## St. Anne's-Belfield School

## **Pre-School Supply List**

We will be outdoors! Below please find clothing guidelines from our outdoor consultants at Wildrock Nature Center. These are just suggestions; however, we recognize the old adage, there is no bad weather, just bad gear. All children will need suitable rain and winter gear for school. We recognize the cost associated with these times and hope to soon have a trade-in program for Pre-School families so that they will be able to acquire outdoor clothing at a reduced cost.

- □ Yoga mat, youth sized 60" by 64" (PS and Junior Kindergarten classes only)
- 2 Large Beach towels if your child is staying for after school programs
- Comfortable Rain boots with no skid soles
- Rain suits one piece ideal
- Hat (sunhats or baseball caps)
- Face coverings: Per Blue Ridge Health District Guidelines, we are requiring face coverings for all students. Face coverings may be purchased from any vendor but must be solid in color with no patterns, writing, or visible markings. No bandanas, neck-gaiters, or neckwarmers.
- Two seasonal clothing changes and one pair of extra shoes with two pairs of underpants and socks (*in a labeled zippered plastic bag*)
- Backpack
- Outdoor cushion for cottages for winter

## Outdoor Clothing Suggestions from Wildrock:

Fall and Spring	Winter
Long pants (to protect from nettles/ help with	Base layers, both top and bottom. Warm
ticks)	woolen or synthetic for base layer,
Permethrin to treat clothing, a safe tick repellent	Waterproof over snow pant overalls
Long sleeve shirts, temperature permitting. Look	Insulated snow pants or bibs.
for brands that protect from heat and sun. Short	Warm socks. Smart wool is a good,
sleeves may be necessary on hot days.	comfortable brand Balaclava or knit
Waterproof trail shoes: Slip on style with trail use	Hat and neck gaiter. Scarves can pose a
soles	risk. Hats should not fall over the eyes
Fleece coats and puffy vests for varying	and should tie under the chin
temperatures of the day	Heavy fleece or thin insulated coat rated
One-piece rain suit large enough to fit over a	for cold weather. Bulky and/or puffy
snowsuit.	coats do not work well under rain gear.
$\square$ A knit hat that covers the ears and ties under the	Warm waterproof mittens-NO
chin	GLOVES! - cuff mittens
Sturdy boots with removable insoles for added	Boots rated for cold weather
warmth. Even in the spring, if feet are wet they	
may get cold.	