



Annual Physical Examination Requirements Grades 5 through 7

All students, including those who do not participate in athletics, are required to have an annual physical examination by a healthcare provider (HCP), between May 15th and August 1st of the year that your child is starting school. The annual exams are required regardless of birth date and health insurance policy restrictions. Completed physicals must be provided to Pope John XXIII Middle School August 1st.

Forms can be downloaded from the website: www.popejohnms.org, under Forms and Publications.

Tdap and Meningococcal vaccines are required for entry into 6th grade.

Please be diligent when visiting your HCP, making sure that all forms are completed before you leave the doctor's office.

The following REQUIRED information is commonly omitted:

1. Correct date of physical exam.
2. Parents and students signatures and dates.
3. HCP findings and referrals. Referrals must be entered on the Clearance Form next to Recommendations.
4. Height, Weight, Blood Pressure, Pulse, VISION – YOU MUST BRING YOUR GLASSES OR CONTACT LENSES TO THE EXAM. The HCP must enter the result of the routine vision screening on the day of exam, REGARDLESS of a pending visit or referral to an optometrist or ophthalmologist. Vision screening during the physical exam is required by the state for all students, with or without correction.
5. HCP signature and address stamp.
6. HCP signature and completion date of the cardiac assessment professional development module where indicated. (Do not put date of exam there).

The HCP must enter the correct Date Of Exam where indicated, not the date from a previous physical or the date the paper work is obtained by the parent or guardian.

Ask your HCP to read this letter.

If the above information is omitted or incomplete, the student will not participate in physical education and athletics.

It is important to keep copies of all forms.