



# School Food Service Information

**2020-2021  
School Year**

## **Pope John Middle School**

### **The School Day Just Got Healthier!**

Maschio's is committed to making a nutritious difference in your school. Your child will be satisfied with nutrient-dense, "right-sized" meals that include more fruits, vegetables, and whole grain-rich options. We know some highly active students, like athletes, may need more calories; therefore schools may offer second helpings of food components a-la-carte, including fruits, vegetables and lean proteins.

We take great pride in being able to offer your children healthier food choices so that they can fuel their bodies to get them through the school day and beyond! Making healthy choices and engaging in proper physical activity is a winning combination for another successful school year! As a team we can set up your students for a lifetime of health by implementing nutritious eating at home, at school and achieving an active lifestyle!

#### **First Day of Service:**

September 2, 2020

#### **Meal Prices and Payments**

Student Lunch \$4.50

Adult Lunch: \$4.75

Ala carte snack items may be purchased daily at an additional cost.

Check and online payments are accepted for meals.

For online payments, visit [payschoolcentral.com](http://payschoolcentral.com)

**NO CASH ACCEPTED AT ANY TIME** Please make all checks payable Maschio Food-service

#### **Contact Information**

If you have any questions, suggestions, or concerns please contact

Lisa Miller at [lisamiller@popejohn.org](mailto:lisamiller@popejohn.org)

Please visit your school website for our monthly menus, price lists, Cafeteria Connection newsletters and updates.

For nutrition information, please visit: [www.maschiofood.com](http://www.maschiofood.com).

***We greatly appreciate your cooperation and look forward to a great year!***

### **Lunch**

**All meals include:**

**Cold Entrée**

**Fruit /Juice Choice**

**Vegetable of the Day**

**Refreshing Beverage Choice of:**

**8oz Water, Flavored Drink**

**Flavored low fat , 1% Milk, Fat Free Milk**

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