



RETURN TO ATHLETICS PROTOCOLS – FALL 2021

GENERAL FOR ALL SPORTS:

Notes:

Perkiomen School will schedule games with other schools and clubs who follow health and safety guidelines that are similar to the school. Perkiomen reserves the right to cancel competitions if health status or policies change.

- Continue to follow Sport Workout Protocols for Return to School regarding illness, personal water bottles, equipment, etc. below.
- Continue to complete a daily pre-screen for COVID-19 symptoms.
- The Athletic Department will communicate in advance with opponent schools, officials, and college coaches regarding procedures, policies and guidelines including parking, equipment to bring, medical supplies, hydration, bench areas, and emergency action plans.
- Visiting teams, coaching staff and guests should complete a COVID-19 pre-screening before arriving for competition. Visiting teams should proceed directly to the playing field or athletic center gym immediately upon arrival
- Port-a-pots will be provided at field sites. Visiting teams, coaches and fans may use the single use bathrooms closest to their competition field in coordination with the Perkiomen head coach.
- Interscholastic game competition is voluntary and at the discretion of student athletes and their parents [[parental acknowledgment form](#) must be submitted to Director of Athletics prior to the first game]. Although students may opt out of athletic participation, they are required to participate in the after-school activity program.

In the case that any participant becomes ill:

- Isolate anyone that is sick
- If Perkiomen student or coach: notify Health Center and Dash Force – dashforce@perkiomen.org
- If Visiting student or coach: individuals should go home or to a healthcare facility and follow CDC guidelines; Perkiomen coach will notify Dash Force – dashforce@perkiomen.org
- The Dash Force will manage the contact tracing, quarantine, and the additional guidelines.
- If someone on any roster should become ill within 48 hours of the game, all notification procedures outlined above should be followed
- Return to play is based on school health department guidelines.

General Sport Workout Protocols:

- If you feel ill, remain at home and notify the Health Center and your coach.
- Cover your face with your elbow if you cough or sneeze.
- Wash your hands.
- Keep your clothes and equipment clean; do not share.
- Sanitize your hands after using shared equipment.
- Avoid sharing food or drink.
- Water bottles – use your own; do not share.
- Avoid spitting or blowing your nose without a tissue.