

August 2021

Mt. Bethel Christian Academy

Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9 Macho Beef Nachos OR: Bean & Cheese Nachos WITH: Salsa Pinto Beans Mandarin Oranges</p>	<p>10 All American Hamburger OR: Gardenburger WITH: Romaine Salad with Italian Dressing Diced Pineapple</p>	<p>11 Rotisserie Chicken Drumsticks OR: Macaroni and Cheese WITH: Whole Wheat Roll Mixed Vegetables Goldfish Crackers Fuji Apple</p>	<p>12 Grilled Chicken Sandwich OR: Gardenburger WITH: Chef-fil-a Sauce Potato Wedges Diced Peaches Chocolate Brownie</p>	<p>13 Pizza Fridays! Hand Tossed Pepperoni Pizza OR: Hand Tossed Cheese Pizza WITH: Garden Salad with Caesar Dressing Rainbow Fruit Salad</p>
<p>16 BBQ Chicken Plate OR: Vegetarian Nuggets WITH: Macaroni and Cheese Corn on the Cobb BBQ Baked Lays Chips Cinnamon Applesauce</p>	<p>17 Chicken and Bowtie Butter Pasta OR: Rotini Butter Pasta with Sautéed Tofu WITH: Green Peas Green Beans Fresh Strawberries</p>	<p>18 Chicken Quesadilla OR: Bean and Cheese Burrito WITH: Tex Mex Rice Black Beans Salsa with Tortilla Chips Tropical Fruit</p>	<p>19 Spaghetti and Beef Meatballs OR: Eggplant Parmesan OVER: Spaghetti Noodles WITH: Whole Wheat Breadstick Mixed Vegetables Granny Smith Apple Fresh Baked Cookie</p>	<p>20 Pizza Fridays! Hand Tossed Pepperoni Pizza OR: Hand Tossed Cheese Pizza WITH: Kale Salad Mixed Up Fruit Cup</p>
<p>23 Baked Potato Bar! WITH: All the Fixings—Chili, Cheese, Broccoli, Sour Cream, Butter Green Beans Diced Peaches</p>	<p>24 All Beef Hot Dog OR: Meatless Meatball Sub WITH: Potato Wedges Cheez-its Fresh Pear</p>	<p>25 Fiesta Chicken Taco on a Soft Tortilla OR: Bean & Cheese Burrito WITH: Spanish Rice Salsa with Tortilla Chips Steamed Corn Mandarin Oranges</p>	<p>26 Whole Grain French Toast Sticks OR: Vegetarian Sausage WITH: Turkey Sausage Breakfast Potatoes Fresh Banana Blueberry Muffin</p>	<p>27 Pizza Fridays! Hand Tossed Pepperoni Pizza OR: Hand Tossed Cheese Pizza WITH: Garden Salad with Ranch Dressing Very Berry Fruit Salad</p>
<p>30 Mama Mia Marinara Beef Meatball Sub OR: Meatless Meatball Sub WITH: Green Peas Baked Lays Chips Diced Pineapple</p>	<p>31 Whole Grain Chicken Nuggets OR: Broccoli Cheese Tots WITH: Macaroni & Cheese Mashed Potatoes Green Beans Diced Pears</p>			

ChefAdvantage is committed to Healthy, Nutritious & Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners,
 or MSG are used in our recipes.

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Vegetarian Entrée Options