

August Menu 2021



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| <div style="border: 1px solid black; padding: 5px; text-align: center;"> Meals are FREE for all students Adults: \$5.00 </div> | 17 | 18 | 19 | 20 |
| | Chicken & Waffles EUSD Spaghetti & Marinara with Garlic Bread Sunbutter Sandwich & String Cheese | Cheese Quesadilla Orange Chicken & Brown Rice Yogurt & Granola | Mighty Chicken Meatball Sub with EUSD Marinara EUSD Cheese Pizza EUSD BBQ Chicken Pizza Sunbutter Sandwich & String Cheese | Grass Fed Beef Hotdog EUSD Cheese Pizza EUSD Pepperoni Pizza Yogurt & Granola Chocolate Chip Cookie |
| 23 | 24 | 25 | 26 | 27 |
| Macaroni & Cheese EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola 100% Fruit Popsicle | Crispy Chicken Sandwich Crunchy Grass Fed Beef Taco Sunbutter Sandwich & String Cheese | Grilled Cheese Sandwich Teriyaki Chicken & Brown Rice Yogurt & Granola | Fiesta Nacho Tower with Slow-Roasted Carnitas EUSD Cheese Pizza EUSD Sausage Pizza Sunbutter Sandwich & String Cheese | All Beef Hamburger EUSD Cheese Pizza EUSD Pepperoni Pizza Yogurt & Granola EUSD Black Bean Brownies |
| 30 | 31 | <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> Contains Pork: Gluten Free: Vegetarian: Scratch-made Fresh Daily: </div> | | |
| Mozzarella Stuffed Breadsticks & Marinara EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola 100% Fruit Popsicle | Chicken Tenders Baja Fish Tacos with Alaskan Pollock & Tortilla Chips Sunbutter Sandwich & String Cheese | | | |



-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.
 -Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items
 -Food Allergies:

- Most **Gluten free** entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
- Items may be processed in facilities that also process **nuts** and other allergens.
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>

**Menus are subject to change without notice
 This institution is an equal opportunity provider

Breakfast: Served Daily at OK & PEC
 Breakfast served daily before school
Menu:
 -Maple Belgian Waffle
 -Yogurt & Granola
 -Assorted WG Cereal
 -Bagel & Cream Cheese
 -Whole Grain Muffins
 -String Cheese
 -Maple Mini Pancakes

Includes a choice of milk, 100% fruit juice and fresh fruit

Daily Salad Bar:
Fresh, Seasonal, California-Grown!
 Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: California Grown White Nectarines & Cucumbers
Tuesdays: Super Sliced Apples & Jicama
Wednesdays: Locally Grown Valencia Oranges
Thursdays: California Grown Grapes
Fridays: California Grown Plums

Various dressings are offered daily including a option.