

Pope John XXII Middle School Concussion Policy

In May 2009, the state of Washington passed a new bill called the **Lystedt Law**, which protects young athletes from the life threatening or potentially lifelong consequences that returning to the game too soon can cause. The law, named after Zackery Lystedt, a young athlete who was permanently disabled after sustaining a concussion in 2006, and prematurely returned to the game, requires any youth showing signs of a concussion to be examined and cleared by a licensed health care provider. The state of New Jersey adopted the New Jersey Youth Sports Concussion Safety Law December 7, 2010.

Pope John Middle School will be strictly enforcing this law. No exceptions.

Our policy:

“A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.”

“He or she may not return to play until the athlete is evaluated by a licensed health care provider trained in concussion evaluation and management, and has received written clearance to return to play and practice.”

By signing this form, I am in full agreement with the concussion policy and guidelines.

Print student athlete name

Parent signature

Date

Additional information is available from the Centers for Disease Control and Prevention (CDC) at

<http://www.cdc.gov/ConcussionInYouthSports>

