)

Quarterfinals - March 20 @Higher Seeds

#1 Lyman Hall 5, #9 Branford 4

#5 Cheshire at #4 Daniel Hand --- *Daniel Hand withdrew from the tournament due to a quarantine; Cheshire advances to semifinals*

#2 Sheehan 7, #7 Amity Regional 3

#3 North Haven 4, #6 Watertown-Pomperaug co-op 0

Semifinals – March 24 @Higher Seeds

North Haven 3, Sheehan 2

Cheshire 4, Lyman Hall 3

Championship Game – March 27 @The Bennett Rink

North Haven 3, Cheshire 0

Tournament Most Outstanding Player: Andrew Sacco, goaltender, North Haven

Division III

Quarterfinals – March 20

#3 Newtown-New Fairfield co-op 6, #6 JBWA co-op 0

Semifinals – March 24 @Higher Seeds

#1 BBD 5, #4 Masuk 4

#3 Newtown-New Fairfield 3, #2 Milford co-op 2 (March 25)

Championship Game - March 27 @The Bennett Rink

BBD 4, Newtown-NF co-op 1

Tournament Most Outstanding Player: Kyle Boller, forward, BBD

All-Conference:

Division I First Team

Forward: Mason Whitney (Fairfield Prep), John D'Errico (Notre Dame-West Haven), Bryce Riccatelli (Hamden), Brian Essing (Notre Dame-West Haven)

Defense: Zach Schroeder (Notre Dame-West Haven), Luke Noonan (Fairfield Prep)

Goaltender: Connor Smith (Notre Dame-West Haven)

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Division I Second Team

Forward: Ben Carfora (West Haven), Matt Newton (Notre Dame-Fairfield), Jake Lion (Xavier)
Defense: Timothy Hayden (Immaculate), Ryan Drust (Xavier)
Goaltender: Charlie Miller (West Haven), Thomas Martin (Fairfield Prep)

Player of Year, presented by Connecticut Orthopaedics – Mason Whitney (Fairfield Prep)

Coach of Year, presented by Connecticut Orthopaedics – Karl Sundquist (Xavier)

Division II First Team

Forward: Tatum Fitzmaurice (Daniel Hand), Luke Festa (Sheehan), Aidan Weir (Lyman Hall), Anthony Romano (Sheehan)
Defense: Cam Grillo (East Haven), John Gagliardi (Daniel Hand),
Goaltender: Andrew Sacco (North Haven)

Division II Second Team

Forward: Niklas Vasiljevs (Cheshire), Joe Romano (Sheehan), Ryan Magee (Watertown-Pomperaug), Max Maisano (North Branford)
Defense: Billy Linder (Branford), Stephen Tortora (Guilford)
Goaltender: Eric Dillner (Daniel Hand)

Player of Year, presented by Connecticut Orthopaedics – Luke Festa (Sheehan)

Coach of Year, presented by Connecticut Orthopaedics – Dave Sagnella (Lyman Hall)

Division III First Team

Forward: Kyle Kosh (Milford), Andrew Scalia (Masuk), Phil Makris (Newtown/New Fairfield)
Defense: Teddy Blanchard (JBWA), Luca Ubaldi (Milford), Spencer Abrams (BBD)
Goaltender: Markus Paltauf (Newtown/New Fairfield), Logan Lucas (New Milford)

Division III Second Team

Forward: Kyle Boller (BBD), Dante Esposito (JBWA), James Celantano (Newtown/New Fairfield)
Defense: Mike Domenichelli (Masuk), Eli Kirby (Newtown/New Fairfield), Anthony Britton (BBD)
Goaltender: Luis Alfidi (BBD)

Player of Year, presented by Connecticut Orthopaedics – Kyle Kosh (Milford)

Coach of Year, presented by Connecticut Orthopaedics – Rusty Granacker (BBD)

SPRING

Boys Outdoor Track & Field

West Sectional – May 18 @Bowen Field, New Haven

1. Xavier, 178; 2. Fairfield Prep, 103; 3. Wilbur Cross, 99; 4. North Haven, 81; 5. Notre Dame, 69; 6. Branford, 68; 7. East Haven, 43; 8. West Haven, 28; 9. Hamden, 17

East Sectional – May 19 at Bowen Field, New Haven

1. Daniel Hand, 140.5; 2. Hillhouse, 105; 3. Shelton, 86; 4. Jonathan Law, 76; 5. Cheshire, 72; 6. Sheehan, 67.5; 7. Amity Regional, 52.5; 8. Guilford, 45; 9. Lyman Hall, 37.5; 10. Foran, 12

Championship Meet – May 25 at Bowen Field, New Haven

1. Xavier, 104; 2. Daniel Hand, 81; 3. Hillhouse, 75; 4. Fairfield Prep, 49; 5. Wilbur Cross, 49; 6. Shelton, 46; 7. Jonathan Law, 39; 8. Cheshire, 35; 9. Notre Dame, 32; 10. Branford, 26; 11. Sheehan, 20; 12. North Haven, 17; 13. Amity Regional, 16; 14. East Haven, 15; 15. Guilford, 14; 16. West Haven, 13; 17. Lyman Hall, 9; 18. Foran, 8

Championship Meet Most Outstanding Athlete: Gary Moore, Jr. (Hillhouse)

All-Conference First Team

Jason Lorent (Shelton), 100 meters, 200 meters
Raphael Hawkins (Hillhouse), 400 meters
Ryan Farrell (Cheshire), 800 meters
Eamon Burke (Xavier), 1600 meters, 3200 meters
Blake Battaglia (Wilbur Cross), 110 meter hurdles
Matt Gibbs (Hillhouse), 300 meter hurdles
Fairfield Prep (Darren Blount, Robert Young, Joshua Bacon, Ty-maine Smith), 4 x 100 meter relay
Daniel Hand (Paul Odyniec, Kyle Hoffman, Connor Parthasarthy, Carson Hines), 4 x 400 meter relay
Daniel Hand (Jack O'Keefe, Max Genther, Connor Parthasarthy, Dante Zucconi), 4 x 800 meter relay
Morgan Beth (Daniel Hand), High Jump
Bryce Meyers (Daniel Hand), Pole Vault
Joshua Bacon (Fairfield Prep), Long Jump
Devin Cue (Wilbur Cross), Triple Jump
Gary Moore, Jr. (Hillhouse), Shot Put, Discus, Javelin

Second Team

Darren Blount (Fairfield Prep), 100 meters
Raphael Hawkins (Hillhouse), 200 meters
Chris Wootton (Jonathan Law), 400 meters
Azaan Dawson (Fairfield Prep), 800 meters
Nikita Omelchenko (Wilbur Cross), 1600 meters
Brody Santagata (Xavier), 3200 meters
Matt Gibbs (Hillhouse), 110 meter hurdles
Jackson Warters (Jonathan Law), 300 meter hurdles
Sheehan (Jelan Kollie, Paul Burkett, Lucas Leon-Bareiro, Ryan Villano), 4 x 100 meter relay
Jonathan Law (Thomas Bretthauer, Ethan Harrigan, Jackson

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Warters, Chris Wootton), 4 x 400 relay
Xavier (Mason Jordan, Jacob Kirejczyk, Ryan Zimmerman, Nick Cassarino), 4 x 800 meter relay
Mekhi Barnette (Branford), High Jump, Long Jump
Max Bothwell (Notre Dame), Pole Vault
Selorm Dogbey (Xavier), Triple Jump
Andrew Mysirlidis (Shelton), Shot Put
Adam Carroll (Xavier), Discus
Mason Melchior (Notre Dame), Javelin

Athlete of Year, presented by Connecticut Orthopaedics – Gary Moore, Jr. (Hillhouse)

Coach of Year, presented by Connecticut Orthopaedics – Chris Stonier (Xavier)

Girls Outdoor Track & Field

West Sectional – May 18 at Bowen Field, New Haven

1. East Haven, 124; 2. Mercy, 110; 3. Wilbur Cross, 89; 4. Luralton Hall, 80; 5. Sacred Heart Academy, 79; 6. Career, 59; 7. North Haven, 48; 8. Branford, 35; 9. Hamden, 29; 10. West Haven, 14

East Sectional – May 19 at Bowen Field, New Haven

1. Sheehan, 173; 2. Cheshire, 91; 3. Hillhouse, 84; 4. Amity Regional, 80; 5. Shelton, 65; 6. Guilford, 57; 7. Jonathan Law, 57; 8. Daniel Hand, 56; 9. Lyman Hall, 24; 10. Foran, 11

Championship Meet – May 25 at Bowen Field, New Haven

1. Sheehan, 146; 2. Hillhouse, 64; 3. Cheshire, 63; 4. East Haven, 59; 6. Jonathan Law, 43; 7. Shelton, 41.5; 8. Daniel Hand, 35.5; 9. Guilford, 34; 10. Mercy, 34; 11. Career, 26; 12. Wilbur Cross, 23; 13. Luralton Hall, 21; 14. Lyman Hall, 14; 15. Foran, 10; 16. Branford, 9; 17. Sacred Heart Academy, 9; 18. West Haven, 8; 19. Hamden, 5; 20. North Haven, 3

Championship Meet Most Outstanding Athlete: Kisha Francois (East Haven)

All-Conference

First Team

Kisha Francois (East Haven), 100 meters, 200 meters
Jada McCown (Hillhouse), 400 meters
Mia Vientos (Cheshire), 800 meters
Julia Antony (Guilford), 1600 meters
Anna Steffen (Daniel Hand), 3200 meters
Caden Simpson (Jonathan Law), 100 meter hurdles
Clarisse Aminawung (Sheehan), 300 meter hurdles
Sheehan (Clarisse Aminawung, Patrice Mansfield, Allison Villano, Avery Winters), 4 x 100 meter relay
Mercy (Megan Gallagher, Kathryn Menard, Kaila Lujambio, Marie Kane), 4 x 400 meter relay
Cheshire (Kristen Daddi, Alexa Ciccone, Mia Vientos, Meghan

Georgescu), 4 x 800 meter relay
Abigail Ball (Amity Regional), High Jump
Erin Brennan (Sheehan), Pole Vault, Long Jump, Triple Jump
Leah Moore (Hillhouse), Shot Put
Darla Jagrosse (Sheehan), Discus
Alice Stettinger (East Haven), Javelin

Second Team

Riley Hanover (Cheshire), 100 meters
Avery Winters (Sheehan), 200 meters, 400 meters
Olivia Platt (Sheehan), 800 meters
Anna Steffen (Daniel Hand), 1600 meters
Julia Antony (Guilford), 3200 meters
Kaila Lujambio (Mercy), 100 meter hurdles
Caden Simpson (Jonathan Law), 300 meter hurdles
Amity Regional (Emily Zielinski, Audrey Marin, Riley Zielinski, Sarah Granados), 4 x 100 meter relay
Cheshire (Riley Hanover, Cat Palma, Mia Vientos, Kira Zawalich), 4 x 400 meter relay
Wilbur Cross (Charlotte Buterbaugh, Margo Pedersen, Lea Trachton, Anna Omelchenko), 4 x 800 meter relay
Tatiana Harris (Hillhouse), High Jump
Grace Gianquinto (Amity Regional), Pole Vault
Kisha Francois (East Haven), Long Jump
Morgan D'Auria (East Haven), Triple Jump
Darla Jagrosse (Sheehan), Shot Put
Olivia O'Connor (Hillhouse), Discus
MacKenzie Grady (Lyman Hall), Javelin

Athlete of Year, presented by Connecticut Orthopaedics – Kisha Francois (East Haven)

Coach of Year, presented by Connecticut Orthopaedics – Charles Farley (Sheehan)

Boys Tennis

Div. I Regular-season champions: Daniel Hand (16-0)

Div. II Regular-season champions: Jonathan Law (16-0)

Division I (6 teams)

First Round – May 24 @Higher Seeds

#3 Amity Regional 4, #6 Xavier 3

#4 Fairfield Prep 4, #5 Guilford 3

Semifinals – May 25 @Higher Seeds

#1 Daniel Hand 6, #4 Fairfield Prep 1

#2 Cheshire 4, #3 Amity Regional 3

Championship Match – May 26 @Daniel Hand HS

Daniel Hand 5, Cheshire 2

Tournament Most Outstanding Player: Josh Isreal, Daniel Hand

Division II (4 teams)

Semifinals – May 24 @Higher Seeds

#1 Jonathan Law 7, #4 Foran 0

#2 Sheehan 5, #3 Hamden 2 (May 25)

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Championship Match - May 26 @Jonathan Law HS

Jonathan Law 5, Sheehan 2

Tournament Most Outstanding Player: Dan Folloni, Jonathan Law

All-Conference

Division I

Singles: Josh Israel (Daniel Hand), Utsav Subramani (Cheshire), James Lorenzetti (Notre Dame), Matt Fuffo (Xavier), Sebastien Lowey (Daniel Hand), Walker Mulligan (Guilford)

Doubles: Will DeChabert (Daniel Hand), Reilly Vejar (Daniel Hand), Yasha Laskin (Cheshire), Andrew Gershfeld (Cheshire), Ethan Haas (Amity Regional), Josh Berdon (Branford)

Division II

Singles: Dan Folloni (Jonathan Law), Adarsh Senthilnathan (Jonathan Law), Jacob Martin (Wilbur Cross), Jackson Mailhot (Lyman Hall), Quinn Northrop (Hamden), Nico Esposito (Foran)

Doubles: Brian Zirkel (Jonathan Law), Julien Roy (Jonathan Law), Jaidin Kapoor (Sheehan), Matthew Carboni (Sheehan), Evan Smith (Lyman Hall), Marcus Duff (Career)

Div. I Player of Year, presented by Connecticut Orthopaedics – Josh Isreal (Daniel Hand)

Div. II Player of Year, presented by Connecticut Orthopaedics – Dan Folloni (Jonathan Law)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Harold Prather (Fairfield Prep)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Dan Battipaglia (Lyman Hall)

Girls Tennis

Div. I Regular-season champions: Amity Regional (16-0)

Div. II Regular-season champions: Jonathan Law (15-1)

Division I (6 teams)

First Round – May 24 @Higher Seeds

#3 Guilford 6, #6 Cheshire 1

#4 Loralton Hall 6, #5 North Haven 1

Semifinals – May 25 @Higher Seeds

#1 Amity Regional 7, #4 Loralton Hall 0

#2 Daniel Hand 4, #3 Guilford 3

Championship Match - May 26 @Amity Regional HS

Amity Regional 7, Daniel Hand 0

Tournament Most Outstanding Player: Eesha Acharya/Sidney Pitter, Amity Regional

Division II (4 teams)

Semifinals – May 24 @Higher Seeds

#1 Jonathan Law 5, #4 Shelton 2

#3 Branford 4, #2 Sheehan 3

Championship Match – May 25 @Jonathan Law HS

Jonathan Law 6, Branford 1

Tournament Most Outstanding Player: Lucia Pino (Jonathan Law)

All-Conference

Division I

Singles: Kylie Pickens (Amity Regional), Isabella Sicignano (Amity), Lindsay Riordan (Daniel Hand), Ally Vollero (North Haven), Audrey Ulrich (Lauralton Hall), Hannah Dietzko (Guilford)

Doubles: Sydney Pitter (Amity Regional), Eesha Acharya (Amity Regional), Kate Backus (Lauralton Hall), Chelsea Larke (Lauralton Hall), Kallie Kagan (Guilford), Kiera Stankewich (Guilford)

Division II

Singles: Lucia Pino (Jonathan Law), Maddy Yasgar (Sheehan), Nell Komorowski (Shelton), Shae LePre (Branford), Olivia Vegliante (Lyman Hall), Leila Omeragic (Branford)

Doubles: Keertana Chagari (Lyman Hall), Abigail French (Lyman Hall), Sabrina Lawless (Jonathan Law), Caroline Doyle (Jonathan Law), Becky Falcone (Sheehan), Alondra Lopez (Sheehan)

Div. I Player of Year, presented by Connecticut Orthopaedics – Kiley Pickens (Amity Regional)

Div. II Player of Year, presented by Connecticut Orthopaedics – Lucia Pino (Jonathan Law)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Chris Marra (Guilford)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Chris Kulenych (Jonathan Law)

Boys Lacrosse

Division I Regular-season champions: Fairfield Prep (6-0)

Div. II Regular-season champions: Amity Regional (8-0)

Division I (6 teams)

First Round – May 22 @Higher Seeds

#5 Xavier 10, #4 Notre Dame 4 (May 21)

#3 Daniel Hand 19, #6 Shelton 6

Semifinals – May 25 @Higher Seeds

#1 Fairfield Prep 10, #5 Xavier 4

#3 Daniel Hand 9, #2 Cheshire 6

Championship Game – May 27 @Ken Strong Stadium, West Haven

Fairfield Prep 8, Daniel Hand 5

Tournament Most Outstanding Player: Sammy Cargill, goalie, Fairfield Prep

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Division II (4 teams)

Semifinals – May 24 @Higher Seeds

#1 Amity Regional 12, #4 West Haven 9

#2 Lyman Hall 11, #3 Sheehan 10

Championship Game – May 26 @Ken Strong Stadium, West Haven

Amity Regional 13, Lyman Hall 12 (OT)

Tournament Most Outstanding Player: Patrick Coughlin, attack, Amity Regional

All-Conference

First Team: Mason Whitney (Fairfield Prep), Jared Sedlock (Shelton), Ryan Bordiere (Daniel Hand), Jack Coughlin (Amity Regional), Marco Firmender (Fairfield Prep), Peter Grandolfo (Fairfield Prep), Kyle Stevenson (Fairfield Prep), Tim Shanahan (Fairfield Prep), Jack Lovelace (Cheshire), Nick DiDomizio (Cheshire), Aidan Gaudet (Cheshire), Max Manware (Cheshire), Charles Kurtz (Cheshire), Braeden Kosiewicz (Daniel Hand), Seth Sweitzer (Daniel Hand), John Gagliardi (Daniel Hand), Kasey Mongillo (North Haven), Cooper Callahan (Fairfield Prep), Will Heher (Xavier), Brian Bouwman (Cheshire)

Second Team: Kyle Collucci (Fairfield Prep), Aiden Fletcher (Notre Dame), Aeden McDermott (Guilford), Dom Basti (Notre Dame), Jackson Tandler (Guilford), Andrew Vernon (Cheshire), Patch Flanagan (Daniel Hand), Tatum Fitzmaurice (Daniel Hand), Sam Cargill (Fairfield Prep), Ted Bedner (Fairfield Prep), Luke Solomon (Xavier), PJ Cass (Cheshire), Aidan Derby (Fairfield Prep), Ryan Collins (Daniel Hand), Colby O'Connor (Amity Regional), Tyler Mascato (West Haven), Jack Roberts (Lyman Hall), Luke Rutkowski (Sheehan), Luca Ubaldi (Foran), Cam Paleski (Branford)

Div. I Player of Year, presented by Connecticut Orthopaedics – Mason Whitney (Fairfield Prep)

Div. II Player of Year, presented by Connecticut Orthopaedics – Jack Coughlin (Amity Regional)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Mike Devine (Cheshire)

Div. II Coach of Year, presented by Connecticut Orthopaedics – A.J. Raccio (Amity Regional)

Girls Lacrosse

Div. I Regular-season champions: Guilford (6-0)

Div. II Regular-season champions: Amity Regional (8-0)

Division I (6 teams)

First Round – May 22 @Higher Seeds

#3 Daniel Hand 26, #6 Mercy 13

#5 Loralton Hall 12, #4 Branford 11

Semifinals – May 25 @Higher Seeds

#1 Guilford 16, #5 Loralton Hall 3

#3 Daniel Hand 17, #2 Cheshire 9

Championship Game – Thursday, May 27 @Ken Strong Stadium, West Haven

Guilford 13, Daniel Hand 6

Tournament Most Outstanding Player: Sydney Widlitz, goalie, Guilford

Division II (4 teams)

Semifinals – May 24 @Higher Seeds

#1 Amity Regional 14, #4 Lyman Hall 3

#2 Sacred Heart Academy 9, #3 Sheehan 7

Championship Game – May 26 @Ken Strong Stadium, West Haven

Sacred Heart Academy 9, Amity Regional 8 (OT)

Tournament Most Outstanding Player: Clare McConnell, goalie, Sacred Heart Academy

All-Conference

Division I

First Team: Kacie Wines (Daniel Hand), Payton Root (Guilford), Hannah Tillier (Guilford), Taylor Warburton (Cheshire), Maddie Epke (Guilford), Raegan Bailey (Cheshire), Lydia Doraz (Daniel Hand), Taylor Farace (Guilford), Kat Baseggio (Guilford), Jocelyn Smestad (Branford), Sophia Kuhlthau (Cheshire), Sydney Widlitz (Guilford)

Second Team: Alexandra Lucas (Cheshire), Karleigh Kokoruda (Daniel Hand), Lorelei King (Guilford), Lily Schoonmaker (Mercy), Morgan White (Loralton Hall), Reilly Dolan (Daniel Hand), Isla Lionetti (Branford), Julia McHenry (Branford), Catherine McLaughlin (Loralton Hall), Zaina Gebril (North Haven), Julia Proto (Loralton Hall), Audrey Bronson (Cheshire)

Division II

First Team: Dylan Lyons (Amity Regional), Mia Celentano (Sacred Heart Academy), Meghan Smith (Amity Regional), Bailey McDermott (Amity Regional), Emma Kirck (Sacred Heart Academy), Morgan Rahn (Amity Regional), Lily Chicosky (Sacred Heart Academy), Payton Rahn (Amity Regional)

Second Team: Allie Ottochian (Sheehan), Luran Ronai (Amity Regional), Emilee DeGrand (Sacred Heart Academy), Jayna Mackenzie (Sheehan), Jordyn Konlian (Jonathan Law), Kalliopi Maniatis (Amity Regional), Macenzie Regan (Lyman Hall), Aubrey Monroe (Sheehan), Claire McConnell (Sacred Heart Academy)

Div. I Player of Year, presented by Connecticut Orthopaedics – Maddie Epke (Guilford)

Div. II Player of Year, presented by Connecticut Orthopaedics – Payton Rahn (Amity Regional)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Wendy Epke (Guilford)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Dave Palmer (Lyman Hall)

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Boys Volleyball

Regular-season champions: Cheshire (8-0)

First Round - Tuesday, May 24

#4 Daniel Hand 3, #5 Xavier 0 (25-19, 25-15, 27-25)

Semifinals - Wednesday, May 26

Cheshire 3, Daniel Hand 0 (26-24, 25-17, 25-14)

Amity Regional 3, Shelton 2 (19-25, 25-23, 23-25, 25-21, 16-14)

Championship Game - Friday, May 28

Cheshire 3, Amity Regional 1 (25-22, 25-20, 19-25, 25-22)

Tournament Most Outstanding Player: Shea Cronin, Cheshire

All-Conference

First Team: Theodore Zaharewicz (Amity Regional), Jeremy Alliger (Cheshire), Thor Novicelli (Cheshire), Shea Cronin (Cheshire), Tim Nugent (Cheshire), Brandon Acervida (Shelton), Jack Gangi (Shelton)

Second Team: Dane Deyoung (Amity Regional), Koray Mursaloglu (Amity Regional), Samson Portal (Cheshire), Adam Laffargue (Daniel Hand), Michael Kiwak (Shelton), Robert Quevedo (Shelton), Rory McCormack (Xavier)

Player of Year, presented by Connecticut Orthopaedics – Theodore Zaharewicz (Amity Regional)

Coach of Year, presented by Connecticut Orthopaedics – Stefanie Reay (Xavier)

Boys Golf

Div. I Regular-season champions: Daniel Hand

Div. II Regular-season champions: Amity

SCC Championship - May 25 @Racebrook Country, Orange (par-71)

1. Fairfield Prep, 323; 2. Daniel Hand, 324; 3. Notre Dame, 326; 4. Cheshire, 345; 5. Xavier, 346; 6. Amity Regional, 361; 7. Guilford, 364; 8. Shelton, 372; 9. Branford, 377

Top Individuals

Matthew Doyle (Daniel Hand), -1 (70), Jake Ivan-Pal (Notre Dame), +3 (74); Mike Rothberg (Fairfield Prep), +7 (78), Brett Chodos (Amity Regional), +8 (79); Charlie Duffy (Fairfield Prep), +9 (80); Will Huntington (Fairfield Prep), +10 (81), Jon Bushka (Notre Dame), Reece Scott (Daniel Hand), Nick Fortunato (Cheshire), +11 (82)

All-Conference

Matthew Doyle (Daniel Hand), Jake Ivan-Pal (Notre Dame), Mike Rothberg (Fairfield Prep), Brett Chodos (Amity Regional), Charlie Duffy (Fairfield Prep), Will Huntington (Fairfield Prep), Jon Bushka (Notre Dame), Reece Scott (Daniel Hand), Nick Fortunato

(Cheshire)

Div. I Golfer of Year, presented by Connecticut Orthopaedics – Matthew Doyle (Daniel Hand)

Div. II Golfer of Year, presented by Connecticut Orthopaedics – Brett Chodos (Amity Regional)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Jim Halloran (Daniel Hand)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Michael Blumenthal (Amity Regional)

Girls Golf

Regular-season champions: Cheshire

SCC Championship - June 2@Oronoque Country Club, Stratford

1. Cheshire, 373; 2. Amity Regional, 383; 3. Luralton Hall, 425; 4. Daniel Hand, 471

Top Individuals

Ava Gross (Amity Regional), Mia Hidalgo (Cheshire), 83; Bailey McGuigan (Luralton Hall), 87; Sydney Hidalgo (Cheshire), 88; Devon Wildman (Shelton), 96; Caroline Cadelina (Amity Regional), 97; Izzy Thomas (Luralton Hall), 98; Giado Izzo (Sheehan), 98; Molly Demeo (Cheshire), 100

All-Conference

Ava Gross (Amity Regional), Mia Hidalgo (Cheshire), Bailey McGuigan (Luralton Hall), Caroline Cadelina (Amity Regional), Sydney Hidalgo (Cheshire), Izzy Thomas (Luralton Hall)

Golfer of Year, presented by Connecticut Orthopaedics – Sydney Hidalgo (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics – Michael Cofrancesco (Amity Regional)

Baseball

Divisional champions

Hammonasset: Hamden, Fairfield Prep (7-1)

Housatonic: Daniel Hand (8-0)

Oronoque: Amity Regional (5-0)

Quinnipiac: North Haven (5-1)

Quarterfinals - May 24

#8 North Haven 3, #1 Daniel Hand 1

#4 West Haven 2, #5 Xavier 1

#2 Hamden 6, #7 Shelton 2

#3 Fairfield Prep 7, #6 Amity Regional 6

Semifinals - May 25 @Higher Seeds

#4 West Haven 7, #8 North Haven 1

#3 Fairfield Prep 12, #2 Hamden 2

Championship Game - May 27 @Piurek Field - West Haven

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Fairfield Prep 8, West Haven 3

Tournament Most Outstanding Player: Jack Bowery, pitcher, Fairfield Prep

All-Conference

First Team: Jake Pisano (Hamden), Julian Stevens (Amity Regional), Danny Weinstein (Daniel Hand), Matt Sawyer (Fairfield Prep), Anthony Steele (Shelton), Drew Kron (Xavier), Owen Pincince (North Haven), Ryan Schialabba (Cheshire), McAllister Burke (Amity Regional), Gianni Gambardella (West Haven), J.J. Mazzaro (North Haven), Max Gross (Hamden), Sebastian Holt (Amity Regional), Anthony DePino (Daniel Hand), Luke Pleimann (Jonathan Law), Jack Bowery (Fairfield Prep), Connor Jensen (Shelton), Mitchell Riccio (Notre Dame), Collin McNeil (Branford), Tanner Belcher (Notre Dame), Michael Simonelli (Foran), Mitch Bludnicki (Xavier), Jake Ciocca (Guilford), Dan Izzo (West Haven), Jean Colon (Hillhouse/Career), Davis Wallon (Fairfield Prep), Jake Jovia (Hamden), Jack Ranani (Amity Regional)

Second Team: Nick Furino (East Haven), Owen Lesczack (Amity Regional), Zach Ranney (Lyman Hall), Chris Barkasy (Sheehan), Jaden Wywoda (Jonathan Law), Kyle Zarnoch (Foran), Cole Zalagowski (North Haven), Dan Farricielli (Branford), Michael Anquilare (North Haven), Trey Deitelbaum (Foran), Ryan Balzano (North Haven), Angel Lugo (Hillhouse/Career), Ryan Vallie (East Haven), Jacob Crow (Amity Regional), Tyler Jones (West Haven), Matt Carone (Daniel Hand), Sam Huffman (Guilford), Nick Bracale (Notre Dame), Dillon Luke (Xavier), Drew Errera (Xavier), Eli Davies (Daniel Hand), Todd Grammatico (Sheehan), Cody Colon (Hamden), Tim Pearson (Fairfield Prep), Joe Delia (Fairfield Prep), Jack Arcamone (Fairfield Prep)

Player of Year, presented by Connecticut Orthopaedics – Jake Pisano (Hamden)

Coach of Year, presented by Connecticut Orthopaedics – Ron Luneau (West Haven)

Championship Game – May 27 @Biondi Field – West Haven
Cheshire 5, Amity Regional 4

Tournament Most Outstanding Player: Bri Pearson, pitcher, Cheshire

All-Conference

First Team: Olivia Greco (Amity Regional), Kelly Pritchard (Amity Regional), Juliette Zito (Amity Regional), Marzia Johnson (Branford), Grace Lurz (Cheshire), Bri Pearson (Cheshire), Trinadey Santiago (Cheshire), Grace Hartmann (Daniel Hand), Lena Barthel (East Haven), Tori Heaphy (East Haven), Kendall LaMorte (Foran), Jill Batick (Guilford), Allie Petonito (Guilford), Grace Kantor (Jonathan Law), Maddie Lula (Jonathan Law), Alex Tenero (Lyman Hall), Alexa Boone (Mercy), Ashley DeLuca (Mercy), Alex Ferriouolo (North Haven), Amanda Savinelli (Sacred Heart Academy), Rylen Wolcheski (Sheehan), Julia Krijgsman (Shelton), Anna Leone (Shelton), Alexis Resto (Shelton), Mia Rubirosa (West Haven), Liv Vega (Wilbur Cross)

Second Team: Jillian Ciccarelli (Amity Regional), Kaitlyn Dugan (Branford), Isabelle Michaud (Branford), Kailey Bonilla (Career), Grace Hemstock (Cheshire), Ella Watson (Cheshire), Megan Hart (Daniel Hand), Jilien Ayala (East Haven), Emilee Bishop (East Haven), Samantha Franceschi (East Haven), Morgan Viesselman (Foran), Addison Smith (Guilford), Isabel Robinson (Hamden), Nyeja Bember (Hillhouse), Talia Salanto (Jonathan Law), Michaela Fortier (Lauralton Hall), Isabella Fuscaldo (Lauralton Hall), Emily Chase (Lyman Hall), Callie Chordas (Lyman Hall), Sophia Engels (Mercy), Nicole Saraceno (Mercy), Jamie Swiatek (North Haven), Caroline Toni (North Haven), Lauren Fitzgerald (Sacred Heart Academy), Jenna Cyr (Sheehan), Rachel Kiman (Shelton), Amanda Kiman (Shelton), Paige Beurer (West Haven), Julia Case (Wilbur Cross)

Player of Year, presented by Connecticut Orthopaedics – Bri Pearson (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics – Lindsay Wheeler (Shelton)

Softball

Divisional champions

Hammonasset: Cheshire (8-0)

Housatonic: North Haven (7-1)

Oronoque: Amity Regional (8-0)

Quinnipiac: Mercy (8-0)

SCC Playoffs

Quarterfinals – May 24 @Higher Seeds

#1 Cheshire 3, #8 Sacred Heart Academy 1

#4 Shelton 3, #5 Mercy 2 (8 inn.)

#2 Amity Regional 6, #6 North Haven 1

#6 Jonathan Law 5, #3 East Haven 2

Semifinals – May 25 @Higher Seeds

#1 Cheshire 8, #4 Shelton 5

#2 Amity Regional 5, #6 Jonathan Law 1