



# WELCOME BACK!

BACK-TO-SCHOOL GUIDE 2022-2023

26351 Junipero Serra Road, San Juan Capistrano, CA 92675

info@jserra.org / jserra.org / @jserraLions / jserraCatholichighschool / #LionNation



# JSERRA CATHOLIC HIGH SCHOOL

FAITH. INTELLECT. CHARACTER.

August 4, 2022

Dear Parents,

On behalf of the JSerra faculty, staff, and administration, we welcome you to the 2022-23 school year. “Become who God made you to be” has been chosen as our rallying cry for the young women and men of Lion Nation as we open our doors and hearts to them in August. We see in each of our students the beauty of God’s creation. What a privilege it is to partner with you in their most formative high school years, striving to cooperate with grace so they can discover their unique path in this world.

We continue to be humbled by the many blessings our Lord bestows upon the JSerra community. We will open this fall with full enrollment and the most selective incoming class of students in school history. We see this as a clear sign that JSerra’s brand of faith-first education that values the role of parents as primary educators is a winning formula.

We are excited to report on progress we have made with the following projects which will enhance our school:

- Solar panels will be mounted on the north campus buildings and the south campus parking lot.
- With the exception of the recently renovated baseball and main fields, all of the field turf on the south campus is being replaced with a completion date set for mid-August.
- Our Board of Directors allocated \$500k for campus security upgrades that will include:
  - > Additional cameras to monitor the hallways of the north campus buildings and the entirety of the back fields of the south campus
  - > New key badges for every staff member that, at the press of a button, allow them to contact school security in the event of a threat or an emergency.
  - > A permanent gate at Camino Capistrano and Oso Drive that will prohibit south campus pedestrian and vehicular traffic during the school day and after hours.
  - > FEMA-compliant emergency backpacks for every classroom.
  - > Three additional full-time security guards to allow for the continual monitoring of campus visitors during and after school hours.

We also want to take a moment to congratulate Mrs. Denise Pascoe, Mr. Zach Eckert, and Sister Miriam Holzman on being appointed to several new key leadership roles on campus. Allow us to share a little more on these roles and those who will be filling them.

### **Denise Pascoe, Vice Principal of Academics**

Set to enter her fourth year at JSerra and 31st in education, Mrs. Pascoe's primary responsibilities will be the observation and formation of our faculty and critical ancillary academic support programs such as SERP, Magnets and On-Line Learning in order to foster a unified vision of a truly integrated Catholic education. During her more than three decades working in high schools, Mrs. Pascoe has held various roles such as math teacher, department chair, vice principal, and principal. She holds a bachelor's degree from CSULA in Business Administration as well as a master's degree from CSULB in Secondary Curriculum and Instruction. After learning of her appointment Mrs. Pascoe shared, *"From the moment I stepped onto our campus, I felt at home. I am looking forward to this next step supporting JSerra while continuing my own journey to serve God."*

### **Zach Eckert, Vice Principal of Student Formation & Leadership**

Many of you already know Mr. Eckert as he has been the Director of Campus Ministry for the past nine years at JSerra. He holds a bachelor's degree from Franciscan University and recently completed his MBA from the University of Dallas. In his new role, Mr. Eckert's main emphasis will be overseeing various dimensions of campus life for students to ensure that all our opportunities to engage with them are oriented toward the cultivation of their faith, intellect, and character. He will continue to shepherd campus ministry with the help from our N.E.T. missionaries while also collaborating with the Activities Director, Athletic Director, Identity Formation team, and other groups critical to school culture on campus. From Mr. Eckert himself, *"I love JSerra and the families I have been able to serve over the past nine years, and I am humbled and honored to have the opportunity to serve students in an even greater capacity with this new role in my tenth year!"*

### **Sister Miriam Holzman, Director of Curriculum**

While still teaching part-time in the science department, Sister Miriam will be leading the school's Curriculum Committee and collaborating with our department chairs and faculty. Her central responsibility will be working to develop a richer integration of Catholic principles into the broader JSerra curriculum. She'll be entering her fourth year at JSerra having taught biology and chemistry. She holds a licentiate (degree between masters and doctorate) in philosophy from the Catholic University of America as well as an advanced degree from the Institute for Catholic School Leadership at the University of St. Thomas. She also has the benefit of a breadth of perspective from teaching in four Catholic high schools across the country. Sister had this to say, *"I am excited to work with our faculty and explore how we can highlight, across all subject areas, the beautiful and rich philosophical foundations central to our faith."*

As a point of clarification, Mrs. Donna Vandenberg remains as one of our vice principals. We firmly believe these new roles will support our efforts to be both a high-caliber academic institution and a place of authentic, intentional, and vibrant Christian formation during the most important period of moral development for young people.

We wish you our very best as these remaining weeks of summer come to a close. And we pray for a blessed and, God-willing, an entirely "routine" 2022-23 school year.

Siempre adelante!



Rich Meyer  
President



Eric Stroupe  
Principal

# CALENDAR OF EVENTS: 2022-23



## AUGUST

|    |  |                       |                          |
|----|--|-----------------------|--------------------------|
| 8  | Freshman Student & Parent Orientation & Mass | 8:00 a.m.- 12:00 p.m. | Pavilion                 |
| 10 | New Transfer Orientation                     | 12:30 p.m.- 3:00 p.m. | Busch Hall Center Room   |
| 11 | First Day of School                          | 8:00 a.m.-2:35 p.m.   | —                        |
| 15 | New Parent Family Flings                     | 5:30 p.m.-7:00 p.m.   | Quad                     |
| 16 | New Parent Family Flings                     | 5:30 p.m.-7:00 p.m.   | Quad                     |
| 17 | School Photos                                | JSerra Campus         | —                        |
| 18 | School Photos                                | JSerra Campus         | —                        |
| 19 | Club Rush                                    | Both Lunches          | Quad                     |
| 20 | Welcome Back Mass and Bash                   | 4:00 p.m.-8:00 p.m.   | South Campus             |
| 27 | Welcome Back Dance                           | 7:00 p.m.-10:00 p.m.  | Football Field           |
| 27 | Parent Hoedown Throwdown                     | 7:30 p.m. -9:30 p.m.  | San Juan Hills Golf Club |

## SEPTEMBER

|    |  |                      |                        |
|----|--|----------------------|------------------------|
| 1  | Back to School Night                                 | 6:30 p.m.-9:00 p.m.  | JSerra Campus          |
| 5  | <b>SCHOOL CLOSED: LABOR DAY</b>                      | —                    | —                      |
| 21 | St. Junipero Serra Day Mass & Eucharistic Procession | 9:40 a.m.-11:00 a.m. | Pavilion               |
| 23 | <b>SCHOOL CLOSED</b>                                 | —                    | —                      |
| 27 | Open House   | 6:00 p.m.-8:00 p.m.  | Campus Wide            |
| 28 | JSPA Presents Meeting                                | 8:45 a.m.-10:00 a.m. | Busch Hall Center Room |

## OCTOBER

|    |                            |                       |                    |
|----|----------------------------|-----------------------|--------------------|
| 10 | <b>SCHOOL CLOSED</b>       |                       |                    |
| 12 | Parent Teacher Conferences | 1:30 p.m.-4:00 p.m.   | Pavilion           |
| 15 | JSerra Gala                | 5:00 p.m.-10:00 p.m.  | TBA                |
| 22 | Homecoming Dance           | 7:00 p.m.-10:00 p.m.  | Quad               |
| 25 | Athletic Open House        | 6:00 p.m.-8:00 p.m.   | South Campus       |
| 26 | Grandparents Mass          | 10:25 a.m.-11:25 a.m. | Pavilion           |
| 31 | Trunk or Treat             | Both Lunches          | JSerra Parking Lot |

## NOVEMBER

|       |  |                       |          |
|-------|--|-----------------------|----------|
| 1     | All Saints Day Mass                      | 10:25 a.m.-11:25 a.m. | Pavilion |
| 1     | Operation Christmas Love Kick Off        | —                     | —        |
| 11    | <b>SCHOOL CLOSED: Veteran's Day</b>      | —                     | —        |
| 21-25 | <b>SCHOOL CLOSED: Thanksgiving Break</b> | —                     | —        |

## DECEMBER

|   |                                    |                       |                        |
|---|------------------------------------|-----------------------|------------------------|
| 2 | Advent Tea                         | 8:30 a.m.-10:00 a.m.  | Busch Hall Center Room |
| 2 | Deck the Columns                   | 2:45 p.m.-5:45 p.m.   | JSerra Campus          |
| 3 | Christmas on Ice                   | 7:30 p.m.-9:30 p.m.   | Lake Forest Ice Palace |
| 8 | Immaculate Conception Mass         | 10:25 a.m.-11:25 a.m. | Pavilion               |
| 9 | JSPA Christmas Boutique & Luncheon | 11:00 a.m.-2:00 p.m.  | TBA                    |



## JANUARY 2023

|           |  |                      |                        |
|-----------|--|----------------------|------------------------|
| 12/16-1/2 | <b>SCHOOL CLOSED: Christmas Break</b>        | —                    | —                      |
| 10        | Open House                                   | 6:00 p.m.-8:00 p.m.  | JSerra Campus          |
| 16        | <b>SCHOOL CLOSED: Martin Luther King Jr.</b> | —                    | —                      |
| 27        | Used Uniform Sale                            | 12:00 p.m.-3:00 p.m. | Busch Hall Center Room |

## FEBRUARY 2023

|    |                                       |                      |                        |
|----|---------------------------------------|----------------------|------------------------|
| 4  | Winter Formal                         | 7:00 p.m.-10:00 p.m. | TBA                    |
| 8  | JSPA Presents Meeting                 | 8:45 a.m.-10:00 a.m. | Busch Hall Center Room |
| 15 | Heart of Gold Day                     | 8:00 a.m.-5:00 p.m.  | JSerra Campus          |
| 17 | <b>SCHOOL CLOSED</b>                  | —                    | —                      |
| 20 | <b>SCHOOL CLOSED: President's Day</b> | —                    | —                      |
| 21 | Fat Tuesday                           | Both Lunches         | Football Field         |
| 22 | Ash Wednesday Mass                    | 9:00 a.m.-10:00 a.m. | Pavilion               |

## MARCH 2023

|    |                            |                         |                        |
|----|----------------------------|-------------------------|------------------------|
| 1  | Lenten Tea                 | 8:30 a.m.-10:00 a.m.    | Busch Hall Center Room |
| 6  | <b>SCHOOL CLOSED</b>       | —                       | —                      |
| 8  | Parent Teacher Conferences | 1:30 p.m.-4:00 p.m.     | Pavilion               |
| 16 | Incoming Student Night     | 6:00 p.m.-8:00 p.m.     | South Campus           |
| 18 | Mother Son Brunch          | 11:00 a.m.-1:00 p.m.    | Busch Hall Center Room |
| 18 | Father Daughter Dance      | 6:30 p.m.-8:30 p.m.     | Busch Hall Center Room |
| 24 | Hoos Gow                   | 11:40 a.m. - 12:30 p.m. | Quad                   |
| 25 | Swallow's Day Parade       | 10:00 a.m. - 12:00 p.m. | Downtown San Juan      |

## APRIL 2023

6-14 **SCHOOL CLOSED: Easter Break**

## MAY 2023

|     |                                       |                       |                |
|-----|---------------------------------------|-----------------------|----------------|
| 1-5 | Teacher Appreciation Week             |                       |                |
| 3   | Crowning Mass                         | 10:25 a.m.-11:25 a.m. | Pavilion       |
| 4   | Pro-Life Rosary Procession            | 3:00 p.m.-4:00 p.m.   | JSerra Chapel  |
| 10  | Underclassman Award Ceremony and Mass | 10:20 a.m.-11:40 a.m. | Pavilion       |
| 17  | Senior Mass Awards, Plunge & Luncheon | 10:00 a.m.-1:00 p.m.  | Pavilion       |
| 18  | Prom                                  | TBA                   | TBA            |
| 19  | <b>SCHOOL CLOSED</b>                  | —                     | —              |
| 25  | JESPYs                                | 5:00 p.m.-7:00 p.m.   | Football Field |
| 26  | Baccalaureate Mass                    | 5:00 p.m.-6:30 p.m.   | Football Field |
| 27  | Commencement Ceremony                 | 4:00 p.m.-6:00 p.m.   | Football Field |



## INTRODUCTION

FOR THE  
STUDENTS

### **FRESHMAN STUDENT ORIENTATION**

**Monday, August 8, 2022**

**8:00 a.m. - 12:00 p.m.**

**JSerra Pavilion**

JSerra will be your students' home for the next four years and we want your family to feel part of the JSerra community as soon as you step foot on campus at orientation!

- Receive class schedules and lockers
- Meet new friends and play fun games

#### **ATTIRE —**

Students must wear jeans or uniform pants and a uniform polo shirt. Closed toe shoes required; tennis shoes are strongly recommended.

#### **WHAT TO BRING —**

- Students will be provided all items needed for the day.
- Students are encouraged to not bring bags, backpacks, purses, laptops, or other personal items as the day is quite active.



FOR THE  
PARENTS

## FRESHMAN PARENT ORIENTATION

Monday, August 8, 2022

8:15 a.m. - 12:00 p.m.

Busch Hall Center Room

Please join JSerra at the **mandatory** Freshman Parent Orientation after dropping your freshman off in the Pavilion. Meet new friends and get the lay of the land for the year to come!

Enjoy refreshments and learn more about:

- Campus Ministry
- Christian Service Hours
- JSerra Parent Association (JSPA)
- And much more!

**Dr. Leonard Sax**, world-renowned child psychologist, best-selling author, and informative speaker will be giving a short talk.

Dr. Sax will raise and answer questions such as:

- ➔ What is one thing can parents do to greatly improve the odds that their child will grow up to be healthy?
- ➔ Why are children so much more likely to be anxious or depressed compared to children from the same demographic just 20 years ago?




 FRESHMAN  
ONLY

## FRESHMAN RETREAT

Tuesday, August 9, 2022

8:00 a.m. - 12:00 p.m.

Harbor Point Church, 32222 Del Obispo St.  
San Juan Capistrano, CA 92675

The second day of Freshman Orientation is the Freshman Retreat. This **mandatory** retreat will introduce students to the vibrant spiritual life of JSerra.

### INTERACT & EXPERIENCE —

- Dynamic Workshops
- Stories of Faith
- Time with Fellow Students, Teachers, and Staff

### ATTIRE —

Students must wear jeans or uniform pants and a uniform polo shirt. Closed toe shoes required; tennis shoes are strongly recommended.

### WHAT TO BRING —

- Students will be provided all items needed for the day.
- Students are encouraged to not bring bags, backpacks, purses, laptops, or other personal items as the day is quite active.


 FRESHMAN  
STUDENTS  
& PARENTS

## FRESHMAN PARENT & STUDENT NIGHT

Tuesday, August 9, 2022

5:30 p.m. - 7:30 p.m.

Busch Hall Center Room

Counselors will discuss how to make a successful transition into high school, and the resources available for parents and students. Ben Neely, from Revolution Prep, will review how to best prepare for academics and test prep in high school.



For more information, contact Nicole Demirbey, Counseling Assistant, at [nicole.demirbey@jserra.org](mailto:nicole.demirbey@jserra.org)



FOR  
TRANSFER  
STUDENTS

## **TRANSFER STUDENT ORIENTATION**

**Wednesday, August 10, 2022**  
**12:30 p.m. -3:00 p.m.**  
**Busch Hall Center Room**

All transfer students and parents/guardians should attend the Transfer Orientation. Students will meet their Transfer Lions Club (TLC) Mentor, get their schedules, and get a personalized tour so they know where their classes are located for the first day of school. They will get a chance to meet other transfer students and hear from a panel of JSerra faculty/staff to ensure they start their first day at JSerra successfully.

Parents/guardians will learn about JSPA, hear from our therapist on how to help their teen thrive, and learn about our comprehensive college counseling programs.



For more information, contact Nicole Demirbey, Counseling Assistant, at [nicole.demirbey@jserra.org](mailto:nicole.demirbey@jserra.org)



## WELCOME TO THE 2022-2023 SCHOOL YEAR!

Every year JSPA partners with the School Administration to support the school's mission, programs, and activities. Our key efforts are made towards parent information forums, fundraising activities, student events, and teacher appreciation opportunities to positively address school needs and goals.



### *How does this happen?* **WITH YOU!**

JSPA is run by parent volunteers and we encourage you to be involved. Grab your calendar and make sure to save the date for the following fun-filled events:

### **THE WELCOME BACK MASS & BASH**

**Saturday, August 20 / 4:00-8:00 p.m.**

Welcome the new school year beginning with Mass followed by a night of food, fellowship, and fun for the whole family. The Bash is celebrated on the South (Athletic) Campus where students and parents can enjoy inflatables, food, photo ops, and games and is a great way to meet new parents and welcome back returning families.

### **PARENT HOEDOWN THROWDOWN**

**Saturday, August 27 / 7:30-9:30 p.m.**

Drop off your student at the Welcome Back Dance at the JSerra Pavilion then y'all mosie over to San Juan Hills Golf Club for some dancing and grub. Western attire a must. Another wonderful kick off to the new school year.

**TICKETS GO ON SALE IN AUGUST.**



### **INTERESTED IN GETTING INVOLVED?**

Contact Coco Peate, JSPA Coordinator, at [JSPA@jserra.org](mailto:JSPA@jserra.org)





## UPCOMING SPEAKER EVENTS

COFFEE  
WITH  
COURTNEY

### Successful Teens in the Midst of a Mental Health Crisis Wednesday, August 17

8:45-10:00 a.m. / Busch Hall Center Room

### Fall Topic: TBA Wednesday, October 26




8:45-10:00 a.m. / Busch Hall Center Room



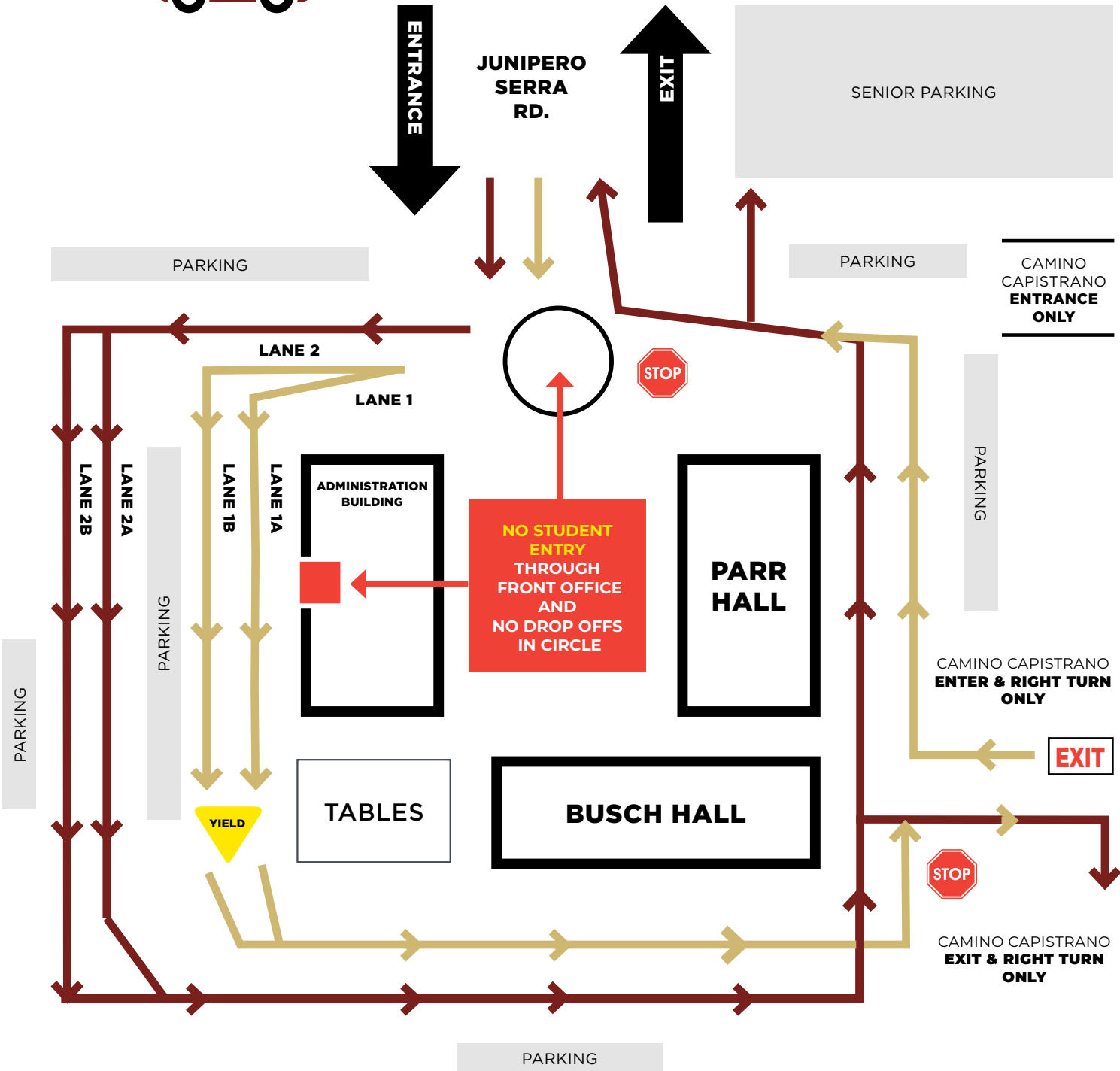
**DR. COURTNEY HARKINS** specializes in the assessment and treatment of children, adolescents, and their families. She is currently the clinical supervisor for the Personal Counseling program at JSerra. In 2013 she created “Coffee with Courtney” — an ongoing seminar series in which she educates and interacts with JSerra parents on subjects such as raising teens and maintaining healthy families. She received her doctorate degree in Marriage and Family Therapy in 2014 and holds an M.A. from Pepperdine University in Clinical Psychology. She was a contributing researcher for the book *Raising Winners* and is a current contributing writer to OCMomBlog.com.



# DROP OFF MAP

-  DROP OFF
-  THRU LANE
-  Stop until instructed to proceed further

MORNING  
DROP  
OFF



# Rx

PATIENT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DIRECTIONS: \_\_\_\_\_



**CLICK HERE**  
Updated health  
information, and  
medical  
forms.

## HEALTH INFORMATION

### THE NURSE'S OFFICE

We provide students and school staff with basic health care, first aid, and health counseling to promote health while emphasizing illness prevention.

The Nurse's Office is staffed with a full-time RN available during regular school hours and **located in the Administration Building**. Depending on your child's medical needs, the below information is important to provide the Nurse's Office.

### MEDICATION(S)

Any prescription for Asthma Inhaler, EpiPen, ADD/ADHD medications, or antibiotics being administered during school hours or on a retreat or field trip must have a Parent/ Physician Request for Medication Form on file with the Nurse's Office for this school year.

This completed form should be brought in, faxed, or emailed to the JSerra Nurse. All medication must be in its original container with the child's name clearly marked.

California law states that students may NOT carry ANY over-the-counter (OTC) or prescription medications on them while at JSerra and/or for any JSerra-sponsored event (field trips). All medication is kept in and dispensed from the Nurse's Office and/or by a designated JSerra school personnel during JSerra-sponsored events.

## DIABETES

If your student has Type 1 Diabetes, you and your student are required to come to the Nurse's Office one week prior to the beginning of school to fill out and sign a Diabetic Contract. Please refer to the Nurse page on the JSerra website for a list of diabetic supplies needed. Please present the nurse with your student's physician orders and diabetic supplies at the time of your meeting.

## IMMUNIZATIONS (Required for school admission)

For all new incoming or transferring students, California State law requires that all students must be fully immunized and provide immunization paperwork before attending any school. The following vaccines are required by the state of California:

**T-DAP / Polio / MMR / Hepatitis B / Varicella**

We recognize that immunization may pose unique challenges for some families. If this is the case for your student, please reach out to our Nurse's Office so we can provide more personalized guidance.



If you have any questions, feel free to contact us.

email: [nurse@jserra.org](mailto:nurse@jserra.org)

phone: (949) 493-9028



# TEXTBOOKS

## STEP 1

Familiarize yourself with the JSerra webpage called Textbooks which is found under: **The Den > Parents & Students > Textbooks**. This webpage provides links and information and should be your starting point.

➔ **LINK FOR TEXTBOOKS —**  
[jserra.org/parents-students/textbooks](https://jserra.org/parents-students/textbooks)



If you have any questions regarding textbooks, please email Ms. Jeanne Swedo, JSerra's Librarian, at [jswedo@jserra.org](mailto:jswedo@jserra.org)

## STEP 2

From the Textbooks webpage: **Review the “2022-23 Textbook List.”** This list provides all the information you need to locate and buy textbooks. Scroll down the list to each department and find the class and the required textbooks. Tab across to the “Notes & Where to Buy” column which provides information and links.

## STEP 3

After finding the needed books: **Review the Parent Textbook Exchange website if you want to buy used books from other JSerra families.** Books for fall 2022 will begin to be posted in May. Use the info from the 2022-23 Textbook List and follow the instructions to make your purchases. Use the book's ISBN to make certain you buy the correct edition.

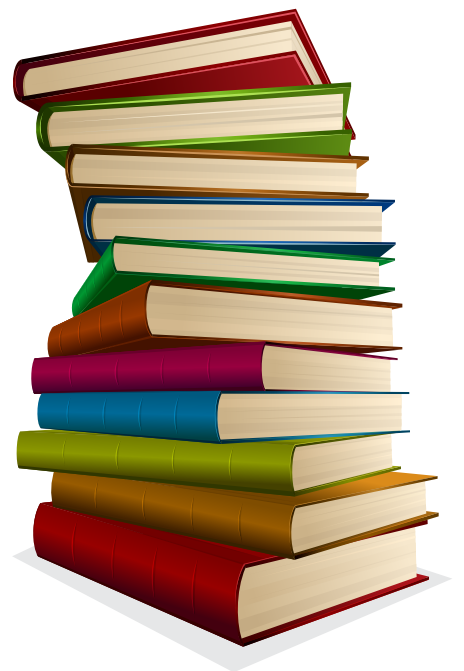
➔ **LINK FOR USED TEXTBOOKS —**  
[jserratextbookexchange.weebly.com](https://jserratextbookexchange.weebly.com)

## STEP 4

### REVIEW THE FOLLETT VIRTUAL CAMPUS BOOKSTORE

Follett is a third-party vendor that sells some of JSerra's textbooks. Follett cannot sell all of JSerra's books because of digital licenses.

➔ **LINK TO FOLLETT —**  
[www.bkstr.com/jserracatholicstore/home](https://www.bkstr.com/jserracatholicstore/home)





## ATTENDANCE

Attendance is a critical factor in the intellect and character formation of young men and women. It reflects respect for teachers, fellow students, and for the individual student's development. In addition, numerous absences may have significant negative academic impact. JSerra's rules are clearly stated in the Parent Student Handbook and should be read by students and parents.

The following reflects the basic rules regarding absences and tardies:



### **FULL OR PARTIAL DAY ABSENCES**

**All absences require school notification before 9:00am.**

An email must be sent to the Attendance Office, at [attendance@jserra.org](mailto:attendance@jserra.org), identifying the parent/guardian who is notifying the school, student's name, grade, and reason for absence. Otherwise, an attendance form can be found and submitted at [jserra.org/parents-students/attendance](http://jserra.org/parents-students/attendance).



## LEAVING SCHOOL EARLY

An email must be sent before 8:00 a.m. to the Attendance Office at [attendance@jserra.org](mailto:attendance@jserra.org).

The email must identify the parent/guardian who is notifying the school, the student's name, grade, time of departure, and reason for early departure.

- The student must report to the Attendance Office before school.
- The student will be issued an Off-Campus Permit. The student will show the permit to the appropriate teacher for release from class.
- The student will then report to the Attendance Office to be signed out by a parent/guardian.
- The student who drives himself/herself must sign out at the Attendance Office before leaving school.



## LEAVING SCHOOL DUE TO ILLNESS

The student must report to the Nurse's Office when ill.

- The nurse will determine the severity of the illness and will notify the parent/guardian.
- The parent/guardian must report to the Attendance Office to sign the student out and then report to the nurse for dismissal.
- The student who drives himself/herself must sign out at the Attendance Office before leaving school.



## TARDIES

- Students who arrive **LESS THAN 10 MINUTES LATE** for school should report to their assigned class.
- Students who arrive **MORE THAN 10 MINUTES LATE** for class should report to the Attendance Office.



## ALL-SCHOOL MASS

Wednesday all-school Mass is our school's central spiritual event for the building of JSerra's culture of faith. Parents are invited to attend! We ask students not to schedule appointments on Wednesdays during Mass.





## CAMPUS MINISTRY

### RETREATS

Retreats make space for personal encounters with Christ and the community, engaging students of all faiths and backgrounds. Hosted at an off-campus site, retreats include time for recreation via swimming pools, water slides, challenge courses, and game rooms while taking advantage of natural surroundings conducive to personal reflection and an encounter with Christ through prayer, Mass, Confession, and praise and worship. Retreats are considered excused absences. Students who miss a day of classes for a retreat will receive one extra school day to make up schoolwork that has been missed.

- September 29-30** . . . . . Freshman at Mission San Luis Rey, Oceanside
- October 12-14** . . . . . Sophomore at Palomar, San Diego
- October 26-28** . . . . . Junior at Mission San Luis Rey, Oceanside
- November 8-11** . . . . . Kairos at Whispering Winds
- January 12-13** . . . . . Freshman at Mission San Luis Rey, Oceanside
- January 24-27** . . . . . Kairos at Whispering Winds
- February 8-10** . . . . . Sophomore at Palomar, San Diego
- February 22-24** . . . . . Junior at Mission San Luis Rey, Oceanside
- March 20-23** . . . . . Kairos at Whispering Winds

## TUESDAY NIGHT LIGHTS (TNL)

Tuesday Night Lights (TNL) helps each and every student grow personally and spiritually. It is a weekly gathering for students who wish to meet and make friends, learn more or grow in their faith through inspiring messages, worship, service, and leadership. The nights vary from beach bonfires, dodgeball tournaments, movie nights, dinners at Chick-fil-A and Ruby's, and include games, music, a short talk from one of our Campus Ministers, and an opportunity to connect with peers. Students do not need to register and are invited to attend on Tuesdays from 7:00-8:30 p.m. Please see the Lion Lowdown and Calendar for up-to-date times and special locations.

## NET

NET stands for National Evangelization Teams, and this year, JSerra will again have a NET Team of our own! In September 2022, eight young adult missionaries will be on our campus through May 2023 serving students through Campus Ministry. They will be chaperoning our retreats, TNL Nights, and engaging with and mentoring students during the school day in classes, at breaks, and afterschool in athletics and extra-curricular activities. These missionaries are mature in their faith as they lead teenagers, yet young enough to know clearly what it's like to be a teenager in today's world.

## BE A HOST!

JSerra is seeking host families for the NET missionaries for a **two-week minimum** stay for two people (either two men or two women). Families may host more than two people and/or for a longer stay than two weeks if they wish.



**CLICK HERE**  
to become a  
host family

## CHRISTIAN SERVICE

Christian Service is a requirement for graduation. A minimum of 80 hours must be completed over a student's four-year career. All hours must be approved by the Coordinator of Christian Service.

## THE DEADLINES FOR COMPLETING THIS REQUIREMENT ARE AS FOLLOWS:

- 80 hours must be approved by April 30th of the students' senior year.

- Students may choose when they earn their 80 service hours. There is not a yearly requirement. However, service records will be reviewed when students are considered for leadership opportunities such as NHS, the Peru mission trip, and Caritas Christi. It is therefore recommended that students earn 20 hours per school year to be considered current.
- When students complete a service project, the hours must be submitted for verification within a limited timeframe. If service hours are not submitted before the verification deadline, the credit will expire.
  - Each January 15th, hours from the previous summer or semester must be entered into x2VOL. Hours from the previous summer or semester entered after January 15th will not be approved.
  - Second semester hours must be entered no later than April 30th. Hours entered after April 30th from the second semester will not be approved.
- There is no limit to the number of Christian Service hours students may complete in a school year.



## SERVICE OPPORTUNITIES

Our aim is to assist JSerra students in identifying charities for which students can perform Christian service and practice the type of love that we are made for. Service opportunities will be shared in the weekly Lion Lowdown newsletter that is emailed to all parents and students. Students are welcome to find other opportunities as long as they align with the Christian Service goals.





[CLICK HERE](#)  
General athletic  
information,



## ATHLETICS

The purpose of JSerra Athletics is to form relationships built upon integrity and love, with intentional focus on personal and competitive development of student-athletes and service to others.

### SPORTS & SEASONS

JSerra offers 27 sports (25 of which compete in CIF) that take place during the school year. Each sport is open for registration prior to the start of the season.

- **FALL SEASON (Aug-Nov):** Boys & Girls Cross Country, Football, Girls Volleyball, Boys Water Polo, Girls Tennis, Girls Golf
- **WINTER SEASON (Nov-Feb):** Boys Basketball, Girls Basketball, Boys Soccer, Girls Soccer, Girls Water Polo, Wrestling, Rugby, Ice Hockey, Competitive Cheer
- **SPRING SEASON (Feb-May):** Baseball, Boys Golf, Boys Lacrosse, Girls Lacrosse, Softball, Boys & Girls Swimming & Diving, Boys Tennis, Boys & Girls Track & Field, Boys Volleyball, Girls Beach Volleyball

\* THERE IS A SINGLE ONE-TIME SPORT FEE TO PARTICIPATE IN A JSERRA ATHLETIC SPORT PROGRAM THAT IS A SEPARATE PAYMENT FROM SCHOOL TUITION.

## COACHING STAFF

JSerra Athletics prides itself on hiring coaches that demonstrate incredible moral character and uphold strong Christian values. Everyone that works with our student-athletes will educate, mentor, and instill positive spiritual, physical and mental growth. JSerra coaches are of the highest quality in their respective sport, with most that have either competed or coached at the collegiate level. Some of our coaches even have professional and Olympic experience.

**CLICK HERE**

Athletic eligibility,  
student fees & forms



## ATHLETIC ELIGIBILITY

All students must have a current physical on file with the Athletic Training office in order to participate in any organized athletic activity.





## STUDENT LIFE

### We Are Lion Nation!

During your four years at JSerra, there are so many different opportunities to have a once-in-a-lifetime high school experience. With the direction of the Associated Student Body (ASB), you will find there is something for every Lion!

BELOW ARE SOME OF OUR UPCOMING EVENTS —

**CLUB RUSH**  
Friday, August 19  
Both Lunch Periods  
JSerra Quad

**FIRST HOME FOOTBALL GAME**  
Friday, August 19  
7:00 p.m. / Home Field  
THEME: "Endless Summer"



## WELCOME BACK DANCE

Saturday, August 27

7:00-10:00 p.m.

Football Field



## FUN FIRST FRIDAYS

Friday, September 2

The first Friday of every month, students are allowed to wear jeans, joggers, or sweats for Friday fun!



## HOMECOMING DANCE

Saturday, October 22

7:00-10:00 p.m.

JSerra Quad



## DECK THE COLUMNS

Friday, December 2

2:45-5:45 p.m.

JSerra Campus



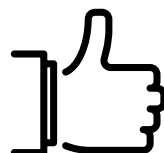
### FOLLOW US ON INSTAGRAM!

Stay up-to-date with all JSerra events, changes or exciting, new campus happenings!



jslionnation

FOLLOW US!



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go to: [www.southcoastphotographic.com](http://www.southcoastphotographic.com)

PRE-ORDER AND RECEIVE FREE SHIPPING AND HANDLING!

Orders received after school picture day will have shipping charges added.



School Pictures will be taken at

**JSerra Catholic High School**

On August 17<sup>th</sup> and 18<sup>th</sup>, 2022

**ALL STUDENTS**

will be photographed  
for School Records,

Yearbook and **PICTURE PACKAGES.**

Order online at:

[www.southcoastphotographic.com](http://www.southcoastphotographic.com)

**ALL PACKAGES WILL  
BE MAILED HOME**

**PICTURE PACKAGES**

**ULTIMATE \$45.00** || **J MOST POPULAR \$37.00**

- 1 - Digital Image  
Please provide email.
- 2 - 8 x 10
- 2 - 5 x 7's **RETOUCHED PACKAGE**
- 2 - 3 x 5's
- 8 - Wallets
- 8 - Mini-Wallets

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- 4 - Wallets
- 8 - Mini-Wallets

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High resolution retouched image, copyright release, emailed, **pre-register online or email will be collected onsite on photo day**

**11 \$26.00**

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**11 \$28.00**

- 1 - 8x10
- Ala Carte

**11 \$17.00**

- 2-3x5's
- 8 - Mini-Wallets

Packages A and D are retouched to minimize acne. Retouching does not remove shine or correct untidy hair. Digital products are final sale by default, no refunds.

Make check payable to **South Coast Photographic**. Please include School and Student's name on your check.

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**IW** 8 - Wallet add-on \$6.00

**mJ** 16 - Mini-Wallet add-on \$6.00

**m** **Add retouching to any package \$15.00**

**[I]** 1 - 8 x 10 add-on \$10.00

**U** 2 - 5 x 7's add-on \$10.00

**(314)** 3 x 5's add-on \$10.00

**g** 1 - Digital Image add-on \$15.00

ALL SALES FINAL AFTER 30 DAYS

There is a \$37.00 charge for returned checks