

**KS4 Curriculum Overview: Y11 GCSE 2021-2022**

**Rationale:**

<b>Term / Length of Unit</b>	<b>Outline</b>	<b>Assessment</b>	<b>Home Learning</b>	<b>Resources</b>	<b>Knowledge/Skills End Points</b>
Y11 Autumn 1 (Approx. 13 lessons)	<b>SPORTS PSYCHOLOGY</b>	Lesson Tasks Questioning HL EOU Test	Revision Worksheets Exam Questions Booklets	PPTs Exam Questions Mini Tests Worksheets Knowledge Organisers	<p><b>Classification of skills</b></p> <ul style="list-style-type: none"> <li>Classification of a range of sports skills using the open-closed, basic (simple)-complex, and low organisation-high organisation continua</li> <li>Practice structures: massed, distributed, fixed and variable</li> <li>Application of knowledge of practice and skill classification to select the most relevant practice to develop a range of skills</li> </ul> <p><b>Guidance &amp; feedback</b></p> <ul style="list-style-type: none"> <li>Types of guidance to optimise performance: visual, verbal, manual and mechanical</li> <li>Advantages and disadvantages of each type of guidance and its appropriateness in a variety of sporting contexts when used with performers of different skill levels</li> <li>Types of feedback to optimise performance: intrinsic, extrinsic, concurrent, terminal</li> <li>Interpretation and analysis of graphical representation of data associated with feedback on performance</li> </ul> <p><b>Revision Tasks</b> <b>EOU Test 7</b></p>
Y11 Autumn 2 (Approx. 14 lessons)	<b>PEP and PPE Preparation</b>	Past Papers	Revision Exam Questions	PPTs Past Papers	<ul style="list-style-type: none"> <li>To finish PEPs and prepare for PPE's</li> </ul>
Y11 Spring 1 (Approx. 15 lessons)	<b>Sociocultural Influences and preparation for second wave of PPEs</b>	Lesson Tasks Questioning HL EOU Test	Worksheets Exam Questions Revision	PPTs Exam Questions Worksheets Exam Papers Revision Activities EOU Test	<p><b>Engagement</b></p> <ul style="list-style-type: none"> <li>Students will develop knowledge and understanding of the socio-cultural factors that impact on physical activity and sport, and the impact of sport on society, through the following content.</li> <li>Participation rates in physical activity and sports and the impact on participation rates considering the following personal factors: gender, age, socio-economic group, ethnicity, disability.</li> </ul>

					<p><b>Commercialisation</b></p> <ul style="list-style-type: none"> <li>The relationship between commercialisation, the media and physical activity and sport.</li> </ul> <p>The advantages and disadvantages of commercialisation and the media for: the sponsor, the sport, the player/performer, the spectator</p> <p><b>Ethical &amp; socio-cultural issues</b></p> <ul style="list-style-type: none"> <li>The different types of sporting behaviour: sportsmanship, gamesmanship, and the reasons for, and consequences of deviance at elite level.</li> <li>Develop knowledge and understanding of data analysis in relation to key areas of physical activity and sport.</li> <li>Demonstrate an understanding of how data is collected in fitness, physical and sport activities – using both qualitative and quantitative methods</li> <li>Present data (including tables and graphs)</li> <li>Interpret data accurately.</li> <li>Analyse and evaluate statistical data from their own results and interpret against normative data in physical activity and sport.</li> <li>To demonstrated knowledge and understanding of Socio-cultural Influences</li> </ul> <p><b>Revision tasks</b> <b>EOU Test 8</b></p>
Y11 Spring 2 (Approx. 15 lessons)	<b>Recap of remote Lessons and Tidy up PEPs (Practical Moderation window)</b>	September Ready Booklet Lesson Tasks Questioning Keywords Recap HL	Worksheets Exam Questions Revision	PPTs Exam Questions Worksheets Knowledge Organisers Mini Tests Revision Activities	<ul style="list-style-type: none"> <li>To reinforce knowledge and understanding of PEDs; Movement Analysis and Health Fitness and Well-being.</li> <li>To identify areas of strengths and areas for further development based on the topics of PEDs; Movement Analysis and Health Fitness and well-being.</li> </ul>
Y11 Summer 1 (Approx. 13 lessons)	<b>Revision and Preparation for Summer Exam 2022</b>	Past Papers Exam Questions Revision Activities Questioning	Exam Questions Revision	PPTs Past Papers Exam Questions Revision Activities	<ul style="list-style-type: none"> <li>To reinforce knowledge and understanding of the content covered over Year 9, 10 and 11</li> <li>To develop exam technique in readiness for the Summer Exam.</li> </ul>

Y11 Summer 2 (15 lessons)	<b>Exam Leave</b>				
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