

Child Care Screen Time Policy

Because we care about the health and well-being of the children in our care, we follow best practice recommendations on screen time.

- Children under two should have no screen time
- Children age two and over should watch less than one hour per week at child care

Screen time includes the use of television, videos, computers, and video games during care.

_____ understands that TV and other screen time can get in the way of playtime, physical activity, and interactions with others, which all contribute to learning and healthy physical/social development.

Therefore, we will restrict screen time by adhering to the following guidelines:

- We will allow a maximum of one hour per week of educational, age appropriate screen time.
- We allow zero screen time for children under the age of two.
- We do not allow television or movies to be left on as background noise.
- We do not have television or movies playing during mealtimes.
- We do not offer screen time as a reward.

Reviewed/revised on: _____

By: _____