

# St Hugh's School

W/C – 6<sup>th</sup> September 2021

PALMER & HOWELLS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Freshly Baked Pain au Chocolat	Fresh Fruit	Vanilla Cupcakes with Butter Icing and Sprinkles	Fresh Fruit	Citrus Shortbread Biscuits
Lunch	<p><b><u>Asian Monday</u></b></p> <p>Thai Basil Chicken Stir Fry with Coconut Milk and Coriander</p> <p>Golden Vegetable and Tofu Stir Fried Curry</p> <p>Asian Style Rice</p> <p>Prawn Crackers</p>	<p><b><u>Roast Tuesday</u></b></p> <p>Honey Roast Gammon with a Bramley Apple and Sage Rich Pan Gravy</p> <p>Roast Fennel and Squash Filo Tart with Feta Cheese and Watercress Pesto</p> <p>Crisp Maris Piper Roast Potatoes</p> <p>Honey and Parsley Glazed Carrots</p>	<p><b><u>Pasta Wednesday</u></b></p> <p>Traditional Beef Bolognese with Soffritto</p> <p>Garlic Wild Mushroom Gnocchi Bake with Baby Onions and Sweet Potatoes</p> <p>Penne Pasta</p> <p>Baby Corn and Broccoli Florets</p>	<p><b><u>Traditional Thursday</u></b></p> <p>Creamy Turkey and Ham Pie with Mushrooms and Tarragon</p> <p>Layered Autumn Vegetable Hot Pot Topped with Sweet Potatoes</p> <p>Minted New Potatoes</p> <p>Sauteed Duo of Cabbage</p>	<p><b><u>Fish Friday</u></b></p> <p>Crispy Breaded Fillet of Cod with a Lemon and Parsley Tartare Sauce</p> <p>Mediterranean Vegetable Stack with Halloumi and Salsa Verde</p> <p>French Fries</p> <p>Sugar Snap Peas and Garden Peas</p>
Light Lunch	Crispy Coated Blanchbait with Lemon and Garlic Aioli	Ricotta and Spinach Frittata with Yellow Peppers and Blushed Tomato Relish	Moules Mariniere with Griddled Green Herb and Garlic Focaccia Bread	Mexican Ground Beef Tostadas with Guacamole, Sour Cream, and a Cherry Tomato Salsa	Crispy Beef Hong Kong Style with Sesame and Coriander Noodles
Dessert	Pear Upside Down Cake with Pouring Cream	Orange and Peach Jelly	Plum and Strawberry Oat Topped Crumble with Vanilla Custard	Vanilla Ice Cream	Sticky Toffee Pudding with Butterscotch Sauce and Pouring Cream
Afternoon Snack	Fresh Fruit	Tomato Provençal Pizza Bites with Mozzarella	Fresh Fruit	Sage and Caramelised Onion Sausage Rolls	Fresh Fruit

