



Food Service Information 2021-2022

FREE MEALS FOR ALL

School breakfast and lunch meals are FREE to ALL students at all schools for the 2021-22 school year. Once again, the United States Department of Agriculture (USDA) has put into effect nationwide waivers allowing school foodservice departments to continue to serve healthy school meal options free to all students.

WHAT MAKES A MEAL

Breakfast

To make a meal, a student must choose a full portion of at least three items and one item must be a ½ cup of fruit or juice.

Lunch

To make a meal, a student must choose a full portion of at least three of the five components and at least one component must be a ½ cup of fruit or vegetables.

MENU OFFERINGS

Breakfast

Breakfast entrée choices will be offered each day plus fruit, 100% fruit juice and milk. Students will select a tray with an entrée and then select the other items themselves.

Lunch

A variety of lunch entrees – hot and cold options – will be offered each day for lunch, plus numerous side dishes. Students will select a tray with the entrée and then select the side dishes themselves from the salad bar. We ask that a student take what they want from the salad bar but eat what they take to keep food waste and costs down.

All menus are analyzed for nutritional content and meet the USDA guidelines for the student's age. Menus can be found on School Café at <https://www.schoolcafe.com> or a print friendly menu is available on the Food Service webpage by clicking [here](#).

A la Carte

Each student may receive one breakfast and one lunch meal for free each day. Students may purchase additional food & beverages ala carte. The list of a la carte items and prices are available on foodservice webpage. Students who bring a meal from home and would like a milk will need to purchase the milk ala carte. Only complete meals are free. Any extra ala carte purchases the students make will require money to be on their food service account.

SchoolCafé

Parents can monitor student purchases online at School Café. A username and password is needed for the SchoolCafé set up. The account should be set up in parent's name. If the parent does not want their child to purchase anything from food service, they need to contact the food service office. Click [here](#) for the link to instructions for using School Café.

Parents can:

- View your child's account balance and purchases
- Set limits for ala carte purchases
- Set reminders for low account balances
- View Menus with nutrient and allergen information



Payments

Payments to student food service account can be made by check or cash at the school, or by credit card online through E-Funds (fee) at <https://www.smsd.org> or by calling the Food Service office with a credit card (no fee).

Free and Reduced Meal Benefit Application

Food Services is offering free meals under the USDA Seamless Summer Option. Under this program, Food Services is not required to collect free and reduced meal benefit applications as everyone qualifies for free meals. However, we encourage all families to consider, review and complete the Household Economic Survey (HES) application. Eligibility determination will be made according to the established guidelines and if your family qualifies, the district will still receive the funds accordingly. Additionally, qualifying on the HES provides other benefits to families which may include free/reduced transportation fees and preK enrollment. The Household Economic Survey is part of the Parent Online Verification in Skyward.

Negative Balances

Negative food service account balances from previous years continue to be carried over. Automated phone calls will continue for those students who have a negative balance on their food service account. With another year of free meals, it is a good opportunity to catch up on any outstanding balances.

Special Diet

If you have an allergy or specific dietary concerns, contact your school nurse for a medical form to be filled out by your doctor. School Café can also be used to see the ingredient and allergy information for all food items.

This institution is an equal opportunity provider